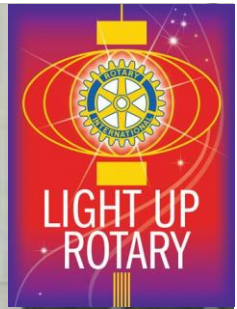


# The Rotary Club of West Pennant Hills and Cherrybrook

## Club Bulletin

**Volume 28**

**Issue No. 33, 20<sup>th</sup> April 2015**



**Monday 20<sup>th</sup> April**

Club Assembly

**Monday 27<sup>th</sup> April**

Frontier Services – Help for Outback NSW

**Monday 4<sup>th</sup> May**

Frontier Services – Help for Outback NSW

### Duty Roster

Next Meeting – Monday 20 April		Following Meeting – Monday 27 April	
<b>Speaker Host</b>	n/a	<b>Speaker Host</b>	Peter Cleary
<b>Night Reporter</b>	Carol Russell	<b>Night Reporter</b>	Rosemary Clarke
<b>Front Desk</b>	Ian Roberts	<b>Front Desk</b>	Ian Roberts
<b>Front Desk</b>	Brian Furrer	<b>Front Desk</b>	Brian Furrer
<b>Steward</b>	Nick Chuah	<b>Steward</b>	Max Henderson
<b>Steward</b>	Tony Makin	<b>Steward</b>	Colin Wright
<b>Photographer</b>	Ross Ballinger	<b>Photographer</b>	Ross Ballinger

### Inside This Issue

President's Report	Night Report	Club Program
Weekend Away – Bateman's Bay	Humour	

### Upcoming Events

<b>April 18</b> Friendship Dinners commence	<b>April 26</b> Bunnings BBQ - Dural
<b>May 8</b> Ronald McDonald dinner preparation	<b>May 13</b> Board Meeting @ Lam's
<b>May 14</b> Bowel Scan Sale/Promo Start	<b>May 16-17</b> Weekend Away

### Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural. <http://www.rotarydistrict9685.org.au>  
Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia

**APOLOGIES:** If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda.  
Phone 9439 1422 or email [accounts@lhogroup.com.au](mailto:accounts@lhogroup.com.au) before 11am on the day of the meeting.

**\*\*If you are expected and do not show you may be required to pay for the meal\*\***

## Night Report – 13<sup>th</sup> April 2015

Barry thought it was great to have 38 members and 8 partners at the meeting this evening. It is definitely the ingredients for a great night. A special welcome to Sarah Tan the eldest daughter of Daniel Tan. THANK YOU.

He also thank everyone for the hard work at the book fair which was a great success, especially to the organisers Max Henderson, Andrew Little and Clive Denmark. The clean up was remarkable. Total sales were just over \$11,000. Well done.

Barry's quote for the day:

"When you reach into the darkness to help another back into the light, you discover it is yourself"

Maxx's Report:

Travelled a lot over the last month and living life to the fullest, by turning the big 18 years. Had a dinner at Darling Harbour, went boating at Berowra, visited Canberra – due to having his passport stolen and had to have it replaced, also visited Manly, Newcastle and spent lots of time in the City. His safari starts on the 6<sup>th</sup> May.

David Turnbull:

Needs help with the Red Shield Appeal for Sunday 31 May, 2015. However you must have the police clearance re "working with children". It is not just for this project but everyone should have their clients for any future activity that may involve children.

International Team:

Barry Freeman advises that will continue to do activities / projects in Vanuatu, possibly in May and October, 2016.

The Club is also working on putting \$2500 with the container that will be going to Vanuatu.

Rosemary will be having a meeting for the garage sale.

Keith Ball needs 3 members for the Website committee.

Sausage Sizzle will be at Dural on the Sunday 26<sup>th</sup> April.

Alan Paynter – Community Service will be having a working bee at the West Pennant Hill Public School on Sat. 23 May, to paint a 'climbing ship' and add some sails. So far Makin, Lam, Little, Freeman, Baxter have volunteered, thank you but we need a few more.

Ross Ballinger – Foundation King:

Please support the Centurion Programme by becoming a Centurion which requires you to donate \$100.00 per year via adding this with your subscriptions, or paying this to the Foundation. A tax receipt is given. Please reply, YES or NO, and pay the Club the funds, so the receipts can be issued in this financial year. You will also receive a lapel pin to be proud of.

Friendship Dinners are all proceeding fabulously.

Ronald McDonald House visit is on Friday 08 May, 2015. So we need 10 people to cook or to a BBQ, due to the rules.

Chairman Max Henderson introduced Lieutenant Colonel (pronounced Left Tenant) Peter Sweeney who served for 30 years in the Australian Army Reserve as an infantry officer and retired with rank Lieutenant Colonel. He was awarded the Reserve Force Decoration for this service.

He is currently studying a Master's Degree in Military History through the Australian Defence Force Academy in Canberra.

Peter is a member of the UK based Guild of Battlefield Guides. He is a guide for both UK and Australian based battlefield tour companies. His last visit to Gallipoli was in September 2014. He also recently attended a 3day conference on Gallipoli at the Australian War Memorial in Canberra.

The subject of Peter's presentation was the '**Gallipoli Campaign**'. He covered all aspects of the campaign from the initial strategy devised by Winston Churchill through the naval attacks, the landings, the stalemate period, the August offensives and the evacuation. He outlined the various actions by the British, Australian, French, Indian and Turkish troops in the fight for control of the Dardanelles and access to Constantinople and the Black Sea.

In regards to the landing at Anzac, he detailed the attempts by the Australians to capture the heights above Anzac Cove and how they were forced back by the Turks lead by Lt Col Mustafa Kemal (who became the leader of a secular Turkish nation as Ataturk).

He also covered the attempts in August 1915 to again secure the heights by a series of attacks north of Anzac only to be defeated by Turkish counter attacks lead again by Mustafa Kemal.

He detailed the numbers of casualties which include 8,709 Australians killed along with 86,692 Turkish soldiers. He closed his presentation with the last words of Ataturk's letter to the mothers of the fallen:

**"Your sons are now lying in our bosom and are in peace.  
After having lost their lives on this land they have become our sons as well."**

All those attending found the presentation very informative. President Barry thanked Peter for his enthralling presentation and presented him with a cheque in favour of Legacy.

This year he is leading tours to Gallipoli and next year to the Western Front. See [www.battlefieldsoftheworld.com.au](http://www.battlefieldsoftheworld.com.au).

## Weekend Away – Bateman's Bay – 16-17 May 2015

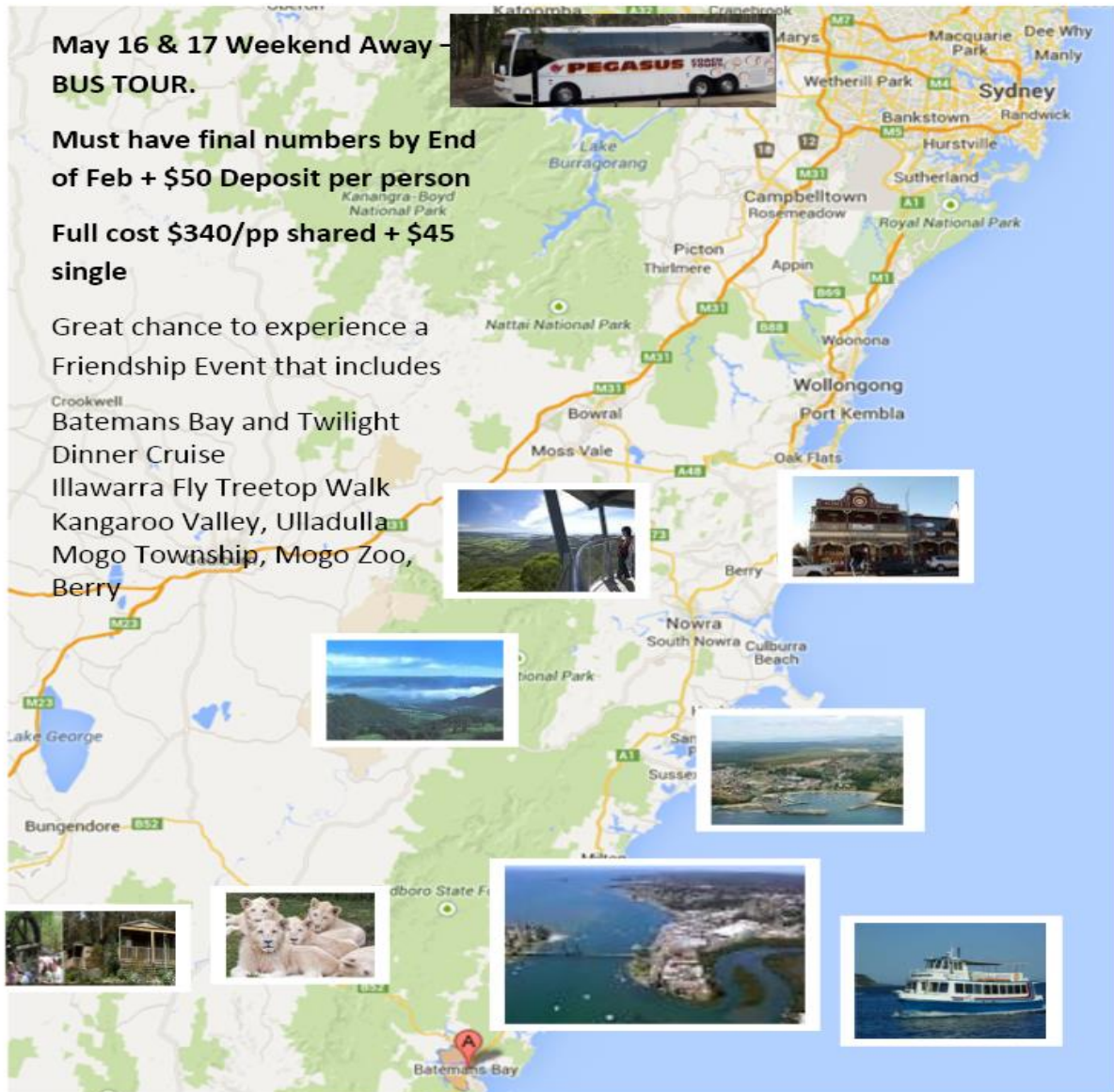
### May 16 & 17 Weekend Away – BUS TOUR.

**Must have final numbers by End  
of Feb + \$50 Deposit per person**

**Full cost \$340/pp shared + \$45  
single**

Great chance to experience a  
Friendship Event that includes

Batemans Bay and Twilight  
Dinner Cruise  
Illawarra Fly Treetop Walk  
Kangaroo Valley, Ulladulla  
Mogo Township, Mogo Zoo,  
Berry



**Full payment for this is now due.  
Please pay the treasurer or contact  
Colin Wright ASAP. Thank you.**





## BowelCare 2015 – Celebrating 25 years!

### **Pharmacy Sales: Saturday 18<sup>th</sup> April to Saturday 27 June 2015 (10 weeks)**

As a BowelCare supporter club in past years we would like to inform you of changes to our future Programs. We are very pleased to announce that BowelCare 2015 – our 25th year of service in the community – will see the introduction of a new bowel screening test kit.

Throughout Australia, Rotary has chosen to update to the latest technology to screen for occult blood using a Faecal Immunochemical Test (FIT).

The Australian made brush-based test is very easy to use, requires no faecal samples, and there are no dietary or medication restrictions. Participants only need to take two samples from two separate days.

When participants complete their test they will mail the sample card back to the pathology laboratory in the pre-addressed envelope provided with the kit. Results are received within 14 days.

### **Sales Period and Cost of Kit:**

- o With the introduction of our new kit we have extended pharmacy sales from 4 weeks to 8 weeks so as to give participants more time to take up this new program.
- o *All Rotary kits throughout Australia will be sold for \$15.00 each.* This price covers pathology testing and notification of results to *both the participant and their nominated Doctor.*

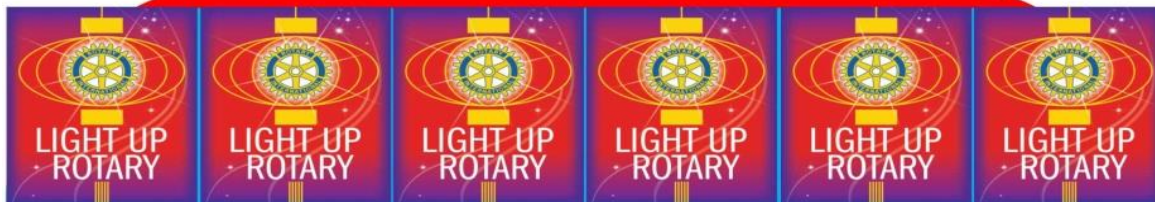
As in the past, I will be responsible for collecting program stock (from Murray Farm Primary School) and delivering same to their club's nominated pharmacies just prior to commencement of the program. Again at the end of the program I will be required to collect all unsold kits and sale proceeds and return same to BowelCare (Murray Farm Primary School).

With this new kit, participating pharmacies will no longer have a pathology collection bin for completed test kits. *Consequently coordinators will not at any time during the program be required to take kits for testing to pathology.*

At BowelCare we do appreciate your dedication and support and we believe Rotary's decision to adopt a new kit will simplify the program for all involved.

Our Club will be promoting the kits at Cherrybrook Village Shopping Centre on Thursday 14<sup>th</sup> May, Saturday 30<sup>th</sup> May and Saturday 13<sup>th</sup> June. I will be looking for volunteers and organising the roster in early May.

Barry Lambert



# District Governor Ian Scott & District Governor Elect Gina Growden

Have much pleasure in  
Inviting you to Rotary International District 9685's

## District Changeover

27th June 2015 at 6pm for 6.30pm.

Hornsby RSL, 4 High Street Hornsby

Cost \$50 per head

Please register on line at : <http://changeover.rotarydistrict9685.org.au/>

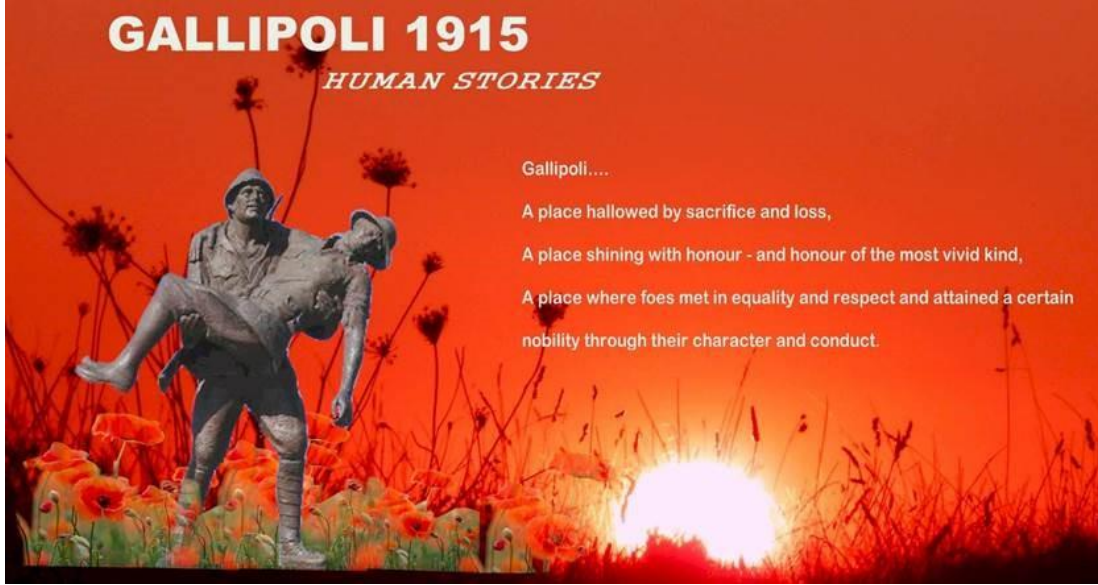
By 17th June 2015



## Australian Turkish Musical Ensemble – 18 April 2015

Australian Turkish Music Ensemble (ATME) presents a musical event with real human stories of the Gallipoli Campaign from both Turkish and Australian perspectives with music from that era.

Through music and stories, you will witness the human sacrifice, hardship, friendship, longing for loved ones at home and contrasting moods from both sides of the conflict.



Gallipoli....

A place hallowed by sacrifice and loss,

A place shining with honour - and honour of the most vivid kind,

A place where foes met in equality and respect and attained a certain nobility through their character and conduct.

**18 APRIL 2015, Saturday 7:45pm**

**Concourse Theatre, Chatswood**

**TICKETS ON SALE NOW**

**[Ticketek.com.au](http://Ticketek.com.au) Ph: 132 849**

**Concourse Chatswood Box Office**

“Our aim is to make the audience feel, even if momentarily, the humanity, grief, patriotism and loss, as lived by those in this war.” ATME Musical director, Fikret Öztaş

“A once in a lifetime opportunity to experience the emotions, sacrifices, mateship and human stories along with music from both sides of the confrontation.” Turkish News Weekly

Australian Turkish Music Ensemble presents this truly unique and captivating musical event for commemoration of 100<sup>th</sup> Anniversary of the Gallipoli Campaign with its orchestra, choir and soloists. Come and join us on this musical journey to 1915 Gallipoli where MEHMET's and JOHNNY's met very first time. This never to be repeated concert is a unique opportunity to discover the human spirit within the bloody battles of 1915.

Against all the atrocities of war, a worthy foe has proven to be an even greater friend.  
Now and for all the time, we will remember them. Lest we Forget.

Kind Regards, Alev Guven, President, Australian Turkish Music Ensemble Inc.







## AMBLE DAY

- Turn up at Parramatta Town Hall at 9:30 am for check-in and registrations.
- When told, SMS the word "GO" to 0488 7 AMBLE (0488 726 253)
- You will get an SMS answer giving your first COMPULSARY Checkpoint and that your three hours have started. Report this to an official at the Start and you will be given your Checkpoint Clue Sheet.
- Use the map on the other side to find where this checkpoint is located.
- At this Checkpoint the Team Captain will be given a Checkpoint Challenge card with a multiple choice question to be answered.
- Immediately you have decided on the answer, SMS it to 0488 7 AMBLE.
- You will receive an SMS back telling you if you have the right answer, how many points you have scored and the Ambling time left.
- Then you can head for the next Checkpoint of your choice from the Clue Sheet - take a minute to plan the most effective sequence.
- Once you have finished return to the Town Hall for entertainment and prize giveaways.

## HOW TO DO IT

When you have the answer to your Checkpoint Challenge, SMS it to 0488 7 AMBLE (0488 726 253)

Text the Question Code leave a space and add the answer letter.

For example: AJ2 B



## REMEMBER THE RULES!

No running - it can be dangerous  
No splitting your team up  
You can walk, wheel chair or use the Shuttle Bus  
Respect the sites

## CHECKLIST

- Mobile phones fully charged
- Sufficient phone credit for submitting Checkpoint Challenges
- Bibs pinned to each Team Members' front
- Hats, sunscreen, sun glasses (or rain gear) - dress for the conditions and be prepared
- Bottles of water to keep hydrated along the way
- Comfortable walking shoes are a must
- Way-out costumes - give your team a chance to win the Fanciest Dressed Prize!



## free shuttle



## GOING MANUAL

What should I do if my mobile stops working?  
Record your answers on each Checkpoint Challenge Card and hand them in at your LAST Checkpoint

## THE PRIZES

- What your team could win -
- Highest Scoring Team Prize
  - Participating Team Prize
  - Best Costume Team Prize
  - Fundraising Prize
  - Various novelty prizes

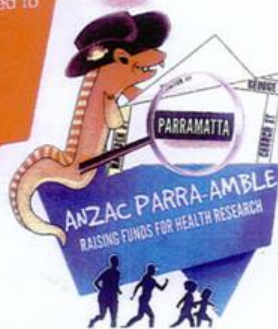
## POINTS SYSTEM

Points for Checkpoint Challenges are related to the distance from the starting point.

- Within the Green Circle - 10 points
- Within the Maroon Oval - 15 points
- Outside the Maroon Oval - 20 points
- Bonus Questions - 25 points



### SPONSORS:

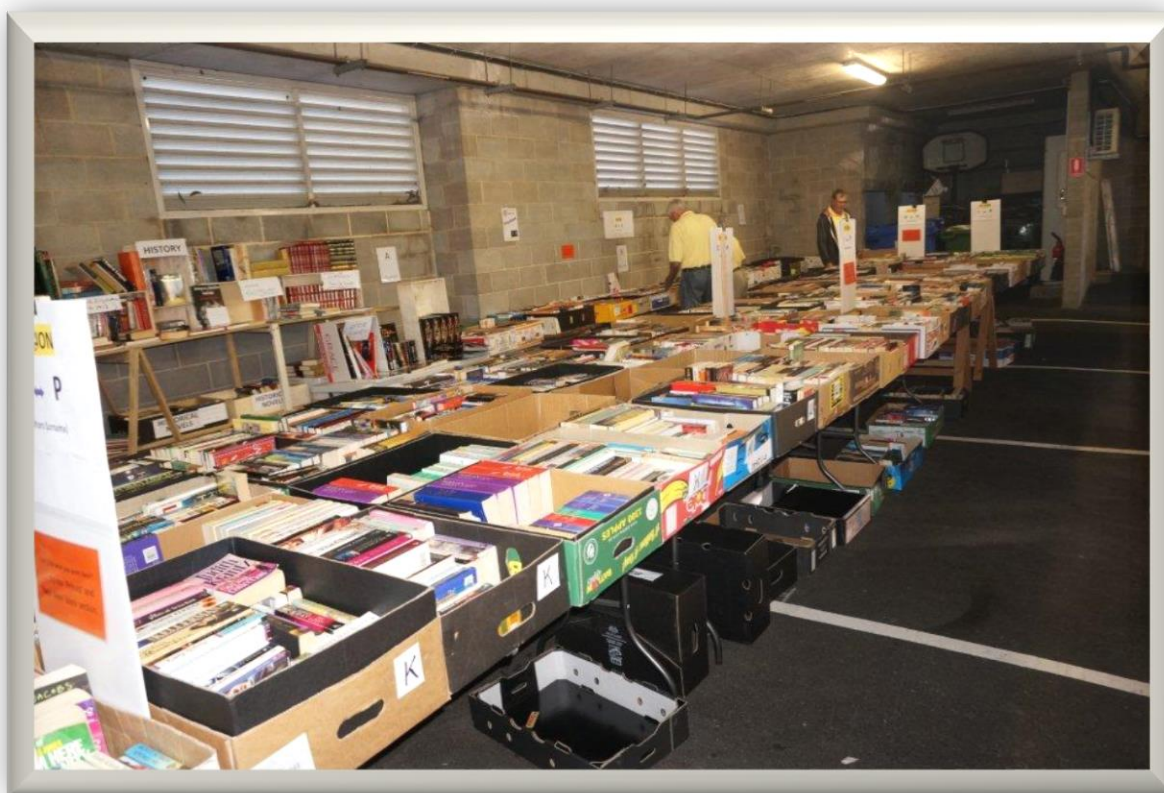




## Book Sale Photos



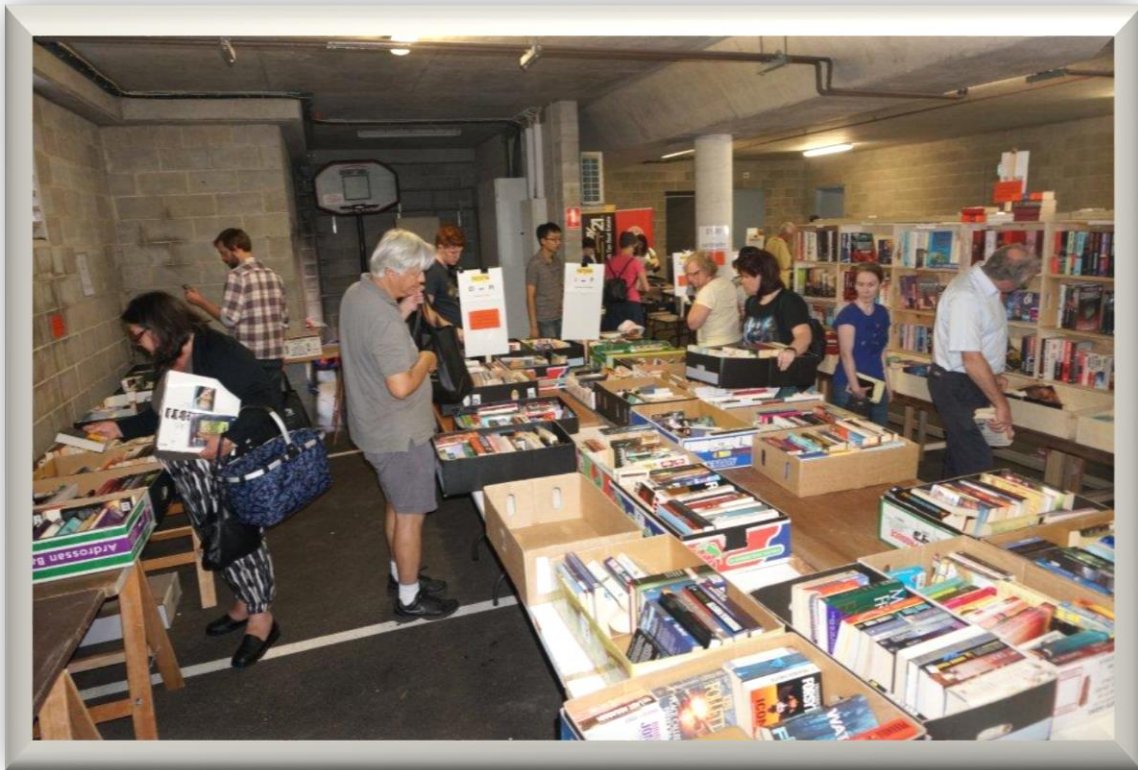














Amanda Sue with daughter  
Tamara from Pennant Hills  
Looking at one of the children's  
books

Ref 741



Meridith Baillie from Berowra Heights was very  
pleased to find a 1029 edition "Term of his natural  
Life" Assisted by Clive Denmark. Meridith a  
professional dealer described the book sale as the best  
organised that she has seen in 20 years

Ref 742



Steve Baker measuring the books  
that Hillary and Paul Dunbar from  
Kings Langley are purchasing

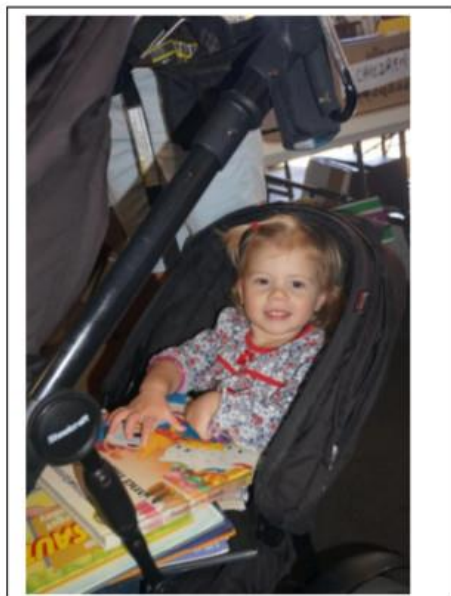
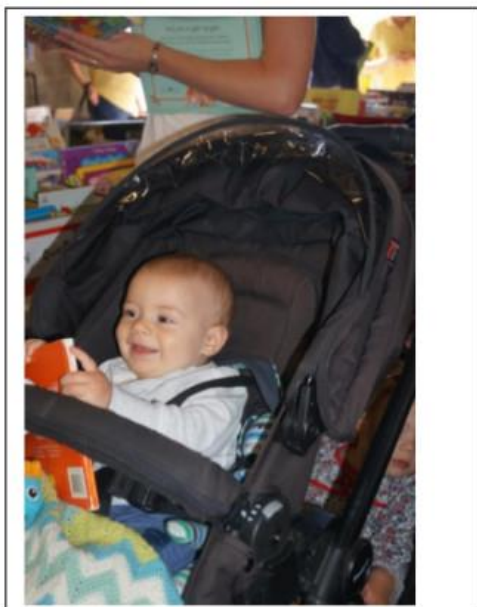
Ref 753





Beth Dallow from Cherrybrook with Archer and Grace looking at their children's books

Ref 755,758 759,







Luke Hubbard of Pennant Hills checking out the religious books assisted By Margaret McGowan

Ref 736



Fiona Maher of West Pennant Hills checking out the art books assisted by Lyn Henderson

Ref 737



Stuart McIver of Glenorie looking in the records and DVD section

Ref 740



Barry Freeman (President of West Pennant Hills and Cherrybrook Rotary Club) showing Brittany Gardner of Thornleigh a good novel

Ref 747



Susan Madugalle with Kaelan looking through the the Children's books

Ref 751p

Thank you Ross Ballinger for the photos and photo essay

## FYI Gastrointestinal Cancer Awareness

The GI Cancer Institute is delighted to announce its first national Gastro-Intestinal (GI) Cancer Awareness Week from 27th April – 3rd May 2015. During this week of GI cancer awareness, education and fundraising, we will be hosting our second Sydney ENGAGE Community Forum on the 30th of April at the Epping Club, from 6.30pm - 9.00pm. The ENGAGE Community forum is a free Gastro-Intestinal cancer forum, funded by Cancer Australia.

Successful ENGAGE Community Forums have been held in 2013 in Melbourne, Adelaide and Sydney; in 2014 in Brisbane, Western Sydney, Canberra and Perth; and Bundaberg in 2015. These forums have educated more than 800 people in different communities.

As a fellow community/health supporter, I am asking for your help to raise awareness about this valuable community forum which will educate locals about Gastro-Intestinal (GI) cancer- the most common form of cancer in Australia, **killing 33 Australians every day**.

The ENGAGE Community Forum offers:

- Easy-to-understand information about GI cancer prevention
- Advice and information from clinicians and survivors who understand the challenges of GI cancer
- Information about the latest development in cutting edge research
- Information about the benefits of clinical trials and how to access them
- A chance to learn about support resources at the info expo after the presentations

Despite the fact that 1 in 10 people are diagnosed with GI cancer in Australia, there are very few occasions when those affected can come together and share their experiences and stories of hope in a non-clinical setting.

Survivors, patients and carers or anyone interested in learning about GI cancers can register to attend the FREE event at <http://www.gicancer.org.au/register> or by calling 1300 666 769.

When: 30th April 2015  
Time: 6.30pm - 9.00pm  
Location: The Epping Club, 45-47 Rawson Street, Epping NSW 2121

Your assistance with promoting this event, by bringing it to the attention of your members, will be highly appreciated. There is a flyer attached to this email which you can circulate and use in your newsletter/website/social media to publicise the forum. If you require further information, please contact me - there are smaller flyers and additional information we can mail to you.

Kind regards,

Diya Ingleswar  
Project Coordinator  
GI Cancer Institute

t: [+61 2 8036 5223](tel:+61280365223) m: 0425 253 677 e: [diya@gicancer.org.au](mailto:diya@gicancer.org.au)  
[www.gicancer.org.au](http://www.gicancer.org.au)  
[www.gutsychallenge.com](http://www.gutsychallenge.com)  
[www.agitg.org.au](http://www.agitg.org.au)

(Sent on behalf of Diya Ingleswar by Robin Mitchell – Epping ENGAGE Forum committee)

## Birthdays and Anniversaries



**Barry and Joan Freeman – 24<sup>th</sup> April**



**Douglas Lam – 21<sup>st</sup> April**  
**Tony Makin – 24<sup>th</sup> April**

## Sexist as hell but funny

Woman at a bar says to the man next to her " With a shower, a haircut, a shave and some good threads, you may actually look presentable." Man replied, "If I did all that, I would be talking to the pretty woman over there instead of you."

Man at a bar says to the buxom blonde, "I have an uncanny ability, I can tell which day you were born by touching your breasts!" The blonde is intrigued and thinks why the hell not. So she offers to test him out. After a whole minute passed with him fondling her without any sign of an answer, she asked, "Well, what day was it?" To which the man answered, "Yesterday!"

How do you keep your husband from reading your e-mail?  
Rename the mail folder "Instruction Manuals."

Why does it take 100 million sperms to fertilize one egg?  
Because not one will stop and ask for directions.

What do you instantly know about a well-dressed man?  
He has a wife/girlfriend who is good at picking out clothes.

A mother, answering her phone, hears her daughter shrieking and screaming. Terrified, she calls the police who arrive at the daughter's house, batter down the door--and find the daughter, in her bedroom having wild sex with her boyfriend. Apparently her toe hit the automatic dial button for her mother's number on the bedroom phone.



Club Programe 2014-2015				
		Updated 26/03/2015 by PHC	Partners	Co-ordinator
<b>Apr-15</b>		<b>Magazine Month</b>		
Sun	12	PRT Meeting 10am.		Barry Freeman
Mon	6	No Meeting - Easter Monday		
Weds	8	Club Board Meeting 7.15 for 7.30		Barry Freeman
Mon	13	Pre Anzac meeting - Peter Sweeney invited 16/06/2014 - Partners Night	Yes	Peter Cleary
Tues	14	Garage Sale Committee Meeting at Rosemarys		Rosemary
Sat	18	Friendship Dinners Start		Social Comm.
Sun	19	International Committee Project meeting and BBQ lunch	Optional	
Mon	20	Club Assembly	Optional	Peter Cleary
Sun	26	Bunnings BBQ Dural		Barry Lambert
Mon	27	Frontier Services- Help for the Outback NSW	Optional	Peter Cleary
<b>May-15</b>		<b>Community Month</b>		
Mon	4	Northwest Rail Link Update		Peter Cleary
Fri	8	Ronald McDonald House Dinner preparation		
Mon	11	Vocational Awards - Pride of Workmanship	Yes	Peter Cleary
Weds	13	Club Board Meeting 7.15 for 7.30 Combined current and incoming Boards		Barry Freeman
Thurs	14	Bowel Scan Sales commence at Cherrybrook Shopping Centre all through May		Barry Lambert
Sat	16	Weekend away- The social highlight of the year	Optional	Social Comm.
Sun	17	Weekend away- The social highlight of the year	Optional	Social Comm.
Mon	18	Operation Food for Life - Dennis Perry	Optional	Peter Cleary
Sat	23	West Pennant Hills Primary School Working bee		Alan Painter
Mon	25	Kokoda Experience- Rob & Michelle Clarke	Yes	Peter Cleary
Tues	26	Garage Sale Logistics meeting at Rosemarys		Rosemary
Sat	30	Bowel Scan Sales commence at Cherrybrook Shopping Centre all through May		
Sun	31	Salvation Army Red Shield Appeal		
<b>Jun-15</b>		<b>Rotary Fellowship Month</b>		
Mon	1	Victor Chang Speaker	Optional	Peter Cleary
Mon	8	No Meeting - Queens Birthday. Many Happy Returns!		
Weds	10	Club Board Meeting 7.15 for 7.30 Combined current and incoming Boards		Barry Freeman
Sat	13	Bowel Scan Sales commence at Cherrybrook Shopping Centre all through May		Barry Lambert
Mon	15	Garage Sale on Site meeting Traffic Management Plan		Tony Coote
Mon	15	Exchange Student's final presentation - Partners Night	Yes	Tony Coote
Sat	20	Club Changeover Dinner. The Madison, Dural	Yes	Barry Freeman,
Mon	22	No meeting following Changeover.		
Mon	29	Buying & Selling Realestate in the current Market-Daniel Tan	Optional	Peter Cleary
<b>Club Programme 2015-2016</b>				
<b>Jul-15</b>				
Sat	4	Bunnings BBQ Thornleigh		Barry Lambert
Mon	6	Looking for Speaker		
Mon	13	Looking for Speaker		
Mon	20	Looking for Speaker		
Mon	27	Looking for Speaker		
Fri	31	Mary Poppins @Paramatta Riverside Theatre		Social Cmte
<b>Aug-15</b>		<b>Membership and Extension</b>		
Mon	3	Looking for speaker		
Sun	9	BBQ at West Pennant Hills Primary School Spring Fair		Tony Coote
Mon	10	Looking for Speaker		
Mon	17	Looking for Speaker		
Mon	24	Looking for Speaker		
Mon	31	Club Meeting devoted to Garage Sale Planning		Rosemary

### Rotary Club of West Pennant Hills and Cherrybrook – Club Positions

President	Barry Freeman	0414 400 100
Presidents Elect	Cawas Sahukar	0432 692 602
	Teresa Janowski	0459 761 123
	Tony Coote	0412 812 624
Past President	Clive Denmark	0400 425 210
Secretary	Jim Simpson	0439 465 725
Treasurer	Bob Davison	0413 008 574
Membership	Keith Ball	0478 599 155
Club Services	Douglas Lam	0419 421 659
Youth Services	Tony Coote	0412 812 624
Community Services	David Turnbull	0408 246 669
International	Cawas Sahukar	0432 692 602
Foundation	Ross Ballinger	0418 868 026
Vocational/Social Services Director	Colin Sharpe	0408 810 463
Fundraiser Director	Max Henderson	0404 020 985
Public Relations	Carol Russell	0418 431 157