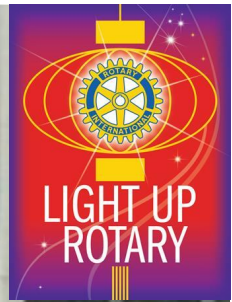




The Rotary Club of West Pennant Hills and Cherrybrook Club Bulletin

Volume 28

Issue No. 27, 23rd February 2015



Monday 23rd February

Youth Night– we hear about our RYLA and RYPEN candidate experiences

Monday 2nd March

Mental Toughness Coach – Rebecca Jaeger

Monday 9th March

Club Visioning 6 – 10pm

Duty Roster

Next Meeting – Monday 23 February		Following Meeting – Monday 2 March	
Speaker Host	Tony Coote	Speaker Host	Peter Cleary
Night Reporter	Nick Chuah	Night Reporter	Jim Simpson
Front Desk	Bob Davison	Front Desk	Bob Davison
Front Desk	Andrew Little	Front Desk	John Tchetchenian
Steward	Carol Russell	Steward	Graham Evans
Steward	Peter Cleary	Steward	Rosemary Clarke
Photographer	Bob Davison	Photographer	Ross Ballinger

Inside This Issue

President's Report	Night Report	Club Program
Anniversaries/Birthdays	Humour	Book Sale flyer

Upcoming Events

February 22 Social BBQ with ARV – Kokoda Memorial Walk	February 26 Second Marigold Hotel – Movie Night – for End Polio Now
February 28 & March 14 Book Sale – major sort at church hall, 8:30am	March 11 Board Meeting – Sharpe's residence
March 13-15 Mt Kosciuszko walk with Maxx	March 20-22 District 9685 Conference - Hunter

Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural. <http://www.rotarydistrict9685.org.au>
Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia

APOLOGIES: If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda.
Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting.

****If you are expected and do not show you may be required to pay for the meal****

President's Report – 16th Feb 2015



**“We are judged by what we finish
NOT by what we start”
Kenneth Blanchard**

This is a tough one for me, mainly because I have always been a starter and not a particularly great finisher of what I start. I have purposely used the “I” word here because I really don’t know what it is like for other people, this Start/ Finish thing. It is always a battle for me.

What I do know though, because I have worked with many people over the years, is that I am not alone.

However, given that it is a problem for some, what can I offer from my own experience?

Firstly, I know that “Procrastination is not only the thief of time but it is usually the thief of money as well”. These days, when I get that feeling that I can complete a task tomorrow instead of today, I can recognize what my mind is doing and in most cases stop the thought and **keep on going for the completion.**

It still takes effort though. It takes the recognition of what is going on as well as the drive and commitment to complete. Not always easy, unless you have always been a finisher.

When things get tough and often they do, there is an easy solution and that is to stop and or quit. But what sort of a solution is that. It is a solution that reinforces the whole issue of not finishing what one starts. It is a road to mediocrity if not failure.

One HAS to keep going to the finish line, doesn’t one?

Darn right!

There is another little big thought here and that is that **there is a joy and immense satisfaction in completing something that has been started,** particularly a task that is tough, isn’t there. There really is no joy in stopping half way.

Isn’t life amazing? Here we are having a chat about finishing things, lessons we have learnt along the way that enable us to maybe pass on to our children and grandchildren, that enable us to handle some of the difficult things that life is putting in our way as we get older, and there are plenty of those challenges.

I really enjoyed Hans’ talk last night. Gosh, he has had to deal with some incredibly difficult things in his life as a homicide detective. Thanks goodness, HE is a finisher.

Have a brilliant “finishing” week.

Barry

Night Report – 16th Feb 2015

Sergeant Graham Cuthbertson opened the meeting and introduced President Barry Freeman who then welcomed all the guests.

President Barry's saying of the week rather there were 2 sayings this week 1) "We are judged by what we finish and not what we start" Kenneth Blanchard and 2) "My best friend is the one who brings out the best in me" Henry Ford – Go Ponder !!

Stan Baseley looking trim and fit was asked to light the candle, Colin Wright lead us into the Rotary Grace and Colin McGowan raised a Toast to Rotary, Queen and friends which is also called thinking on your feet.

President Barry than pinned 2 badges onto Maxx (please don't ask me what they were for) received from Dr Paul Wrigley from the Pain Management Research Institute who was the guest speaker the week before.

- Maxx gave his usual off the cuff witty weekly report followed by reports from various Directors
- Colin Sharp to reserve Sunday 13th December for Christmas Lunch – this is called super advanced planning!
- Colin Wright - Weekend Away in May there are a few spots available in case someone is interested.
- Keith Ball – on potential members
- David Turnbull – Project for WPH Public School and Bowel Scan looking for volunteers
- Douglas Lam – reminder to volunteers organising a BBQ for the residents of the Anglican Retirement Flinders Village on this Sunday 22 at the shelter adjoining the Kokoda Track Memorial Walk in Concorde.

Peter Cleary introduced the guest speaker Detective Inspector (Retired) Hans Rupp who **retired just 10 days ago**.

According to a fascinating article in the Daily Telegraph, he leaves dozens of killers behind bars for life.

Many of his peers called him "iconic", ever humble Inspector Rupp said he is just a dedicated, hardworking and diligent detective. "I'm an accidental police officer because the man over the road from me had just joined the police and he said it's a great job so I went and signed up," he said.

"I have been very proud to be a police officer. There are people in jail for the rest of their lives because of what I did."

Inspector Rupp spent the past 41 years in the police squad of which 16 years were in Homicide at the sharp end of policing, swapping between the robbery and homicide squads.

Topic for the evening was "Homicide in Australia" figures are from National Homicide Monitoring Program

- 257 people were murdered Australia wide 175 male and 82 Female
- Since 2001/2012 there has been a downward trend from 1.8 to 1.2 per 100,000 head of population whilst indigenous population is on an increase at 4.1per 100,000 head of population which is a sad indictment.
- Contrary to what the media would like us to believe, homicide with firearms continuous to decline as they have for the past 10 years.
- What is alarming is that 61% of the victims are killed in their homes.
- The major cause of death are
 - Stab wounds 47%
 - Beatings 31%
 - Gun shot 10%
 - Strangulation 2%
 - Others 10%
- NSW has 34% of the nation's homicide of which 91% were solved though the actual figures are much higher. Technology has been a huge help especially DNA and finger prints.

- If you are a man aged 20 to 44 stay at home at night and avoid man carrying knives and your chances of being murdered will be greatly diminished.

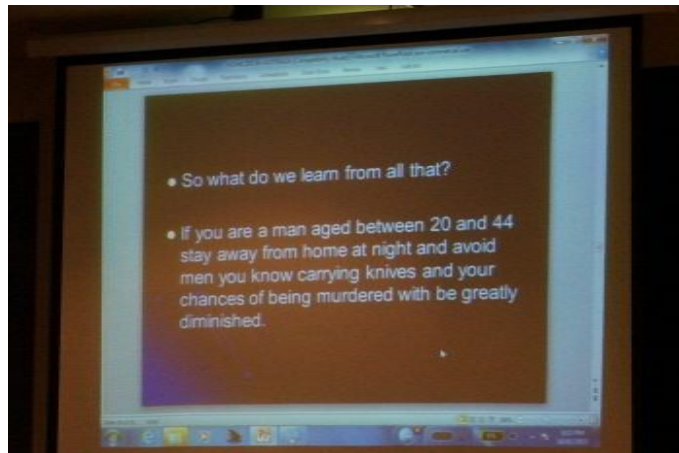
President Barry put the Visioning to vote and the Aye's got it meeting to be held on Monday 9th March from 06:00pm to 10:00pm.

Next week Youth Night so please bring your partners along it will be a very enjoyable evening

Max Henderson won the raffle whilst Peter Cleary won Heads & Tails.

Sergeant Graham closed the meeting not before collecting his rightful dues.

Night Reporter
Cawas Sahukar



The Second Best Exotic Marigold Hotel – for Polio Plus – Thu 26 Feb Movie Night for Polio Plus

Movie: The Second Best Exotic Marigold Hotel
Time & Date: 8:30pm. Thursday 26th February 2015
Where: Events Cinemas Castle Hill
Cost: \$25.00 Includes Coffee/Tea and cake

Profits from this night will go to Polio Plus

Dudley Mercer

Assistant Governor - Northwest Zone

Mob: 0418 664 550

lacol@myisp.net.au

2015 Book Sale Flyer – it's on 27-28 March



ROTARY CLUB OF WEST PENNANT HILLS & CHERRYBROOK INC.

Proceeds will go to local Rotary charities

GIANT BOOK SALE

COME ALONG AND JOIN US

Fri 27th March - 9am-8pm

Sat 28th March - 8am-3pm

Uniting Church
134 New Line Road
Cherrybrook



We are looking for donations of books in good condition, original CD's & DVD's, records, sheet music.

Donations accepted until 24 March

We really appreciate all the support that you give us with these donations. Thank you.

Please note we are not able to accept textbooks, encyclopedias, damaged or dirty books, magazines, coffee table books, Readers Digest, condensed editions.

RING OUR HOTLINE FOR MORE INFORMATION AND FOR DETAILS OF A CONVENIENT DROP OFF LOCATION

0468 330 667

www.wphcrotary.org - email: wphc.rotary@gmail.com

50th Anniversary – Rotary Club of Castle Hill. – Wed 18 Mar

It is exciting times at the Rotary Club of Castle Hill as we prepare to celebrate the 50th anniversary of our chartering on Wed 18 March 2015, exactly on the date of the anniversary.

We have arranged for our member, Frank Anisse, to hold the event at the Madison Reception Centre in Dural, gathering for fellowship at 6:30pm with the proceedings commencing at 7pm.

We would be delighted if you and your members would consider joining us in this “once in a life time” celebration of the “Golden Anniversary”. The cost per Rotarian/partner has been set at \$50 per person.

Please contact Mike Hallen (mhallen@ozemail.com.au 0418 466900) for further details.

Yours in Rotary Service,
Mike Blair, President Rotary Club of Castle Hills.

Birthdays and Anniversaries



nil



nil

Humour – Lawyers and Lipstick

If you think lawyers don't have hearts, read the best lawyer story of all time...bar none:

The Salvation Army realized that it had never received a donation from the city's most successful lawyer.

So a United Way volunteer paid the lawyer a visit in his lavish office.

The volunteer opened the meeting by saying, 'Our research shows that even though your annual income is over two million dollars, you don't give a penny to charity. Wouldn't you like to give something back to your community through the Sallies?'

The lawyer thinks for a minute and says, 'First, did your research also show you that my mother is dying after a long, painful illness and she has huge medical bills that are far beyond her ability to pay?'

Embarrassed, the Sally rep mumbles, 'Uh... no, I didn't know that.'

'Secondly,' says the lawyer, 'did it show that my brother, a disabled veteran, is blind and confined to a wheelchair and is unable to support his wife and six children?'

The stricken Sally rep begins to stammer an apology, but is cut off again.

'Thirdly, did your research also show you that my sister's husband died in a dreadful car accident, leaving her penniless with a mortgage and three children, one of whom is disabled and another that has learning disabilities requiring an array of private tutors?'

The humiliated Sally rep, completely beaten, says, 'I'm so sorry. I had no idea.'

And the lawyer says, 'So, if I didn't give any money to them, what makes you think I'd give any to you?'

... didn't see that coming, thanks David.

So I think we need another one (from Stan):

Lipstick in School

According to a news report, a certain private school in Brisbane was recently faced with a unique problem. A number of 12-year-old girls were beginning to use lipstick and would put it on in the bathroom. That was fine, but after they put on their lipstick they would press their lips to the mirror leaving dozens of little lip prints.

Every night the maintenance man would remove them and the next day the girls would put them back.

Finally the principal decided that something had to be done. She called all the girls to the bathroom and met them there with the maintenance man. She explained that all these lip prints were causing a major problem for the custodian who had to clean the mirrors every night (you can just imagine the yawns from the little princesses). To demonstrate how difficult it had been to clean the mirrors, she asked the maintenance man to show the girls how much effort was required.

He took out a long-handled squeegee, dipped it in the toilet, and cleaned the mirror with it. Since then, there have been no lip prints on the mirror.

There are teachers..... and then there are educators

CLUB PROGRAM – as at 19Feb2015 – updates to Peter Cleary please

Club Programme 2014-2015				
Updated 19/02/2015 by PHC			Partner	Co-ordinator
Feb-15		World Understanding Month		
Sun	22	Club social Barbeque with guests from ARV. 10am-2pm, Kokoda Memorial Walkway BBQ area (adjoining Cafe end Killoola St	Jsw	
Mon	23	Youth Night -RYPEN, RYLA, NYSF reports.	Jsw	Tony Coote
Thurs	26	Movie Night - Events Castle Hill - for Polio Plus	Jsw	Barry Freeman
Sat	28	Book Sale - Major Sorting, 8:30am at Church Hall.	Jsw	Max Henderson
Mar-15		Literacy Month		
Mon	2		Jsw	Peter Cleary
Mon	3	Club visioning night 6-10pm		Barry Freeman
Weds	11	Club Board Meeting 7.15 for 7.30		Barry Freeman
Fri	13	Exchange student's Mount Kosciuszko walk	Jsw	Graham Cuth.
Sat	14	staying at North Perisher	Jsw	Graham Cuth.
Sat	14	Book Sale - Major Sorting at Church Hall.		Max Henderson
Sun	15	Ski Lodge	Jsw	Graham Cuth.
Mon	16	Alan Barge - University of the Third Age	Jsw	Barry Freeman
Fri	20	District 9685 Conference		
Sat	21	District 9685 Conference		
Sun	22	District 9685 Conference		
Mon	23	Lee Usher-Surviving Facebook and Twitter	Yes	Barry Freeman
Tues	24	Move Books from garages, containers etc. to Church carpark	All	Max Henderson
Wed	25	Move Books from garages, containers etc. to Church carpark	All	Max Henderson
Thurs	26	Move Books from garages, containers etc. to Church carpark	All	Max Henderson
Fri	27	Book Sale - Uniting Church, New Line Road,	All	Max Henderson
Sat	28	Book Sale - Uniting Church, New Line Road,	All	Max Henderson
Sat	28	Book Sale "Post Mortem" Dinner	All	Max Henderson
Mon	30	No Meeting - R&R following Book Sale		
Apr-15		Magazine Month		
Sun	5	PRT Meeting 10am.		Barry Freeman
Mon	6	No Meeting - Easter Monday	Yes	
Weds	8	Club Board Meeting 7.15 for 7.30		Barry Freeman
Sat	11	Friendship Dinners Start for this week till 19/4		
Mon	13	Pre Anzac meeting - Peter Sweeney invited 16/06/2014 - Partners	Jsw	
Sun	19	International Committee Project meeting and BBQ lunch	Jsw	
Mon	20	Looking for speaker - Centenary of Gallipoli Landing	Jsw	
Mon	27	Frontier Services- Help for the Outback NSW	Jsw	
Mon	28	Club Assembly		Barry Freeman
May-15		Community Month		
Mon	4	Looking for speaker		
Thurs	7	Bowel Scan sales commence at Cherrybrook Shopping Centre.		Barry Lambert
Fri	8	Ronald McDonald House Dinner preparation		
Mon	11	Looking for speaker	Yes	
Weds	13	Club Board Meeting 7.15 for 7.30 Combined current and incoming		Barry Freeman
Sat	16	Weekend away- The social highlight of the year		Social Comm.
Sun	17	Weekend away- The social highlight of the year		Social Comm.
Mon	18	Vocational Awards - Pride of Workmanship.	Jsw	Annual backing
Mon	25		Jsw	Calin Sharpe
Sun	31	Salvation Army Red Shield Appeal		

Maxx's Calendar

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Feb 2015						1 Family Picnic
2	3	4	5	6	7	8
9 Rotary Mtg	10	11	12	13	14	15 Lunch – Davison's
16 Rotary Mtg	17	18	19	20 Umina Beach	21 Umina Beach	22 Umina Beach
23 Rotary Mtg	24	25	26	27	28	

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Mar 2015						1 St Ives sailing day
2 Rotary Mtg	3	4	5	6	7	8
9 Rotary Mtg	10	11	12	13 Mt Kosciuszko	14 Mt Kosciuszko	15 Mt Kosciuszko
16 Rotary Mtg	17	18	19	20 Conference	21 Conference	22 Conference
23 Rotary Mtg	24	25	26	27 Book Sale	28 Book Sale	29
30	31					

Rotary Club of West Pennant Hills and Cherrybrook – Club Positions

President	Barry Freeman	0414 400 100
Presidents Elect	Cawas Sahukar	0432 692 602
	Teresa Janowski	0459 761 123
	Tony Coote	0412 812 624
Past President	Clive Denmark	0400 425 210
Secretary	Jim Simpson	0439 465 725
Treasurer	Bob Davison	0413 008 574
Membership	Keith Ball	0478 599 155
Club Services	Douglas Lam	0419 421 659
Youth Services	Tony Coote	0412 812 624
Community Services	David Turnbull	0408 246 669
International	Cawas Sahukar	0432 692 602
Foundation	Ross Ballinger	0418 868 026
Vocational/Social Services Director	Colin Sharpe	0408 810 463
Fundraiser Director	Max Henderson	0404 020 985
Public Relations	Carol Russell	0418 431 157