

Monday 3rd February

John Lees - Business Coach, Developer and Author

Monday 27th January**NO MEETING** Australia Day Holiday

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Duty Roster

Next Meeting	- Monday 3 February	Following Meeting – Monday 3 February				
Speaker Host	Carol Russell	Speaker Host	Carol Russell			
Night Reporter	Howard Fleming	Night Reporter	Howard Fleming			
Front Desk	Bob Davison	Front Desk	Bob Davison			
Front Desk	Brian Furrer	Front Desk	Brian Furrer			
Steward	Colin Baxter	Steward	Colin Baxter			
Steward	John Fletcher	Steward	John Fletcher			
Photographer	Ross Ballinger.	Photographer	Ross Ballinger.			

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Upcoming Events

Saturday February 1 Bunnings BBQ - Dural

Tuesday February 4 Board Meeting - Rosemary Clarke's home

Sunday February 6 Ronald McDonald House dinner

Weekend February 14-16 Vilde's Mount Kosciuszko walk

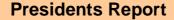
Saturday February 22 Book sort at Church Hall

Sunday February 23 District 9685 Conference

Meetings

Monday 6.30pm for 7.00pm - Springfield House - 245 New Line Road, Dural. http://www.rotarydistrict9685.org.au Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia **APOLOGIES:** If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda. Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting.

If you are expected and do not show you may be required to pay for the meal





I'll keep this short as Bob need to go to press.

Like many of us whilst the hot weather is still with us I'm still coming out of Holiday mode!

The second half of the Rotary year is up & running. On the district front we have the one day District Convention at the Concourse in Chatswood on Sunday 23rd February.

At a club level we have started the run up to the Book Fair. Most of the Banners will be up by the end of this weekend and if it follows its normal pattern we will start getting a trickle of calls offering us books next week. Despite what the program says it is unlikely we will need to do any sorting on 15th or 16th February. The Drop Off centres will be asked to hold books or put them in the containers until we get access to the Church Hall, probably on Saturday 22nd February.

To the relief of many club members this will probably be the last fundraiser for this year except for a couple of Bunnings' Bar-B-Qs. We have a Board meeting next Tuesday & two of the major topics will be membership & the desire by some members for us to do more hands on Community Service Work. I understand that one project suggested was refurbishment of a Bush Trail in Cherrybrook which the club constructed some years ago. Perhaps we should start by organising to walk the trail one weekend, followed by Coffee or a spot of breakfast- pass your thoughts on that to a Board Member sitting near you!!

On Monday we have John Lees speaking to us about being a Business Coach please welcome John and Bernhard who is coming back for a second visit.

Regards President Clive

Night Report for 20 January Meeting

President Clive opened the meeting and introduced our guest speaker John Krisenthal from "Seniors Helpers". Clive then up dated us on Vilde's activities, having spent time with Col Mc. and Margaret at Copa with a friend, then off last Sunday with Bob and Bev to the Gold Coast for a week and a bit. Barry L canvassed for participants on 1st Feb for a Bunnings BBQ at Dural, still needs fellows for both shifts.

All directors were quiet so we engaged in a little fellowship over dinner then Rob introduced our guest speaker John, speaking on his venture "Senior Helpers-Caring in Home Companions" With our ageing population, mainly the 'baby boomers' group, there are 3million over 65 today and that figure will double by 2030 putting increased pressure on the health and medical resources as in the last 2 yrs of life we will be most heavily dependent on these services.

The main future concerns will be:

Mental Health- Dementia

- Men are a problem as we don't go to doctors or talk about our health issues
- Educating carers to effectively communicate with older males.

The information came thick and fast and was all relevant to us all so I took the cowards way out and Rob has emailed Johns Presentation to most of you. If you missed out and want a copy pls give Rob a shout and he will send you one.

Insightful questions followed and John was thanked by the club in the usual way.

The evening concluded with Sergeant Jim and his barrel girl Sandy collecting from all the Aussies cause we lost at hockey???? Then nailed the poms for the 'one day' cricket loss.

Heads and tails won by Rosemary. Good to see Howard back after his hip operation. Diane Wright is progressing well after her hip job also.

Meeting nearly finished on time, whatever that may be.

Night Reporter Peter Cleary

Note: there is a copy of the presentation available on request (2.5 Mb) to the editor.

District 9685 Conference - 23Feb 2014

Registrations close on Friday 7 February

Don't leave it to the last minute!

If you have registered, invite a guest to join you.

If you have yet to register, now is the time to act - and yes you may still register guests at the same time.

Register now on the Conference website before time runs out!

Did you know:

Rotary will celebrate its 109th birthday on 23 February. The day also marks the anniversary of the first mass polio vaccinations, which started in Pittsburgh, Pennsylvania, USA, in 1954 and expanded across the United States. So come to Conference and celebrate.

Volunteers Needed

Volunteers are needed before, during and after the Rotary International Convention 2014 to be held at Olympic Park between May 28 and June 4.

This is a great opportunity for everyone to become involved in a significant Rotary event.

We hope to have 700 volunteers. The more we have the lighter the load for everyone. You, your family and friends do not need to be a paying delegate for the Convention to volunteer.

Volunteers will be needed at the Sydney Airports, railway stations, hotels and mainly at Olympic Park venues.

You can <u>register</u> you interest in volunteering by selecting the (Download the Registration Form) button below. General enquiries can also be made via the contact form.

Download the registration form

How to complete this form:

- 1. Download the Microsoft Excel form.
- 2. Key your details into each field of the form.
- 3. Save your completed form on your computer.
- 4. Send the completed form to the email address at the bottom of the form.

This is a great opportunity for Rotarians and friends to become involved in a significant Rotary event and we look forward to hearing of your interest in assisting the HOC make the 2014 Sydney Convention the best ever.

I look forward to hearing from you very soon with registration or questions.

Best wishes, PDG Marilyn Mercer Joint Coordinator HOC Volunteers, RI Convention 2014 Sydney.

Home Stay accommodation Needed

Rotary International President Ron Burton, on our behalf, has invited the world to Sydney and what better way to welcome them than to have them stay with us in our own homes.

What a fantastic opportunity for you to meet Rotarians from another country or perhaps other areas of Australia and make lifelong friends and share your Australian family experience with them.

If you have a spare room or two around the period of the Convention 1-4 June 2014 and wish to share in this great experience then this is your once in a lifetime opportunity.

You do not have to be registered for the Convention to take part in the Home Stay program, all you have to be is prepared to open your home to our visitors.

There are just under one hundred Convention-goers who are looking for Home Stay accommodation BUT there is presently nowhere for them to stay.

If you can help, please contact PDG Paul Reid direct at homestay@rotary2014.com.au or phone 0424 026 343

or register at the <u>Host Organising Committee website</u>.

Movie Night for Polio Plus – Wed 19th Feb – Castle Hill

The Polio Plus movie night is proposed for Wednesday 19th February at the Events Complex Castle Hill. The entry fee is \$20. Profits (hopefully better than half) goes to Polio Plus. This is being organised by Joan van der Berg (Hills Zone). Please forward your interest to Bob Davison.

The Movie is: MONUMENTS MEN

Release: 13 March 2014

Directed by: George Clooney (The Ides of March)

Cast: George Clooney, Matt Damon, Bill Murray, John Goodman, Cate Blanchett

Genre: Action/Thriller/Drama

Based on the true story of the greatest treasure hunt in history, The Monuments Men focuses on an unlikely World War II platoon, tasked by FDR with going into Germany to rescue artistic masterpieces from Nazi thieves and returning them to their rightful owners. It would be an impossible mission: with the art trapped behind enemy lines, and with the German army under orders to destroy everything as the Reich fell, how could these guys – seven museum directors, curators, and art historians, all more familiar with Michelangelo than the M-1 – possibly hope to succeed? But as the Monuments Men, as they were called, found themselves in a race against time to avoid the destruction of 1000 years of culture, they would risk their lives to protect and defend mankind's greatest achievements.



Birthdays and Anniversaries





AnniversariesGraham & Judy Cuthbertson – 3rd February

Birthdays Amala Jayasuriya – 8th February

Food for Thought





An eye for an eye only ends up making the whole world blind.

Mahatma Gandhi

Humour



The outhouse

Ma was in the kitchen fiddling around when she hollers out, "Pa! You need to go out and fix the outhouse!"

Pa replies, "There ain't nuthin wrong with the outhouse."

Ma yells back, "Yes there is, now git out there and fix it."

So Pa mosies out to the outhouse, looks around and yells back, "Ma! There ain't nuthin wrong with the outhouse!"

"Ma replies, "Stick yur head in the hole!"

Pa yells back, "I ain't stickin my head in that hole!

"Ma says, "Ya have to stick yur head in the hole to see what to fix."

So with that, Pa sticks his head in the hole, looks around and yells back, "Ma! There ain't nuthin wrong with this outhouse!"

Ma hollers back, "Now take your head out of the hole!"

Pa proceeds to pull his head out of the hole, then starts yelling, "Ma!

Help! My beard is stuck in the cracks in the toilet seat!"

To which Ma replies, "Hurts, don't it?!"

	Vilde's	Calenda	ı r – invite h	ner out if date	not <mark>yellow</mark>	
January 201	4					
M	T	W	T	F	S	S
27 Davison Gold Coast	28 Davison Gold Coast	29	30	31		
February 20	14					
М	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 Walk Mt Kosciuszko	15 Walk Mt Kosciuszko	16 Walk Mt Kosciuszko
17	18	19	20	21	22	23 Conference
24	25	26	27	28		
March 2014						
M	T	W	T	F	S	S
					1 Safari Brief	2 St Ives Sailing Day
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 Umina Beach	22 Umina Beach	23 Umina Beach Move house
24	25	26	27			Beach

		Club Programe 2013-2014	m	S = PARTNERS on a neeting night.	hols
		Updated 22/1/2014 by RWH		Tentative date hold only	
Jan-	14	Rotary Awareness Month			
Mon	20	John Krisenthal - Seniors Helpers.	Yes	Rob Hamer	
Mon	27	Australia Day Holiday			
Feb-	-14	World Understanding Month			
Sat	1	Bunnings BBQ - Dural	Yes	Barry Lambert	
Mon	3	John Lees Business Coach, Developer and Author	Yes	Carol Russell	
Tues	4	Club Board Meeting 7.15 for 7.30 at Rosemary Clarke's home		Clive Denmark	
Thurs	6	Ronald McDonald House Westmead. Dinner with and for the residents.	Yes		
Mon	10	Operation Hope confirmed 09/12/13.	Yes	Bob Davison	
Fri	14	Vilde's Mount Kosciuszko walk	Yes	Graham Cuth.	
Sat	15	staying at North Perisher	Yes	Graham Cuth.	
Sun	16	Ski Lodge	Yes	Graham Cuth.	
Mon	17	Northwest RailLink Peter Bourke and Katherine Martin confirmed 22/01/14		Rob Hamer	
Sat	22	Book Fair – Sorting books at church hall.	All	Clive Denmark	
Sun	23	District 9685 Conference at Chatswood.	Yes	David Turnbull	
Sun	23	Club social Barbeque 10-5, Kokoda Memorial Walkway BBQ area (adjoining Cafe end Killoola St Concord) Possible speaker on Kokoda.	твс	Tony Makin	
Mon	24	Youth Night -RYPEN, RYLA reports. Bethany Ferguson reports on her year.	Yes	Bob Davison	
Mar	-14	Literacy Month			
Sat	1	Book Fair – Sorting books at church hall.	All	Clive Denmark	
Mon	3	What's this "Social Media" thing all about? Mark Buckingham from Markbits.		Rob Hamer	
Tues	4	Club Board Meeting 7.15 for 7.30 at Douglas Lam's home		Clive Denmark	
Thurs	6	Bowel Scan sales commence at Cherrybrook Shopping Centre. Date TBC		Barry Lambert	
Sat	8	Book Fair – Sorting books at church hall.	All	Clive Denmark	
Mon	10	The Great Debate - subject "TBA"	Yes	Jim Simpson	
Wed	12	Moving of Books from garages and containers to Church carpark and setup	All	Clive Denmark	
Thurs	13	Moving of Books from garages and containers to Church carpark and setup			
Fri	14	Book Fair Uniting Church, New Line Road, Cherrybrook	All	Clive Denmark	
Sat	15	Book Fair Uniting Church, New Line Road, Cherrybrook	All	Clive Denmark	
Sat	15	Book Fair "Post Mortem" Dinner	All	Clive Denmark	
Mon	17	No Meeting. R&R following Book Sale		Rob Hamer	
Mon	24	David Hart from Interplast.		Tony Makin	
Mon	31	Approached Red Balloon per Barry Freeman 09/12/2014		Rob Hamer	

Directors 2013-14						
Rotary Club of West Pennant Hills and Cherrybrook						
President	Clive Denmark	0400 425 210				
President Elect	Barry Freeman	0414 400 100				
Past President	Bob Davison	0413 008 574				
Secretary	Barry Lambert	0412 465 819				
Acting Secretary	Keith Ball	0478 599 155				
Treasurer	Ian Roberts	0401 898 989				
Membership	Rosemary Clarke	0439 819 965				
Club Services Director	Rob Hamer	0400 335 091				
Youth Services Director	Bob Davison	0413 008 574				
Community Services Director	Douglas Lam	0419 421 659				
International Director, Foundation and PR	PDG Larry Jacka	0418 690 898				
Vocational Director	Colin Sharpe	0408 810 463				
Fundraiser Director	Jim Simpson	0439 465 725				
Club Welfare Officer (non-executive)	Stan Basely	02 9634 1084				
Social Committee Leader	Colin Wright	0409 393 027				