

# Monday 27<sup>th</sup> April

Frontier Services – Help for Outback NSW

# Monday 4<sup>th</sup> May

Northwest Rai Link Update

## Monday 11<sup>th</sup> May - Partners Night

Vocational Awards - Pride Of Workmanship

### **Duty Roster**

= w. <b>y</b>				
Next Meeting – Monday 27 April		Following Meeting – Monday 04 May		
Peter Cleary	Speaker Host	Colin McGowan		
Rosemary Clarke	Night Reporter	Howard Fleming		
lan Roberts	Front Desk	lan Roberts		
Brian Furrer	Front Desk	Brian Furrer		
Max Henderson	Steward	Graham Evans		
Colin Wright	Steward	Andrew Little		
Teresa Janowski	Photographer	Teresa Janowski		
	Peter Cleary Rosemary Clarke Ian Roberts Brian Furrer Max Henderson Colin Wright	Peter Cleary Rosemary Clarke Ian Roberts Brian Furrer Max Henderson Colin Wright  Speaker Host Night Reporter Front Desk Front Desk Steward Steward Steward		

#### **Inside This Issue**

President's Report	Night Report	Club Program	
Weekend Away – Bateman's Bay	Humour		

#### **Upcoming Events**

	April 18	
Friendship	<b>Dinners</b>	commence

May 4
Pride Of workmanship Awards

May 8
Ronald McDonald dinner preparation

May 13 Board Meeting @ Lam's

May 14 Bowel Scan Sale/Promo May 16-17 Weekend Away



#### Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural. http://www.rotarydistrict9685.org.au Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia APOLOGIES: If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda. Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting.

\*\*If you are expected and do not show you may be required to pay for the meal\*\*

# President's Report – 16<sup>th</sup> March 2015

"To come to be, you must have a Vision of Being, a Dream, a Purpose, a Principle.

You will become what your Vision is."

Peter Nivio Zarlenga

Well, there it is. It seems as though having a Vision is important. I know that in the Corporate world this is done in many organisations, with sometimes success and sometimes not.

There is a fair degree of cynicism about this whole area of Vision, Mission and Values as many have not seen it work.

Often the work to create it is done and the result is put in a frame on a wall for all to see. However, often that is all that is done and outsiders who see the prose in the frame may read it and think it is a good thing but inside the organization it is seen not to be doing anything, a waste of time.

My experience is the opposite.

I have seen it work and making a difference. I have seen it taken up by most of the staff (in my case at Apple Computer) and everyone was of one voice with a clear purpose that was understood from top to bottom.

I think there are a couple of things that help to make it work.

- 1. If everyone is involved in the creation or can buy into it then it has a chance.
- 2. If it is conveniently in front of people all the time it has a chance.
- 3. If it is used in the creation of plans and those plans are followed it has a chance.

The fact is a Vision statement, simply and economically worded, can keep an organization focused on what is important through good times and difficult times.

I think from, my own experience, that the exercise that we going through at present, moving through the Vision/Mission/Values and through to Goals and Actions over the planning period, may well keep us focused on what is important to our club and will help us maintain and grow what is essentially one of the best clubs in our Rotary district.

Have an incredible week.

I want to add this at a time when we are doing our planning for the year to come......

In my opinion, the most important thing we have to do (not to say that other things are not important, they are) is membership, Yes MEMBERSHIP.

The looking after our existing members and the bringing on of new members is so critical to our club's wellbeing that I don't know how to emphasize it enough.

In Rotary, we know that we will loose 10% of members each year.

For us that means 3 - 4 members will be lost to us each year for a variety of reasons.

If we wanted to grow our membership by even 2 members per year we would have to bring on 5 – 6 members each year.

It is a job for all of us in this club.

It is a real challenge for us to achieve this each year and we have not been up to the task for a number of years.

It is hard work in modern times for all sorts of reasons.

Let us all make it a point to do our very best to bring new members to our club and look after those we have.

If we get the membership right, all will be well and we will thrive.



# Night Report 20<sup>th</sup> April 2015

Sergeant Graham Cuthbertson opened the meeting and introduced President Barry Freeman who then welcomed all the guests. Daniel Tan was asked to light the candle.

President Barry's saying of the week "To come to be, you must have a vision of being, a dream, a purpose, a principal you will become what your vision is" Peter Nivio Zarlenga – Go Ponder!! Maxx gave his usual off the cuff witty weekly report and is all excited about his upcoming Safari.

Followed by reports from various Directors

Keith Ball – looking for 2 members to help with the website, in case you have the skills contact Keith.

Douglas Lam – looking for 10 to 20 people as volunteers organising salads, desserts etc., for Ronald McDonald House

David Turnbull – looking for volunteers for Saturday 23<sup>rd</sup> May Project for WPH Public School and Salvation Army Red Shield on Sunday 31<sup>st</sup> May.

Rosemary Clarke – Update on Garage Sale meeting all going well.

Tony Coote – Briefed members on the results of the Youth Service survey. Also looking for members with Trailers and Towbars Barry Freeman - Trailer and Towbar

Barry Lambert – Trailer and Towbar

Tony Coote – Trailer and Towbar

Colin Baxter – Trailer and Towbar

Daniel Tan – Towbar

David Turnbull - Towbar

Jim Simpson – has sent out an email on Working with Children where all members and their partners need to register. It is easy and painless.

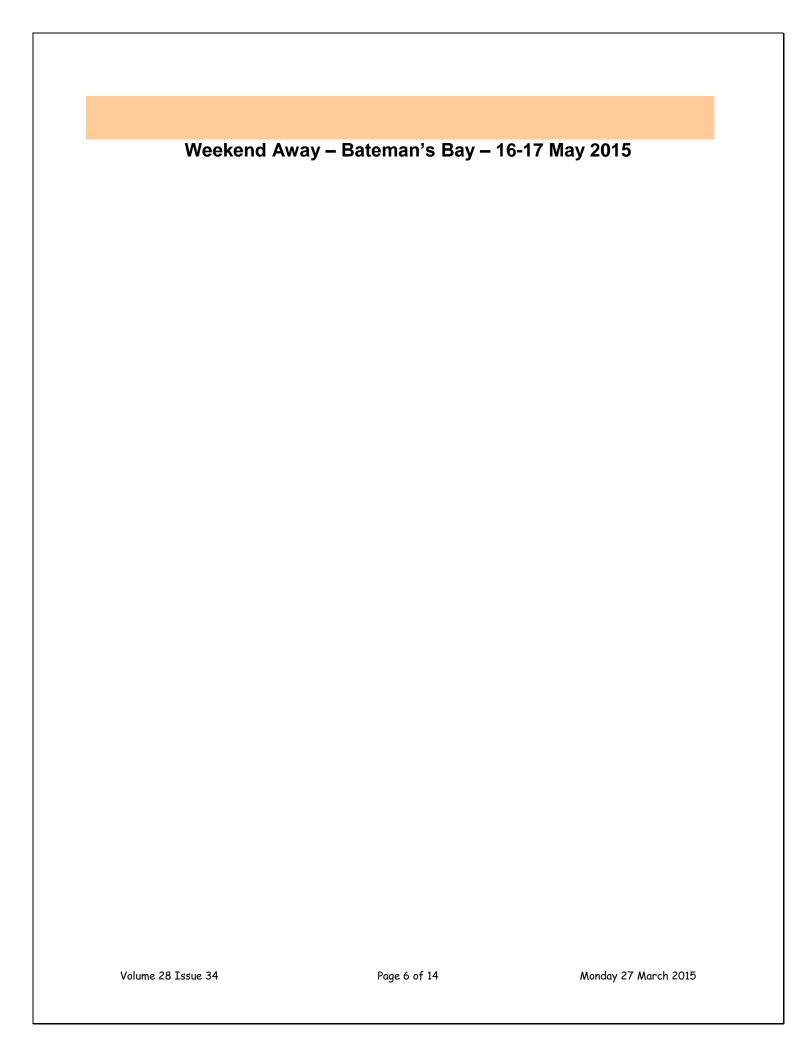
Barry Freeman appealed to all members to respond to Ross Ballinger on his email for the Centurion Program. He then took the members through the vision, mission and values statement which was inconclusive due to running out of time.

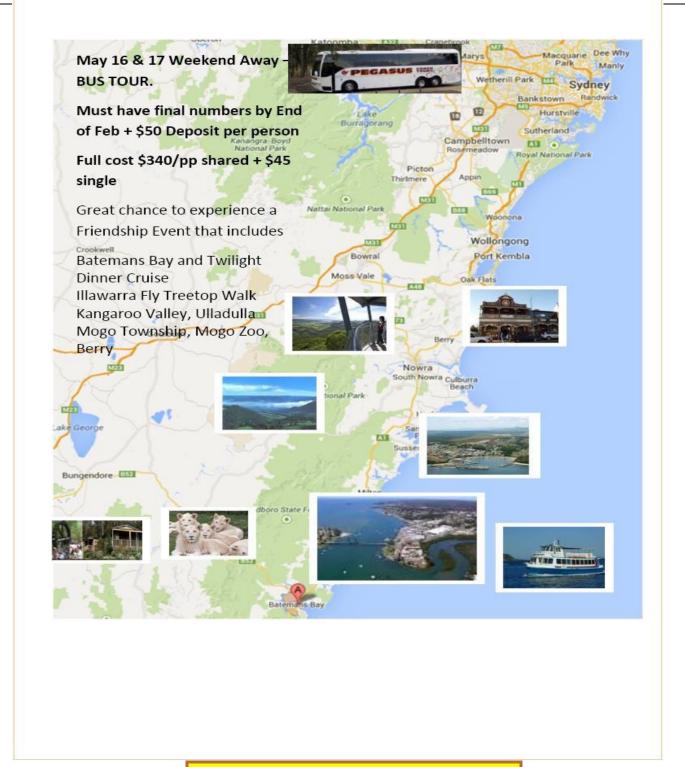
Keith Ball won the raffle whilst Howard Fleming won Heads & Tails.

Sergeant Graham closed the meeting not before collecting his rightful dues.

Night Reporter Cawas Sahukar

Volume 28 Issue 34	Page 5 of 14	Monday 27 March 2015





Full payment for this is now due.

Please pay the treasurer or contact

Colin Wright ASAP. Thank you.

**BowelCare 2015 – Celebrating 25 years!** 

### Pharmacy Sales: Saturday 18<sup>th</sup> April to Saturday 27 June 2015 (10 weeks)

As a BowelCare supporter club in past years we would like to inform you of changes to our future Programs. We are very pleased to announce that BowelCare 2015 – our 25th year of service in the community – will see the introduction of a new bowel screening test kit.

Throughout Australia, Rotary has chosen to update to the latest technology to screen for occult blood using a Faecal Immunochemical Test (FIT).

The Australian made brush-based test is very easy to use, requires no faecal samples, and there are no dietary or medication restrictions. Participants only need to take two samples from two separate days.

When participants complete their test they will mail the sample card back to the pathology laboratory in the pre-addressed envelope provided with the kit. Results are received within 14 days.

#### **Sales Period and Cost of Kit:**

- o With the introduction of our new kit we have extended pharmacy sales from 4 weeks to 8 weeks so as to give participants more time to take up this new program.
- o All Rotary kits throughout Australia will be sold for \$15.00 each. This price covers pathology testing and notification of results to both the participant and their nominated Doctor.

As in the past, I will be responsible for collecting program stock (from Murray Farm Primary School) and delivering same to their club's nominated pharmacies just prior to commencement of the program. Again at the end of the program I will be required to collect all unsold kits and sale proceeds and return same to BowelCare (Murray Farm Primary School).

With this new kit, participating pharmacies will <u>no longer</u> have a pathology collection bin for completed test kits. Consequently coordinators will not at any time during the program be required to take kits for testing to pathology.

At BowelCare we do appreciate your dedication and support and we believe Rotary's decision to adopt a new kit will simplify the program for all involved.

Our Club will be promoting the kits at Cherrybrook Village Shopping Centre on Thursday 14<sup>th</sup> May, Saturday 30<sup>th</sup> May and Saturday 13<sup>th</sup> June. I will be looking for volunteers and organising the roster in early May.

**Barry Lambert** 



# District Governor lan Scott & District Governor Elect Gina Growden

Have much pleasure in Inviting you to Rotary International District 9685's

# **District Changeover**

27th June 2015 at 6pm for 6.3opm. Hornsby RSL, 4 High Street Hornsby

Cost \$50 per head

Please register on line at : <a href="http://changeover.rotarydistrict9685.org.au/">http://changeover.rotarydistrict9685.org.au/</a>

By 17th June 2015













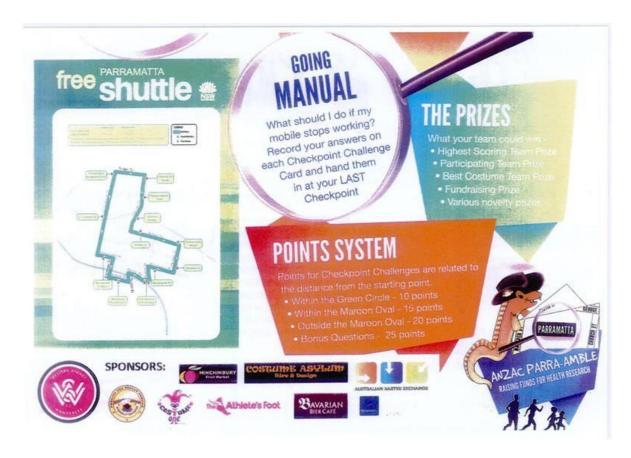












#### **FYI Gastrointestinal Cancer Awareness**

The GI Cancer Institute is delighted to announce its first national Gastro-Intestinal (GI) Cancer Awareness Week from 27th April – 3rd May 2015. During this week of GI cancer awareness, education and fundraising, we will be hosting our second Sydney ENGAGE Community Forum on the 30th of April at the Epping Club, from 6.30pm - 9.00pm. The ENGAGE Community forum is a free Gastro-Intestinal cancer forum, funded by Cancer Australia.

Successful ENGAGE Community Forums have been held in 2013 in Melbourne, Adelaide and Sydney; in 2014 in Brisbane, Western Sydney, Canberra and Perth; and Bundaberg in 2015. These forums have educated more than 800 people in different communities.

As a fellow community/health supporter, I am asking for your help to raise awareness about this valuable community forum which will educate locals about Gastro-Intestinal (GI) cancer- the most common form of cancer in Australia, killing 33 Australians every day.

The ENGAGE Community Forum offers:

- · Easy-to-understand information about GI cancer prevention
- · Advice and information from clinicians and survivors who understand the challenges of GI cancer
- · Information about the latest development in cutting edge research
- · Information about the benefits of clinical trials and how to access them
- A chance to learn about support resources at the info expo after the presentations

Despite the fact that 1 in 10 people are diagnosed with GI cancer in Australia, there are very few occasions when those affected can come together and share their experiences and stories of hope in a non-clinical setting.

Survivors, patients and carers or anyone interested in learning about GI cancers can register to attend the FREE event at <a href="http://www.gicancer.org.au/register">http://www.gicancer.org.au/register</a> or by calling 1300 666 769.

When: 30th April 2015 Time: 6.30pm - 9.00pm

Location: The Epping Club, 45-47 Rawson Street, Epping NSW 2121

Your assistance with promoting this event, by bringing it to the attention of your members, will be highly appreciated. There is a flyer attached to this email which you can circulate and use in your newsletter/website/social media to publicise the forum. If you require further information, please contact methere are smaller flyers and additional information we can mail to you.

Kind regards,

Diya Ingleshwar Project Coordinator GI Cancer Institute

t: <u>+61 2 8036 5223</u> m: 0425 253 677 e: <u>diya@gicancer.org.au<mailto:diya@gicancer.org.au</u> <u>www.gicancer.org.au</u> <u>www.gutsychallenge.com</u> <u>www.agitg.org.au</u>

(Sent on behalf of Diya Ingleshwar by Robin Mitchell – Epping ENGAGE Forum committee)

# **Birthdays and Anniversaries**





NIL

Club Programe 2014-2015				
		Updated 23/4/2015 by PHC	Partners	Co-ordinator
Apr	-15	Magazine Month		
Sun	26	Bunnings BBQ Dural		Barry Lambert
Mon	27	Frontier Services- Help for the Outback NSW	Optional	Peter Cleary
May	/-15	Community Month		
Mon	4	Northwest Rail Link Update		Peter Cleary
Fri	8	Ronald McDonald House Dinner preperation		
Mon	11	Vocational Awards - Pride of Workmanship	Yes	Peter Cleary
Weds	13	Club Board Meeting 7.15 for 7.30		Barry Freeman
Thurs	14	Bowel Scan Sales commence at Cherrybrook Shoping Centre all through May		Barry Lambert
Sat	16	Weekend away- The social highlight of the year	Optional	Social Comm.
Sun	17	Weekend away- The social highlight of the year	Optional	Social Comm.
Mon	18	Operation Food for Life - Dennis Perry	Optional	Peter Cleary
Sat	23	West Pennant Hulls Primary School Working bee		Alan Painter
Mon	25	Kokoda Experience- Rob & Michelle Clarke	Yes	Peter Cleary
Tues	26	Garage Sale Logistics meeting at Rosemarys		Rosemary
Sat	30	Bowel Scan Sales commence at Cherrybrook Shoping Centre all through May		
Sun	31	Salvation Army Red Shield Appeal		
Jun	-15	Rotary Fellowship Month		
Mon	1	Victor Chang Speaker	Optional	Peter Cleary
Mon	8	No Meeting - Queens Birthday. Many Happy Returns!		
Weds	10	Club Board Meeting 7.15 for 7.30 Combined current and incoming Boards		Barry Freeman
Sat	13	Bowel Scan Sales commence at Cherrybrook Shoping Centre all through May		Barry Lambert
Mon	15	Garage Sale on Site meeting Traffic Management Plan		Tony Coote

Mon	15	Exchange Student's final presentation - Partners Night	Yes	Tony Coote
Sat	20	Club Changeover Dinner. The Madison, Dural	Yes	Barry Freeman,
Mon	22	No meeting following Changeover.		
Mon	29	Buying & Selling Realestate in the current Market-Daniel Tan	Optional	Peter Cleary