

Monday July 15 Geoff Otypka – Offroading in Central Australia – on a motorbike

Monday July 22 Peter Tuchin – Associate Professor of Chiropratic – Partners Night

Monday July 29

Duty Roster

Next Meetin	ng – Monday 15 July	Following Meeting – Monday 22 July		
Speaker Host	Bob Myers	Speaker Host	Rob Hamer	
Night Reporter	Rob Hamer	Night Reporter	Ross Ballinger	
Front Desk	Brian Furrer	Front Desk	Brian Furrer	
Front Desk	Sandy Burrage	Front Desk	Colin McGowan	
Steward	Rosemary Clarke	Steward	Howard Fleming	
Steward	Stan Baseley	Steward	Max Henderson	
Photographer	Ross Ballinger	Photographer	Ross Ballinger	

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Congratulations Larry Jacka!	Maquarie Rotaract – Trivia Night 17Aug	Thank You from Operation Hope

Upcoming Events

Saturday July 13 Bunnings Sausage Sizzle - Thornleigh Friday July 19 Vilde (exchange student) arrives from Norway

Social Lunch at Kirribilli Club

Saturday August 24 Trivia Night – Cherrybrook Community Centre

Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural. http://www.rotarydistrict9680.org.au Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia APOLOGIES: If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda. Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting. **If you are expected and do not show you may be required to pay for the meal**



Presidents Report

Time flies! Thanks for your support at the Club Changeover & the first meeting of the year. With so many members travelling In Australia & overseas I had feared that we would not make our minimum catering level of 25 but I am grateful that almost all of the members remaining in Sydney attended, thank you all & Lyn Paynter who came with Alan.

I have asked the Board that membership be the 1st report given on Club nights & at Board meetings so in Rosemary's absence will give it a plug here.

Rob has secured Nick Farr Jones as the keynote speaker for Monday November 18th. We had allocated that night for a local business forum so Nick should prove a great draw card. Rob knows him whilst I only know of him. He was a very successful Wallaby captain (his team won the world cup) & is a practising solicitor. I have heard him speak & he does it well. I believe that he has also supported the boys behind "Tears in the Jungle".

Rob has also been able to lock Dominic Perrottet in for a revised date on August 19 to talk about his work as the Chairman of the parliamentary committee on Synthetic Drugs. Dom has also agreed to an extended Q & A so there will be plenty of time to ask questions about the NorthWest rail link & the lead up to the Federal election!

But let's not forget the next 3 or 4 meetings. Next week is Geoff Olympta talking about Bush Bashing & perhaps his other passion of collecting military medals & then tracing the story of the soldier behind the medal. New arrangements for $22^{nd} \& 29^{th}$ should be confirmed by next Monday. On the 5th August we have Alan Maclean on " the lights of Cobb & Co".

Please try and make an effort to invite a guest/visitor/partner to one of those meetings!

Trivia Night- Rob & his committee have got the ball rolling & produced an attractive brochure – now he needs help from all of us with sponsors, raffle prizes & getting "bums on seats". If those that came last year can get a table of 8 together again it would be much appreciated. If those that could not come last year could come this year & bring friends then we are ahead. Finally, if anyone with good contact with other clubs and organisations (Rotary, Probus, sporting organisations etc), can help promote it that would be great. We may be able to reciprocate & support their functions (as we did with Wahroonga Rotary & Rotoract last year) or perhaps make a donation back to them (as we did with Maddie's caddie).

Garage Sale- This years committee is already rolling & we have had first two meetings. We have committed to the Sunday of the Sale being developed as a Family Fun day (whilst still selling off residual goods at "Bargain Prices" to raise funds & reduce waste volumes) to do this we need to think of a range of attractions and or activities that will attract families (key target groups parents with primary school age children). We are exploring options for music from school bands (Max), face painting & Jumping castles (Clive), Pet Zoo (Tom) & searching for other attractions (David Turnbull). We are on the look out for characters (either suits which we can wear or manned suits eg clown, Superman, Billy Bottle (a recycling character).

Tom & David are developing our brochure with an illustration to increase its impact & are also going to work up a programme for the sale which includes a map. We are also looking at producing vouchers for free coffee to be given to buyers on Saturday to encourage them to return on Sunday.

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If any member has contacts with a school P & C or any other organisation that runs a successful school or other fete could you ask them if there are any other ideas they think are worth us considering. Are competitions or craft activities hard to organise or worth doing? If you get good feedback talk to one of the committee above mentioned plus Jim Simpson, Colin Sharpe.

I'd better sign off, I have two "Meet the Mayors" sessions this afternoon (Hornsby) & tonight (Baulkham Hills) then a Presidents meeting on Friday evening sandwiched by Changeovers on Thursday & Saturday, oh and the Bunning's Bar –B Q on sat pm & my daughters first market day at a new venue in Marrickville on Sunday. The fitness training programme from my son Rob is paying dividends, I'm still putting on muscle and shedding weight & feeling more energetic than I have for ages. As one of his colleagues says "whatever does not kill you makes you stronger' !

President Clive Denmark

Night Report

(Acting) Sergeant Tony 'Can't I ever get rid of this donger' Makin opened the meeting at 7:03 sharp and Max Henderson led Grace and Howard Fleming proposed the toast to Queen, Australia and Rotary International.

Our new President Clive Denmark was then introduced and took the reigns for his first meeting of the new Rotary year. Clive welcomed Lynn Paynter and guest speaker Tony Gatt from Foodbank.

Notices:

Barry Lambert reminded us of a Bunnings Sausage Sizzle this Saturday at Thornleigh.

Douglas Lam alerted us to a couple of weekends over the next month or two at John Purchase Primary School assisting with some landscaping and paving work. More details later.

Barry Freeman presented a cheque for \$670 to PP Bob Davison for Alzheimers Australia (NSW). This is money Barry and Joanie "put aside" each week as payment for the "wonderful meals delivered by Club members and partners" Barry emphasised that he believes this is indicative a the true community Spirit of this Club.

Stan Baseley updated us on:

Margaret Evans was to have had surgery on Friday but it was deferred to tomorrow.

Larry Jacka has been back in hospital under observation.

Stan also provided details of an award by the Commonwealth Bank to Larry in recognition of his "SelflessVolunteer work".

Bob Davison advised there will be a welcome BBQ at Tom and Annette Westcotts on Saturday July 20th for our new Exchange Student Vilde Sollien who arrives the previous day.

Rob Hamer "tested the water" for a "Social" luncheon at The Kirribilli Club on Sunday August 11. As there was plenty of interest in such a get together it will go ahead. Look elsewhere in the Bulletin for more details.

From the Program Rob advised that Dominic Perrottet MLA will be our speaker for our Membership night on August 19th. Dominic is our local member (State) and as Chair of the Parliamentary Legal Affairs Committee will update us on the recent synthetic drugs issue. I'm sure there'll also be many questions of him on the new NorthWest rail link which is moving ahead at full steam.

Our Local Business Forum on November 18th should be a great night with guest speaker, former Wallabies Captain Nick Farr-Jones.

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Barry Lambert introduced our guest speaker Tony Gatt, Business Development and Fund Raising Manager of Foodbank. The following has been extracted from their website and from the brochures left by Tony.

Foodbank NSW is a non-denominational, community supported not-for-profit organisation, that collects unwanted food and re-distributes it to people in need through welfare agencies.

Foodbank NSW is the largest food relief agency in NSW, providing 95% of all wholesale emergency food relief in the state. It was founded in 1992 in NSW

Foodbank NSW is endorsed by the Australian Food and Grocery Council as the food industry's preferred means of disposal of surplus product, and is relied upon by charities as the "pantry of the welfare sector"

Foodbank NSW delivers 5.3 million meals a year to people in need in NSW (and more than 31 million meals nationally) but there is an ever-increasing demand that needs to be met.

Foodbank NSW supplies more than 470 charities, community groups and schools with the food it takes to feed the disadvantaged.

Foodbank NSW saves 4 million kgs of food from being dumped very year. This food not only goes to feeding the needy, but also reduces carbon dioxide emissions by 6 million kgs a year.

Australians are throwing away food worth \$5.2 billion a year.

One in three kilograms of food produced around the country is wasted, whilst at the same time Australians are going to bed hungry.

An estimated 20 to 40% of fruit and vegetables are rejected even before they reach the shops – mostly because they do not match the supermarkets' cosmetic standards.

The Environmental Impact of their work is impressive:

Dumping a kilo of beef wastes the 50,000 litres of water it took to produce that meat, throwing out a kilo of white rice will waste 2,385 litres, and wasting a kilo of potatoes costs 500 litres.

Landfill and Environmental Impact in Australia

3.28 million tonnes of food is driven to landfill in Australia each year

47% of municipal waste to landfill is food and green waste

Food waste in Australian landfills is the second largest source of methane

10% of rich countries' greenhouse gas emissions come from growing food that is never eaten

It is estimated that nationally, through redistribution, Foodbank each year saves:

19,000 cubic metres of landfill

33 million kg of carbon dioxide emissions

1.2 million litres of water

50 million MJ energy saving

28 million kgs of food

Tony's talk certainly gave us "food for thought" and judging by the number of questions was enjoyed by those present.

In an unprecedented display of good fortune, our guest speaker not only drew his own ticket for the door prize but defeated John "Heads and Tails" Fletcher in the Two Up.

FOR THE DIARIES - SOCIAL LUNCHEON

SUNDAY AUGUST 11[™]. THE KIRRIBILLI CLUB

There's also a great opportunity to spend an hour or so prior at Clarks Park, apposite the Club.

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The nearby parklands comprise Clark Park, Watt Park, Quibaree Park, the Lavender Bay Foreshore and a variety of smaller green spaces.

Clark Park is an outward-looking park featuring spectacular views over Lavender Bay to the Harbour Bridge and the city. Watt Park is a more introspective park, suitable for quiet reflection and relaxation. Wendy's Garden is an intimate and attractive garden space created on an area of railway land below Clark Park. It is currently leased to Council for public use. Quibaree Park is a narrow strip of waterfront land bounded by the water's edge and the railway viaduct. The Lavender Bay Foreshore is a narrow strip of waterfront land that links Quibaree Park to Luna Park, the Harbour Bridge and beyond.

GREAT VIEWS overlooking Luna Park to the Harbour Bridge and Lavender Bay from the Club.



GREAT FOOD at Dedes Waterside Grill



Night Reporter: Rob Hamer

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Pres. Clive's first meeting:



Tony Gatt from Foodbank NSW:



Congratulations Larry Jacka – CommBank Volunteer of the year

The inaugural CommBank Volunteer of the Year awards have been announced and Larry Jacka from Group Customer Relations is one of five inspiring recipients.

Volunteering is part of Larry's personal makeup. Inspired by his parents commitment to those less fortunate, Larry has a deep belief in helping those worse off than him. Since he started as a St Johns Ambulance Brigade cadet at the age of 10, Larry hasn't stopped investing his time, experience and generous spirit to help others.

He has volunteered at 15 consecutive ANZAC Day dawn services and marches and has given his time as a director of the Club board for Apex and also for Rotary. Through his involvement with these organisations he has contributed to numerous local community service programs, planning projects and fundraisers.

As a thank you to Larry for his generosity and community spirit Larry will be joining four other winners from across the group on a trip to Montague Island wildlife sanctuary with a friend from work.

Well deserved, Larry!

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Birthdays and Anniversaries





Anniversaries Colin & Dianne Wright – 14th July

Birthdays Clive Denmark – 16th^t July Dianne Simpson – 17th July

Food for Thought





One machine can do the work of fifty ordinary men. No machine can do the work of one extraordinary man.

Elbert Green Hubbard (1856-1915)



Provided by Ross Ballinger, from his travels:

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We now know why Gino has been missing . His second job is in Kobenz Germany:

Notices

Rotaract Club of Macquarie University Trivia Night – 17th August

This year our club has decided that the funds of our trivia night will go to Human and Hope Association. This is an NGO based in Cambodia which aims to create a sustainable future through education of the community. They have a school which teaches children English, Khmer (the local language) and vocational skills. To provide a more holistic approach they are aiming to also have a micro financing program, computer skills class and a sustainable farming project for the local families.

The details of the trivia night are as follows:

Date: Saturday 17th August Time: 6.30pm Location: The Atrium, Campus Hub Building, Macquarie University Cost: \$10 students / \$15 adults

Tables of 8-10 people Bring snacks and drinks Sausage sizzle available

For more info or to reserve a table please email trivia@rotaractmq.org

A promotional flyer has been attached.

Regards, Francesca Tang

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Thank-You from Operation Hope

Good Morning President Bob (now PP),

I would just like to thank you on your generous donation of \$1550.00 to support 5 kids accommodation and food for this upcoming winter camp in July. These donations enable us to support kids in our community and enable them to have a fun, positive experience for the week. Once the camp has finished I will send you a formal letter outlining all the campers achievements and activities, that your donation has helped. Also if you would like myself and a college to come speak to you about the camp, feel free to contact me.

Have a great rest of the weekend and we will definitely keep in touch, once again thank you for your support it is greatly appreciated by myself, Wesley Mission and especially the kids.

Regards Jess

Jess Triebe | Camps Coordinator | Wesley Vision Valley

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	1	Club Programe 2013-2014	me	= PARTNERS on a eeting night.	hols
		Updated 09/07/2013 by RWH		Tentative date hold only	
Jul-	13	Rotary Fellowship Month			
Sat	13	BBQ Bunnings Thornleigh.	Yes	Barry Lambert	
Mon	15	Geoff Otypka. Offroading in Central Australia on a motorbike. Geoff also collects war decorations and then pursues their history. Confirmed 04/03/2013		Rob Hamer	
Tues	16	1st Trivia Night Committee Meeting 7.15 for 7.30pm at the Hamers'		Rob Hamer	
Fri	19	Exchange Student Vilde Sollien arrives in Australia.		Bob Davison	
Sat	20	Welcome BBQ for our Exchange Student Vilde Sollien. The Westcott's		Bob Davison	
Mon	22	Peter Tuchin Associate Professor of Chiropractic at Macquarie Uni. TBC	Yes	Rob Hamer	
Mon	29	Looking for speaker		Rob Hamer	
Tues	30	Trivia Night Meeting 7.15 for 7.30pm at the Hamers'			
Aug	-13	Membership Extension Month			
Mon	5	Alan MacLean - The Lights of Cobb & Co. Confirmed 05/05/2013		Rob Hamer	
Tues	6	Trivia Night Meeting 7.15 for 7.30pm at the Hamers'			
Sun	11	SOCIAL - Lunch at Kirribilli Club.	Yes	Social/Rob Hamer	
Mon	12	Landscape Photography. Rob Clarke. Confirmed 11/03/2013		Rob Hamer	
Tues	13	Club Board Meeting 7.15 for 7.30 at Rosemary and Rob Clarke's home.		Clive Denmark	
Weds	14	Trivia Night Committee Meeting 7.15 for 7.30pm at the Hamers'		Rob Hamer	
Mon	19	Membership Night - Special Guest Speaker - Dominic Perrottet MLA. Dominic is also Chair of the Parliamentary Legal Affairs Committee and will update us on the recent synthetic drugs issue.	Yes	Rob Hamer	
Sat	24	Trivia Night - Cherrybrook Community Centre	Yes	Rob Hamer	
Mon	26	Club Assembly		Clive Denmark	
Sep-	-13	New Generations Month			
Mon	2	Councillor Dr. Michelle Byrne, Mayor, The Hills Shire Council + G/Sale Pickups handed out	Yes	Rob Hamer	
Sun	8	Meet at Fire Stn 9.30am for * Guide Hall grounds clean up			
Mon	9	Looking for speaker + G/Sale Pickups handed out if any left over from previous week. Offered to Rosie O'Halloran 04/07			
Tues	10	Club Board Meeting 7.15 for 7.30 at Rob and Janet Hamer's home.		Clive Denmark	
Sat	14	Federal Election - Just noted here in case you can find an excuse to leave the country.			
Mon	16	Membership Night -		Rosemary Clarke	
Tue	17	Garage Sale - Meet at Fire Stn at 7pm for pickups.	Yes	Gidi Ke	
Wed	18	Garage Sale - Meet at Fire Stn at 7pm for pickups.	Yes		1
Thur	19	Garage Sale - Meet at Fire Stn at 7pm for pickups.	Yes		
Fri	20	Garage Sale- Move Items to Fire Stn	Yes		
Sat	21	Garage Sale- at Fire Station. 6am start.	Yes	ľ	
Sat	21	Garage Sale-Dinner 6.30 for 7.00pm VENUE TBC	Yes		
Sun	22	Garage Sale- 8am at Fire Station for 9 am opening. Finish and clean up at 1.00pm	Yes		
Mon	23	No Meeting post Garage Sale - Rest night!		ľ	
Wed	25	DG Visit, Joint meeting with our Zone Clubs		Clive Denmark, Rob Hamer	
Oct-	-13	Vocational Service Month			
		No Meeting - Labour Day Pub Hol			

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Tues	8	Club Board Meeting 7.15 for 7.30 at Bob and Bev Davison's home.		Clive Denmark	
Mon	7	BBQ Bunnings Dural LONG WEEKEND MONDAY	Yes	Barry Lambert	
Mon	14	No Meeting- See Tuesday Night		Rob Hamer	
Tues	15	Golf Day Oatlands Golf Club with Hunters Hill Rotary Club	Yes	Clive Denmark	
Tues	15	Dinner at Oatlands Golf Club with guests and Hunters Hill Rotary Club following Golf Day.	Yes		
Sun	20	Porsche Car Club at the Amory Homebush. BBQ and Coffee. Committment to be confirmed. Date confirmed from the Porsche Club's website calendar.	Yes	Colin Baxter	
Mon	21	Dick Bushell on Bikie's Diaries. TBC		Barry Lambert	
Sat	26	Chinese Lantern Festival. Date and committment to be confirmed.	Yes	TBC	
Mon	28	Looking for speaker		Rob Hamer	

Directors 2013-14						
Rotary Club of West Pennant Hills and Cherrybrook						
President	Clive Denmark	0400 425 210				
Past President	Bob Davison	0413 008 574				
Secretary	Barry Lambert	0412 465 819				
Acting Secretary	Keith Ball	0401 895 333				
Treasurer	lan Roberts	0401 898 989				
Membership	Rosemary Clarke	0439 819 965				
Club Services Director	Rob Hamer	0400 335 091				
Youth Services Director	Bob Davison	0413 008 574				
Community Services Director	Douglas Lam	0419 421 659				
International Director, Foundation and PR	PDG Larry Jacka	0418 690 898				
Vocational Director	Colin Sharpe	0408 810 463				
Fundraiser Director and President Elect	Jim Simpson	0439 465 725				
Club Welfare Officer (non-executive)	Stan Basely	9634 1084				
Social Committee Leader	Colin Wright	0409 393 027				