



Rotary Club of West Pennant Hills and Cherrybrook



Volume 29, Issue No. 33 – 2nd May, 2016

The Next Meetings

**Monday 25th
April**

No Meeting - Public Holiday

**Monday 2nd
May**

Australian Army from the Inside - Julian Savio



**Monday 9th
May**

Motor Neuron Disease - Amelia Brock



**Monday 16th
May**

Members Talks plus Avi



Duty Roster

Duty

Monday 2nd May

Monday 9th May

Monday 16th May

Speaker Host
Night Reporter
Front Desk

Barry Freeman
Alan Paynter
Bob Davison

Peter Cleary
Steve Baker
Bob Davison

Colin Sharpe
Colin McGowan
Bob Davison

Front Desk
Steward
Steward
Photographer

Brian Furrer
Andrew Little
Colin McGowan
Ross Ballinger

Brian Furrer
Neville Hansen
Ian Roberts
Peter Stanton

Brian Furrer
Graham
Cuthbertson
David Turnbull
Ross Ballinger

Inside This Issue

President's Report
Night Report
Birthdays and Anniversaries
Humour

Upcoming Events

3rd, 5th, 10th & 12th
May

Bowel Care at Cherrybrook

6th May 2016

Ronald McDonald House - **Meals from the Heart**

Club Calendar

Take me to the **Club Calendar**

29th May 2016

Salvation Army - **Red Shield Appeal**

29th May 2016

Vivid Lights Tour - see below for details

circa July 2016

RAWCS Working Bee in Vanuatu - contact David Turnbull

Do You Need a Box Trailer?

I have a 6x4 box trailer I need to sell IT's in good nick and has 5 months Rego I'm looking for \$200.

Regards Stan

BowelCare - Cherrybrook Village May 2016

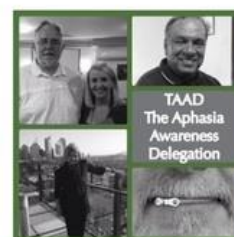
Did You Know?

Australia has the world's highest incidence of bowel cancer – 1 in 12, both men and women, will be diagnosed with bowel cancer by the age 85. Age is an important factor. The risk begins at age 40, doubling every 5 years and more rapidly as the person gets older. Statistics show 90% of bowel cancers can be successfully cured if detected at an early stage. Early detection leads to an improved prognosis and less severe treatment.

BowelCare is a not-for-profit Rotary community service program for both men and women over 40 years which commenced in 1990 with the view of providing the general public an affordable annual bowel screening program. This year's Program will be Rotary's 26th year of service in the community.

The Club has booked a table at Cherrybrook for 3rd, 5th, 10th and 12th May. Volunteers are needed to dispense BowelCare kits. Cawas is looking for just 2 hours of your time. At four sessions by two that's 8 volunteers each day. Sadly, of the 32 sessions only 6 have been filled.

Please assist in this worthy cause.



THE APHASIA AWARENESS DELEGATION WOULD LIKE TO TALK TO YOU!

THREE ROTARIANS, THREE INSPIRATIONAL STORIES OF RECOVERY.

Shane Fleck, Sean O'Brien and Bernard Chambers are all long term members of Rotarians. They have also all experienced firsthand the devastating impact of stroke and brain injury. Their recoveries are remarkable, and their presentations are enlightening – but their message is overwhelming. Do you know how to speak to someone with APHASIA?

CALL OR EMAIL TO BOOK OUR SPEAKERS FOR YOUR CLUB IN 2016 - NO COSTS INVOLVED.
Callen 0403903822 or Bernard 0411527327
Email: callen.bernard@optimalp@gmail.com

You May Recognise Someone....

While looking for the above BowelCare logo, I found Bernard looking at me from the screen. This quiet gentleman has another life as part of **The Aphasia Awareness Delegation**.

Peter - take note.

If viewing this in the website, then "click" on the poster for a larger view.

If viewing via a PDF then "click" on [LINK](#) for a download.

Ronald McDonald House - "Meals From The Heart"



RMH is located in the grounds of Westmead Children's Hospital. The house has 18 rooms and a further 5 units in a nearby street. The facility caters for sick children and their families that normally reside over 100 kms from the hospital.

We have been invited to provide a Meal from the Heart on Friday 6th May. The main meal is to be cooked at RMH. Deserts can be cooked at home and brought along.

If you can participate either by assisting in cooking the main meal and/or supplying deserts then contact Cawas. If work etc prevents you cooking then assist at meal-time.

I always leave these events in great spirits having achieved both fellowship and assisting families in their time of need.

Please note that **Working With Children** certification is required. (See Secretary Jim if you do not have WWC.)

Salvation Army - Red Shield Appeal - 29th May

Spend a Sunday morning by overseeing children from local schools collecting monies for the Red Shield Appeal



**RED
SHIELD
APPEAL**

Vivid Lights Tour 29th May

What a fantastic opportunity to see Sydney showing off.

If you have not told Colin Sharpe you are attending then please do so.

Payment is due by 15th May. Cost is \$68 per adult (\$60 for child 14yo and under)

Front Desk will take payment from 2nd May or make a payment directly to the Club.

I am wary of publishing bank details here, so look for the email from Colin Sharpe dated 12th April.



Youth Exchange - Reports from Amelia Craig

Amelia's March report now resides at <http://www.wphcrotary.org/exchange.html>

Website Statistics - Update

Unique Visitors - w/e 19th April	192	
Page Views - w/e 19th April	534	
<u>Top 20 Pages (MTD - 19th April)</u>		
/ (Home)	443	
/Club Bulletin	167	
/2016 Book Fair	90	
/Night Report	64	
/2016 District Conference	57	
/Blog	57	
/Club Calendar	45	
/Presidents Report	44	
/Our Club	41	
/Humour	40	
/Contact	36	
/Exchange	36	
/Directors	35	
/Bulletin Archives	31	
/Brittany's Blog	30	
/Fund Raising	28	
/Our Projects	27	
/Link to Youth Related Programs	25	
/Youth	25	
/Community Service	23	
<u>Tentative Comments</u>		
Most Members read the pdf version of the Bulletin		
Amelia's report has pushed Exchange to Top Youth Site.		
There is a cohort of Youth looking for information		
<u>Top 10 Referring Sites (MTD - 19th April)</u>		
www.google.com.au		17
www.rotarynews.info		12
www.bing.com		5
burger-imperia.com		4
www.google.com		3
www.baidu.com		2
m.baidu.com		2
r.search.yahoo.com		2
rbot.info		1
rotarydistrict9685.org.au		1
Warning		
It is best to be, and remain, ignorant of some of the above sites.		
My spam traffic has increased as a result of enquiries re burger-imperia , pizza-imperia et al.		
Baidu.com is one of the world's top ten sites and is Chinese.		
r.search.yahoo may be encrypted searches ex Yahoo.		
rbot.info may steal data.		

Information from other clubs

Rotary Club of Alexandria Cosmopolitan "Cross Egypt Challenge"

The email starts.....

Dear Rotarian friends around the world,

*The board and members of the Rotary Club of Alexandria Cosmopolitan - District 2451 – Egypt are happy to invite you and the members of your prestigious and respectful club to learn more about and share our Rotary organized initiative, "**Cross Egypt Challenge**" that aims to promote tourism to Egypt and world understanding.*



.....but it is long and voluminous.

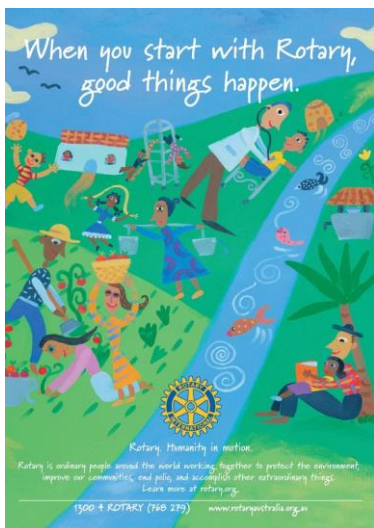
If you are interested in riding a motorbike or scooter across Egypt, then the full text of the email is available.

To see promotional video try www.CrossEgyptChallenge.com



More Rotary Graphics

Thought I might follow a theme. These images can be downloaded by left clicking and saving.



Spread the word!



Invite someone to become a
Rotarian
today.



Significant Club fundraising events during the year



The Book Sale March 2016. As the result of a lot of hard work the March book fair which was a great success, especially from the organisers Max Henderson, Andrew Little and Clive Denmark. Funds raised were \$14,000. Well done.



The Trivia Night

The Club held a very successful trivia night on Saturday 29 August 2015 at the Cherrybrook Community Centre, raising just over \$5,000 for local charities including: Shine for Kids, Books in Homes Australia, Familial Cancer - Lynch Syndrome Australia, Warrah Society and other charities supported by the club.



The Garage Sale

We had a very successful **Garage Sale** on the weekend of 26/27 September raising over \$24k gross. The weather made it hard to set-up in the lead up to the event, but for the sale the wet weather stayed away.



Barbecues

The club runs fund raising barbecues throughout the year, mainly at Bunnings Dural and Thornleigh. Barry (BBQ coordinator, Aviaaja, Neville, Ian and Barry cooking at Bunnings Dural December 12th.

Meetings

Monday 6:30pm for 7:00pm - Springfield House - 245 New Line Road, Dural.

Apologies

If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda. Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting.

If you are expected and do not show you may be required to pay for the meal.



President's Report 18th April 2016

Fellow members,

Monday evening. A warm and friendly welcome by the Lions Club of West Pennant Hills and Cherrybrook. A great roll up. Apart from the host club, we were easily the largest group of guests. Well done Rotary Club of West Pennant Hills and Cherrybrook!

For me the best was to come. Chris McNicol PSM's address on "ANZAC a Century Later" was for me very special. He told the tragic tale, he spoke of our soldiers' terrible defeats and amazing victories, then put events into perspective, leading up to the present day. The whole complex puzzle which was once the Great Ottoman Empire, and is now a disjointed group of countries, cursed with never ending conflicts and struggles. All the pieces came together.



"For me there is no greater subject than history. How a man can study it and not be forced to become a philosopher, I cannot tell." ~George E. Wilson

The planning for our annual Garage Sale on October 8th and 9th is well under way. If you haven't done so, please confirm availability of yourself and your partner with Neville Hansen for the collection, setup and weekend of 8th and 9th October. Lets make it our best ever Garage Sale!

Another reminder - Monday Night 2nd May is the next meeting at Springfield. On that evening we will be inducting Janelle Craig into our club. Julian Savio will be telling us about "The Army from the Inside". It will be a great evening, and of course, partners are always welcome.

Enjoy the break.

Tony

Night Report 18th April

ANZAC Commemoration Dinner - West Pennant Hills Sports Club

Some 20 members and partners attended this dinner held by the Lions Club of West Pennant Hills Cherrybrook. There were 103 attendees at the dinner. Some of us were perplexed at the number of Lions. Could this club be so strong? Then it unfolded that there were 5 other Lions Clubs in attendance. We were all there to commemorate ANZAC day.

The event commenced with a welcome by Lion President Gavin Ridley. During his welcome he read a letter from a past relative. A distraught mother seeking confirmation of the death of her son.

The Master of Ceremonies - PDG Brian Daniels - then commenced the ANZAC commemoration. We proceeded through an Invocation and Loyal Toast. These were followed by the ANZAC Remembrance Service - perhaps I am getting old, but I enjoyed this service.

Dinner followed - standard sports club fare. John somehow managed to eat two deserts.

The MC then introduced the Guest Speaker - Chris McNicol PSM. - who gave a powerful speech entitled "ANZAC a Century Later". The speech concentrated on the exploits of the Australian Light Horse in the Middle East and then managed to bring this into context with current day events.

After question time, and a vote of thanks to the Guest Speaker from Gavin Ridley, the raffle - a seven part serial - was drawn. Rashna and Barry were raffle winners.

Keith

Chris McNicol PSM



Chris grew up in the area and attended Oakhill College, Castle Hill. He obtained scholarship entry to the Royal Military College Duntroon after high school and served as an Australian Army officer in a number of locations including Israel and Syria. In 1993 he left the Army and joined the Department of Foreign Affairs as a career diplomat and served in a number of Embassies and High Commissions including India, Iraq, and the United Arab Emirates. He also served on Bougainville Island and the Deputy Chief Peace Negotiator for two tours of duty during the post-civil war disarmament process. He was embedded with the Special Air Service Regiment in Afghanistan in 2002 during operations there. He was awarded the Public Service Medal by the then Prime Minister in 2004. Chris is currently serving as a Director in the Australian Civil-Military Centre and is an Adjunct Associate Professor at the Australian Defence Force Academy.





Birthdays



Glenda Coote - 2nd May

Anniversaries



Nil

This Week's Humour

Bulletin Editor's Note:

No contributions this week.

So, a singular joke from me and some Sudoku

If you do not like my joke then **please contribute** to avoid future occurrences.

All Puffed Out

Dizzy Blonde 1 was very upset.

Just recently her car had been caught in a hailstorm and as a result had indentations all over its body.

Now, she has received the expensive quotation from her mechanic on repairs to the body of her car.

"I cannot afford that much! What else can I do?"

Thinking he might have some fun the mechanic suggested that she drive the car home and park it in the garage.

Then she should blow as hard as she can into the car's exhaust pipe and all the little dents will pop out.

Feeling much happier, she drove home, parked the car in the garage and closed the garage door.

She waited a little while for the exhaust to cool, just like the nice mechanic had suggested.

And then she blew as hard as she could into the car's exhaust.

After half an hour of trying - nothing had happened.

Then her house mate, Dizzy Blonde 2, arrived home and asked "What are you doing?"

Dizzy Blonde 1 related the instructions from the nice helpful mechanic. But explained that nothing had happened.

"What am I doing wrong?" she asked.

Dizzy Blonde 2 walked around the car in deep thought and finally said "You Silly Billy. You haven't wound up the car windows".

Sudoku

I have attached a document containing a Sudoku Problem. Link is "[A Sudoku Problem](#)"

If you need a rating, then it is **HARD!** I took circa 33minutes to solve this problem.

Logic is all you need to solve these puzzles. Guesswork is **not** required.

To the uninitiated:

Sudoku is a 9 by 9 grid. Each Column of 9 numbers, each Row of 9 numbers and each of the 9 3 by 3 sub grids must contain the numbers 1 to 9 (no missing numbers, no repeats)

Enjoy

		Club Program 2015-2016 <small>Updated 19/4/2016</small>	Partners
Apr-16		Maternal and Child Health	
Wed	20	Garage Sale Meeting at Hansen's	
Mon	25	No Meeting ANZAC DAY	
May-16		Youth Services	
Mon	2	Australian Army from the inside - Julian Savio	
Tue	3	Membership Committee Meeting	
Fri	6	Ronald McDonald House - Meals from the Heart - 4pm to 10pm	
Mon	9	Motor Neurone Disease - Amelia Brock	
Wed	11	Club Board Meeting at Clarke's	
Mon	16	Members Talks plus Avi	
Tue	17	Youth Committee Meeting	
Mon	23	Pride of Workmanship	Yes
Sun	29	Salvation Army Red Shield Appeal	
Sun	29	Vivid Sydney Bus trip inc arvo tea & dinner - leave 2pm home 10:30 pm	
Mon	30	No Meeting after Vivid Trip	
Tues	31	Membership Committee Meeting	
Jun-16		Rotary Fellowship	
Mon	6	Caught in the Nepal Earthquake - Jan Pryor	

Wed	8	Club Board Meeting at Turnbull's	
Mon	13	Youth Night Outgoing Students Final Presentation	Yes
Sat	18	Club Change over Amigos to Rosemary @ The Madison	Yes
Mon	20	No Meeting after Change Over	
Mon	27	Antarctica Talk and Video - Howard Fleming	
Jul-16			
Mon	4	Prevention of Domestic Violence	
Tue	5	Membership Committee Meeting	
Mon	11	Club Assembly	
Tue	12	Youth Committee Meeting	
Wed	13	Club Board Meeting	
Mon	18	CareFlight	Yes
Mon	25	Controlling and Managing Aged Care	
Aug-16			
Mon	1	Growing the Best-NSW Farmers Dave Bannan	
Tue	2	Membership Committee Meeting	
Mon	8	Looking for speaker	
Wed	10	Club Board Meeting	
Mon	15	Youth Night	
Mon	22	Looking for speaker	
Sat	26	Trivia Night	
Mon	29	Looking for speaker	
Sep-16			
Mon	5	Looking for speaker	
Tue	6	Membership Committee Meeting	
Mon	12	Our Language-Macquarie Dictionary - Sue Butler	
Wed	14	Club Board Meeting	
Mon	19	Looking for speaker	
Mon	26	Looking for speaker	
Oct-16			
Sun	2	Bunnings BBQ - Dural	
Mon	3	No Meeting - Labour Day	
Tue	4	Membership Committee Meeting	
Sat	8	Garage Sale	
Sun	9	Garage Sale	
Mon	10	No Meeting after Garage Sale	
Tue	11	Youth Committee Meeting	
Wed	12	Club Board Meeting	
Mon	17	Looking for speaker	
Sat	22	Chinese Lantern Festival	
Mon	24	Looking for speaker	
Mon	31	Looking for speaker	
Nov-16			
Tue	1	Membership Committee Meeting	
Mon	7	Looking for speaker	
Wed	9	Club Board Meeting	
Mon	14	Looking for speaker	
Mon	21	Looking for speaker	
Mon	28	Looking for speaker	
Dec-16			
Sat	3	Bunnings BBQ - Dural	

Mon	5	Looking for speaker	
Tue	6	Membership Committee Meeting	
Mon	12	Looking for speaker	
Wed	14	Club Board Meeting	
Mon	19	Looking for speaker	
Mon	26	<i>No Meeting - Boxing Day</i>	