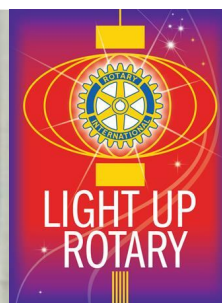




The Rotary Club of West Pennant Hills and Cherrybrook Club Bulletin

Volume 28

Issue No. 25, 9th February 2015



**** NO MEETING ****

on Mon 26th January, 2nd February 2015

Monday 9th February

Dr Paul Wrigley – Sensory Neurophysiology Research – **Partners Night**

Monday 16th February

Detective Hans Rupp

Duty Roster

Next Meeting – Monday 9 February		Following Meeting – Monday 16 February	
Speaker Host	Teresa Janowski	Speaker Host	Tony Coote
Night Reporter	Colin Baxter	Night Reporter	Howard Fleming
Front Desk	Bob Davison	Front Desk	Bob Davison
Front Desk	Max Henderson	Front Desk	Brian Furrer
Steward	Alan Paynter	Steward	Stan Baseley
Steward	Gino Savio	Steward	Clive Denmark
Photographer	Ross Ballinger	Photographer	Ross Ballinger

Inside This Issue

President's Report	Night Report	Club Program
Anniversaries/Birthdays	Phantom of the Opera	50th Anniversary – Rotary Club of Castle Hill

Upcoming Events

January 26 Australia Day Holiday - ** no meeting **	February 1 Family Charity Picnic
February 1 PRT meeting 10.00 am	February 11 Board Meeting
February 13 Phantom of the Opera – Riverside Theatre Parramatta	February 22 Social BBQ with ARV – Kokoda Memorial Walk

Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural. <http://www.rotarydistrict9685.org.au>
Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia

APOLOGIES: If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda.
Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting.

****If you are expected and do not show you may be required to pay for the meal****

President's Report



"Hold your head High"

Anonymous

So.....The obvious is that there is the physical nature of this statement with all sorts of benefits from good posture, reducing strain on one's back and neck, keeping the chiropractor happy, the ability to see objects in front and not run into them etc. etc.

However, I am really thinking of the **mental aspects** of the statement.

The first one that comes to mind is **PRIDE**. There is certainly some link between "head held high" and a feeling of pride in one's self. I think the very nature of feeling proud and walking tall go hand in hand and hopefully doing one can help the other.

The second one is that I know in myself that I **feel better** about things and more confident about things when I consciously stand tall and hold my head high. I often catch myself walking along and looking down. I wonder if it reflects what's happening in one's life, a sort of physical statement or reaction to what is going on.

Does it then help to recognize this and consciously straighten up?

I think it does!

I think it causes a **more positive attitude** and "I am going forward with purpose" attitude, which can only be a good thing.

Yes! I think we can all learn from this one.

Next time you find yourself looking down, physically or mentally, recognize it and try holding your head high. I know it will make a positive difference for you.

Have a brilliant week, everyone.

Barry

Night Report – 19th January 2015



HAPPY AUSTRALIA DAY – 26 JANUARY, 2015

Welcome to all – with President Barry's saying of the week:
"HOLD YOUR HEAD HIGH" - so be proud.

He thanks everyone for their answers to the questionnaire, but the number of people who replied was less than half of the club, so a little disappointing.

The 2015 Change Overnight will be on the 20th June, 2015.

Thanks to Keith for filling in last week (12 January) in the President's absence.

Maxx, as usual has had a good time going to Hornsby, Darling Harbour where he saw 'FROZEN' for FREE and just relaxed. The Aussie 'outbound' students left for their exchange to go the cold of Europe. He is starting to feel sad that his exchange will soon end and when he returns it will be summer in Europe and he is then the 'oldie' ready to entertain the new exchange students.

He also visited Canberra with Colin and Anne, saw a real live platypus!!! Visited the Deep Space Centre at Tintanbilla, went to new and old Parliament House and the War Memorial.

Barry presented a lapel pin to Keith to say THANKS, for the new recruits – 4 in total so far and he is aiming for 10 this year.

Andrew Little – passed out the book fair bulletin board posters. So those that took one, please display it.

Tony – thanked Rosemary re the RYLA dinner and the good candidate, Emma. Also the new rules of the overseas exchange are limited to years 10/11 (probably not 11) only as they must return to Australia and then go back to school. No more using the exchange as a 'gap' year. This may be more difficult to find candidates in the future.

P.S. during Tony's chat Barry quietly got up and lit the candle which he had forgotten to do at the beginning of the meeting. Sergeant David did take note.

From the Social committee, please support the Bateman's Bay weekend away 16 & 17 May, the theatre night at Riverside Friday 13 February, and the Presidents picnic at Fagan Park on Sunday 1st February.

Report from the Tree of Joy stated that we received 559 gifts this year, down from previous years, however as we started this programme many years ago, and now there are many more organisations copying this idea, times are tight, but overall the response is good. Thank you to all who helped.

Jim's request for someone to assist with accommodation was solved with Carol renting out a room in her house.

Club Assembly – there were 16 responses out of 39 members to Barry's questionnaire. The average score was 7.6, with the lowest of 2 (being in the support area) and the highest of 10. We have a problem e.g. willingness to be President, however the Club as a whole is trying to solve the problems. There was a

consensus that we need more volunteers instead of sitting back and letting the same people work the committees, BBQ's, DIK's etc. So please give it some thought and help.

Overall this is a relatively happy Club and we do not want to lose this, as the attendance is up from week to week.

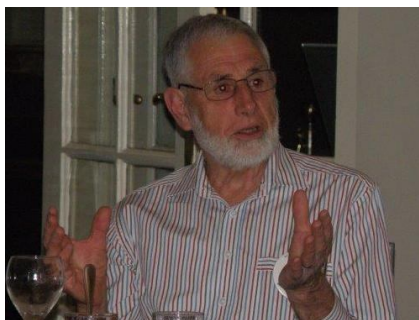
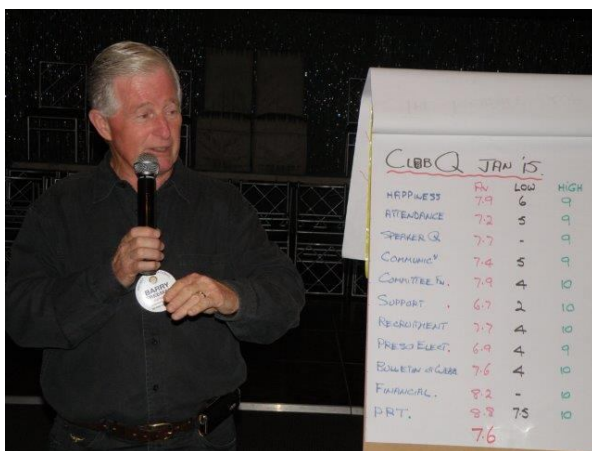
The web page and bulletin is a work in progress and we are endeavouring to get this out earlier, (sorry for my delay in this week's report).

Ian won the raffle.

Clive won the Heads & Tails.

Meeting closed at 20.55.

Night Reporter: Roslyn Savio



Phantom of the Opera - Riverside Theatre Parramatta – Fri 13 Feb

From Colin Sharpe:

Dear members and partners

The Social Leadership Team has chosen Friday 13th Feb 7.30 pm performance for a block booking of Premium Circle seats

The cost for 10 or more is \$43 each including booking fee.

Please let me know if you are interested OR NOT in participating in a group booking.

If attending I will need \$43 per person paid to my BSB account by Jan 30 after which I will make the booking assuming there are sufficient seats available for that performance. I will send out details of my BSB account to those who indicate they wish to attend.

From the creative team responsible for the hit productions of **Beauty and the Beast**, **Annie** and **Hairspray** comes the most successful stage musical of all time, **The Phantom of the Opera**. The new production stars Ben Mingay (**Wonderland, Packed to the Rafters, Jersey Boys, Dirty Dancing**) as The Phantom, Johanna Allen (**Wicked, Dr Zhivago, The Pirates of Penzance**) as Carlotta and Erin Clare (**Snow White**) as Christine.

Far beneath the majesty and splendour of the Paris Opera House, hides the masked figure of The Phantom in a shadowy existence. Shamed by his physical appearance and feared by all, he falls madly in love with an innocent young soprano, Christine, and devotes himself to creating a new star by nurturing her extraordinary talents and by employing all of the devious methods at his command. Andrew Lloyd Webber's mesmerising score includes **The Music of the Night, All I Ask Of You, Wishing You Were Somehow Here Again** and the title song **The Phantom of the Opera**. Jaw-dropping scenery, dazzling costumes and breathtaking special effects magically combine to bring this tragic love story to life each night. Don't miss it!

Full details can be found at

<http://riversideparramatta.com.au/show/the-phantom-of-the-opera/>

Glenhaven Charity Golf Day – Tuesday 17th February



- **Registration 11.00am**
- **Tee-off 12.30pm**
- **Lunch**
- **Dinner & Entertainment**

Castle Hill Country Club
Windsor Road, Baulkham Hills

Major Sponsor



CommonwealthBank

Other proud sponsors



WPH SPORTS CLUB



**CASTLE HILL
COUNTRY CLUB**

Glenhaven Rotary Club Charity Golf Day



**Tuesday 17 February 2015
Castle Hill Country Club**

Glenhaven Rotary Club, together with our major sponsor the Commonwealth Bank, would like to invite you to our charity golf day.

The majority of the proceeding raised will be donated to **Glenhaven Rural Fire Service (RFS)** and **The Hills State Emergency Services (SES)** to help maintain their capabilities to respond to our bush and grass fires, house and structure fires and motor vehicle accidents.



These organisations have more than 150 volunteers in our district regularly involved in life threatening activities. At other times they engage in fire hazard reduction and preparing the community and their properties for potential fires, storms or flooding.

They are continuously taking part in fund raising and other community activities to assist with equipment, improvements and the efficient operation of their respective units.



St Ives Food and Wine Festival – Sunday 1st March

SUNDAY 1ST MARCH 2015

10 AM—4 PM

St Ives Food and Wine Festival

St Ives Village Green



FOOD—WINE—LIFESTYLE

Over 35 International Food Stalls

19 Spectacular Wineries and Boutique Beers

Over 30 High Quality Lifestyle Stalls

Market Stalls - Live Music

Kids Activities

ENTERTAINMENT and FUN

FOR THE WHOLE FAMILY

Follow us on our WEBSITE: www.stivesfoodandwine.com

FACEBOOK: www.facebook.com/stivesfoodandwinefestival

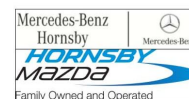


**SPECIAL THANKS
TO OUR SPONSORS**

GOLD SPONSOR



SILVER SPONSORS



All proceeds from this event will be donated to Rotary Projects and Room to Read

Entry \$2.00 Donation

Free – Acrylic & Printmaking Workshop Feb - March

acrylic and printmaking workshops for seniors

Seniors Acrylic Painting Workshops- for Beginners

When: Thursdays 12, 19, 26 Feb and 5, 12 & 19 March 2015

Times: 1.00pm- 3.00pm

Where: The Dining Room, Wallarobba Arts & Cultural Centre, Edgeworth David Ave, Hornsby

Tutor: Artist, Ms Barbara Matthews

This free 6 x 2hr workshop series for the Over 55's is suitable for those who want to try painting with acrylics. It will cover care and use of brushes, canvas preparation, and planning an effective composition. Through practical exercises, experiment with a range of techniques and discover styles/ subjects that appeal to you. You can then develop these further. Tuition and a basic materials kit will be provided free of charge. Students are to supply their own pencils, graphite, extra tracing paper, cleaning rags, and palette. Small class of 8 students, so be quick to register. To book a place, phone Kim Harris on 9847 6531.

Printmaking Workshops for Seniors

When: Mondays 2,9,16, 23 Feb and 2 March 2015

Times: 1.00pm- 3.00pm

Where: The Community Art Studio & Printing Rooms, Wallarobba Arts & Cultural Centre, Edgeworth David Ave, Hornsby

Tutor: Artist, Ms Ina Burt

This free series of 5 x 2hr workshops for the Over 55's is suitable for beginner printmakers. It will include how to safely use & maintain a press, dry point etching, transfer of images, using water-based inks, suitable papers for printing, using collage, mixed media and embossing. Materials provided. Small class of 10 students, so be quick to register. To book a place, phone Kim Harris on 9847 6531.

For more information
about your local library visit
hornsby.nsw.gov.au/library



Birthdays and Anniversaries



29th Jan – Rosemary and Rob Clarke
3rd Feb – Graham and Judy Cuthbertson



27th Jan – Jean Baker
28th Jan – Teresa Janowski
30th Jan – Roma Chandra
7th Feb – Angela Tan

Humour – thanks Barry (L)

What do you call a dinosaur with an extensive vocabulary? A thesaurus.

England has no kidney bank, but it does have a Liverpool.

I used to be a banker, but then I lost interest.

I dropped out of communism class because of lousy Marx.

All the toilets in New York's police stations have been stolen. Police have nothing to go on.

I got a job at a bakery because I kneaded dough.

Haunted French pancakes give me the crepes.

Velcro - what a rip off!

Cartoonist found dead in home. Details are sketchy.

Venison for dinner? Oh deer!

Earthquake in Washington obviously government's fault.

I used to think I was indecisive, but now I'm not so sure.

Be kind to your dentist. He has fillings, too.

If you do not have the time to do it right, when will you find the time to do it over

Club Programme 2014-2015

		Updated 24/11/2014 by RWH	PARTNERS night.
Jan-15		Rotary Awareness Month	
Mon	26	Australia Day – No meeting	
Feb-15		World Understanding Month	
Sun	1	Family Charity Picnic	Barry Freeman
Sun	1	PRT Meeting 10am	Barry Freeman
Mon	2	No meeting following Charity family picnic	
Fri	6	Mount Kosciuszko walk with Maxx – deferred TBA	Yes Graham Cuth.
Sat	7	staying at North Perisher	Yes Graham Cuth.
Sun	8	Ski Lodge	Yes Graham Cuth.
Mon	9	Dr Paul Wrigley – Sensory Neurophysiology Research At the Pain Management Research Institute	Yes Barry Freeman
Tue	10	Book Sale committee meeting	Andrew Little
Wed	11	Club Board Meeting 7.15 for 7.30	Barry Freeman
Fri	13	Phantom of the Opera – social outing at Riverside Theatre Parramatta	Yes Colin Sharpe
Mon	16	Detective Hans Rupp Partners Night	Tony Coote
Sun	22	Club social Barbeque with guests from ARV. 10am-2pm, Kokoda Memorial Walkway BBQ area (adjoining Cafe end Killoola St Concord)	Yes
Mon	23	Youth Night -RYPEN, RYLA reports.	Yes Tony Coote
Sat	28	Book Sale preliminary sort – at Uniting Church	Andrew Little
Mar-15		Literacy Month	
Mon	2	Norwest Rail Link Update (TBC)	
Mon	9	The Great Debate - subject "TBA" - Partners Night	Yes
Tue	10	Book Sale committee meeting	Andrew Little
Wed	11	Club Board Meeting 7.15 for 7.30	Barry Freeman
Sat	14	Book Sale - Major Sorting at Church Hall.	Yes Max Henderson
Mon	16	Alan Barge - University of the Third Age	Barry Freeman
Fri	20	District 9685 Conference	Yes David Turnbull
Sat	21	District 9685 Conference	Yes David Turnbull
Sun	22	District 9685 Conference	Yes David Turnbull
Mon	23	Looking for speaker	
Tues	24	Moving of tables, Books (from garages and containers) etc. to Church carpark	All Andrew Little
Wed	25	Set out tables, last minute sort and set out books	All Andrew Little
Thur	26	Final set out – all ready to sell	All Andrew Little
Fri	27	Book Sale - Uniting Church, New Line Road, Cherrybrook	All Andrew Little
Sat	28	Book Sale - Uniting Church, New Line Road, Cherrybrook	All Andrew Little
Sat	28	Book Sale "Celebration" Dinner	All Andrew Little
Mon	30	No Meeting - R&R following Book Sale	

Maxx's Calendar – Which day will you invite Maxx out? (If not **yellow**)

Mon	Tues	Wed	Thur	Fri	Sat	Sun
Jan 2015			1	2	3	4
5	6	7	8	9	10	11
12 Rotary Mtg	13	14	15	16	17	18
19 Rotary Mtg	20	21	22	23	24 Dinner with Davison's	25
26 Australia Day Move family	27	28	29	30	31	

Mon	Tues	Wed	Thur	Fri	Sat	Sun
Feb 2015						1 Family Picnic
2	3	4	5	6	7	8
9 Rotary Mtg	10	11	12	13	14	15
16 Rotary Mtg	17	18	19	20 Umina Beach	21 Umina Beach	22 Umina Beach
23 Rotary Mtg	24	25	26	27	28	

Club Positions
Rotary Club of West Pennant Hills and Cherrybrook

President	Barry Freeman	0414 400 100
Presidents Elect	Cawas Sahukar	0432 692 602
	Teresa Janowski	0459 761 123
	Tony Coote	0412 812 624
Past President	Clive Denmark	0400 425 210
Secretary	Jim Simpson	0439 465 725
Treasurer	Bob Davison	0413 008 574
Membership	Keith Ball	0478 599 155
Club Services	Douglas Lam	0419 421 659
Youth Services	Tony Coote	0412 812 624
Community Services	David Turnbull	0408 246 669
International	Cawas Sahukar	0432 692 602
Foundation	Ross Ballinger	0418 868 026
Vocational/Social Services Director	Colin Sharpe	0408 810 463
Fundraiser Director	Max Henderson	0404 020 985
Public Relations	Carol Russell	0418 431 157