

What's on tonight Monday 8 September 2008

Living with Alzheimer/Dementia- Brian Daniels, Alzheimer Aust

Next meeting - Monday 15 September 2008

Dr Jason Pace MBBS FRANZCP (Psychiarist)

Dr Pace consults on a wide range of adolescent and adult psychiatric conditions.

Job Talk - Prue Daras This is Me and My Business

Duty Roster

This week – Monday 8 September 2008		Next meeting — Monday 15 September 2008		
Chairman	Ros Savio	Chairman	Michael Moroney	
Night Reporter	Pierre Tennant	Night Reporter	Colin Wright	
Front Desk	Jim Simpson	Front Desk	David Turnbull	
Front Desk	Ton Westcott	Front Desk	Alan Paynter	
Steward	Cawas Sahukar	Steward	Keith Ball	
Steward	Gino Savio	Steward	Ross Ballinger	

Inside this issue				
From the President's Pen Birthdays and Anniversaries Rotary Information				
At our last meeting	Trailer Raffle Roster	Foundation facts		
Put you old Glasses to good use	Spring Dance	Hazardous Materials Information		
Travelling members	Héloïse and Virgine at Terrigal	Club Program		

From the President's Pen



another great meeting last Monday. At least that is what I am hearing. One week we dancing are with a packed agenda of speakers and the next we are on an outback adventure (episode), with all the gear here to

touch and feel, which added a great deal of realism to the pictures and the talk. Thank you to all the partners who came along and to the many visitors. Dick you're a real magnet.

If you can't remember what we did last week come along next Monday and listen to the talk on Alzheimer's. It's something that affects many of us through our parents and friends so, hopefully there is some light at the end of the tunnel.

By the time we meet on Monday the Spring Dance will have come and gone. Thanks to the organising committee and all those who are supporting it, it looks like it's going to be

Meetings

Monday 6.30pm for 7.00pm – Springfield House – New Line Road, Dural http://www.wphcrotary.org

Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103W West Pennant Hills 2125 Australia **APOLOGIES:** If you are unable to attend or are bringing a guest (even if they are your partner) you must book them in.Phone **9439 1422 before 11am** on the day of the meeting.

another enjoyable evening, and we will raise some much needed funds along the way. My saying for the week;

"If you have accomplished all that you have planned for yourself, you have not planned enough" Edward Everett Hale (1822-1909)

At our last meeting - Monday 1 August

President Tim welcomed the huge turnout which included lots of partners and even more guests. I trust the names of the guests are listed somewhere because I couldn't write them all down.



David and Sue Farley, friends of Dick and his Larapinta walking partner



Brett Geary (r) (Binet Homes, General Manager) (walking enthusiast) and his friend Brian



Hany Gerges, from The Dental Touch, West Pennant Hills. Friend of Bob Myers & prospective member



Trumm Family, Toni (Mum) works at Cherrybrook Village, Michael (Dad) is an engineer and walking enthusiast, Daughter Caitlyn is our outbound student for 2009 and her younger sister.

(Howard Bowland, Business Development Mgr for Hewlett Packard. Not pictured)

President Tim welcomed back the Baxter family from their latest jaunt and Cawas back from studying his masters in difficult car selling.

Apologies were cancelled since the list was "out the front". The Sergeant noted this transgression.

The trailer raffle has made the newspaper – well done Larry.

Frank served up garlic bread, salad and meat balls. Good effort which was appreciated by all. He must have had some spare balls since there was an extra table (seems to be normal for any partners night).

The Pres advertised a Trivia Night organised by Beecroft club on 12th September and read out a thank you card from the newlyweds, Bob and Bev. Couldn't see Bev on Monday – maybe she is now confined to the kitchen.

Graham Coles

 Checked on numbers for the dinner dance and later announced we were in the black with nearly 150 people attending. Congratulations to Graham and the team - they don't need a masters in difficult selling.

David Turnbull

- Noted a Breast Cancer Awareness night on Friday (predates this issue).
- Wanted all to deliver Garage Sale flyers.
 David is providing a 24 hour service for those running out of flyers.
- Saturday 13th we are to clean up the Guide Hall precinct ready for the sale.
- We have a jumping castle and chocolate wheel to add to the attractions at the Garage Sale this year.

 David has been talking to Cherrybrook High and has identified some landscaping exercises to get us physical.

Steve Baker

 Announced the Chinese Lantern Festival is off. Judging by the number of Chinese in the Olympic opening ceremony, there probably aren't enough left in Australia for this event.

Bob Davison

- Is to reorganise the Donations in Kind work to avoid the weekend away.
- The Trailer Raffle made \$758 at Cherrybrook – still seems to be our best venue.

Clive Denmark

- Was resplendent with no visible shirt lap but read his report from a sheet of toilet paper.
- Noted that Youth was "under control"
- Is pushing ahead with a wine sale and asked if anyone had good contacts for wine purchase.

Peter Garnett

- Announced with have 34 definites, some probables, a few maybes and didn't mention the don't knows for the weekend away. He wants \$50/head deposit soon.
- Needs real numbers for the post-Garage Sale dinner.

Ross Ballinger

- Has passed his masters in difficult selling (at least for Rotary membership) and gave some tips, mainly get names, phone numbers and email addresses.
- Has organised job talks for the next few months.

Bob Myers then did his job talk. He and Lyn both have teaching qualifications in India but came to Australia in 1991 for a new start. After 10 years with the railways, including driving a train! he bought the Post Office at West Pennant Hills. We discovered that the Post Office does more than sell stamps. Bob ignored the gong after 10 minutes and almost had to be physically

removed from the rostrum. Interesting how our members have hidden depths.

Peter Cleary then introduced the main event – Dick Bushell with the Larapinta Trail. Dick set out with singing mate David and Graham and Judy Cuthbertson to walk the 244 kilometres across the Northern Territory, starting at Mount Sonder (1380m – higher than Blackheath) and finishing in Alice Springs.



Dick, David, Judy and Graham atop Mt Sonder on day one of their trek

Judy had to leave after a few days to go to work. Graham lasted a bit longer but had to give in when he wore his legs down to the knees and could no longer step over the large stones.

Dick and David trudged on, carrying up to 22kilos including up to 8 litres of water. Food was dropped along the way at three dumps. Water was the biggest problem, with many camp sites without water.

The views were spectacular as evidenced by the standard of powerpoint show that we now expect from Dick. David spent his evenings fashioning stone chairs at each camp site. Bedtime came with the darkness with great sunsets most evenings.

The dynamic duo finished the trail with a hop and skip (try doing that with 22k on your back!). Dick had his equipment and tent for inspection. Great presentation Dick.

Judy showed three photos from the trip which will be incorporated into a guilt.

Mirium Jacka and Dick celebrate their birthdays this week. Dick, David, Peter and the Doc felt the need to burst into song to celebrate the events with "When I get older".

After the rape of Kuringai came the rape of Cherrybrook with temporary Sergeant Larry collecting a king's ransom.

Larry then conducted Heads and Tails without bending down thanks to Héloïse doing the hard bits. There has got to be a fine there for next week...

Night reporter – Tony Makin

Put you old Glasses to good use

This is reminder from Tony for those who forgot to bring along their old, unwanted glasses last week

to Lions their



programme to distribute glasses to poorer countries. Please bring them along and give them to Tony on Monday.

Travelling Members

The Editor is not aware of any current travellers

Birthdays and Anniversaries







NONE THIS WEEK



Birthdays



SHARON BICKFORD

Up-coming job talks

Sept 15

Prue Daras This is Me and My Business
Sept 29

Tony Makin This is new in My Business
Oct 13

Barry Freeman This is new in My Business

Trailer Raffle Roster

Last weekend was at Cherrybrook Shops where we had sales of \$758. Thanks to Alan Paynter, Colin McGowan, Ross Ballinger, Steve Baker, Tom Westcott and Larry Jacka.

Total sales to date are \$4,102 which exceeds our costs - we are now collecting funds for our charities.

	As at 1September 2008		
DATE	Venue	Session 1	Session 2
6-Sep	Castle Towers	Jim Simpson, Barry Freeman	Peter Cleary, Tony Makin
7-Sep	Flowerpower Glenhaven	Alan Paynter, Clive Denmark	
13-Sep	Kellyville Shopping Cent	Colin McGowan, Michael Moroney	Rod Crossweller
14-Sep	Bunnings Dural	Bob Myers, Graham Cuthbertson	
20-Sep	North Rocks Westfield	Prue Daras, Steve Baker	Brian Furrer
21-Sep	Dural Mall Roundcorner	Graham Evans, Colin Wright, Peter Cleary	
27-Sep	Cherrybrook Shops	Peter Garnett, Colin Baxter, Stan Baseley, Barry Freeman	Steve Baker, Carol Russell
28-Sep	Cherrybrook Shops	Jim Simpson, Tom Westcott, Pierre Tennant	
	SESSION TIMES		
	SATURDAYS	8.30am to 11.30 am	11.30 am to 3.00 pm
	SUNDAYS	9.00am to 1.00pm	none

Garage sale

COMMUNITY

GARAGE SALE



27th 28th SEPTEMBER
At the Cherrybrook Fire
Station.

Donate your unwanted household goods

FREE pick up of goods.

Call Jill 9875 3055



FUNDS RAISED WILL BE IN AID OF:

- ROMAC (MEDICAL AID FOR CHILDREN)
- LUCAS GARDENS SCHOOL FOR THE DISABLED

And other Rotary activities



ROTARY CLUB OF WEST PENNANT HILLS & CHERRYBROOK

Email from Naire Ralph

The summer holidays are over and she is back to school. She has been in touch with Erika, and they plan to catch up. Her only reported "problem" is "...The other day I realised I only have 4 months left here..... - that's not enough time!"

Read her full report at www.wphcrotary.org

10-Sep

Club Weekend away

Dear fellow members & partners,

Following the change of date we have more positive responses to the exciting weekend away. The attached list has the status of the members & partners.

We have definite starters of 28 and 4 probables and 9 maybes. There are still some members who have yet to advise their position. When we have say 36 definites the weekend away is a goer.

I understand that with the weekend way being in 9 weeks time some members are not yet in a position to commit. If you are a definite no please confirm.

If the probables and the maybes convert to yes's then we will have 41-approximately half the members and their partners.

A reminder that friends can join us if you have any who would be interested in joining us for that weekend.

I will check again on Monday night the numbers for any change in status.

WEEK END VINAA

Peter

	WEE	K END AWAY		
	8/9 N	lovember 200	8	
		GOULBURN		
		NZ 81	5 /	
D. LICED	01	Yes/No	Partner	Number
BAKER	Steve	Yes	yes	2
BALL	Keith	Maybe	Maybe	
BALLINGER	Ross	Maybe	Maybe	
BASELEY	Stan	Yes	Yes	2
BAXTER	Colin	Probable	Probable	
BICKFORD	Tim	No	No	
BOWLAND	Tim	Yes	Yes	2
BUSHELL	Richard	Yes	Yes	2
CLEARY	Peter	Yes	Yes	2
COLES	Graham	No		
CONSTABLE	Julie			
CROSWELLER	Rod	No	No	
CUTHBERTSON	Graham	Yes	Yes	2
DARAS	Prue	Maybe		
DAVISON	Bob			
DENMARK	Clive	Maybe	Maybe	
FLEMING	Howard			
EVANS	Graham	Yes	Yes	2
FREEMAN	Barry	No	No	
FURRER	Brian	Yes	Yes	2
GARNETT	Peter	Yes	Yes	2
HANSEN	Heloisie	Yes		1
JACKA	Larry	Probably	Probably	
LAM	Douglas			
LAMBERT	Barry	Yes	Yes	2
MAKIN	Tony	No	No	
MORONEY	Michael			
McGOWAN	Colin	Yes	Yes	2
MYERS	Bob	No	No	

PAYNTER	Alan	No	No	
PIDGEON	Greg			
RUSSELL	Carol	Yes	No	1
RUSSELL	John	No	No	
SAHUKAR	Cawas			
SAVI0	Gino			
SAVIO	Ros			
SIMPSON	Jim	No	No	
TENNANT	Pierre	No	No	
TURNBULL	David	Yes	Yes	2
TURNER	Trevor			
WANSBROUGH	Rob	Yes	Yes	2
WESTCOTT	Tom	No	No	
WRIGHT	Colin	Maybe	Maybe	
				28

Rotary Information

Rotary History (At A Glance)

Continuing on from last week:

2000-01 Western Pacific region declared polio free, 2001-02 Europe declared polio free; 2002-03 rotary launches a second polio eradication fundraising campaign to help fill a critical funding need. Rotarians raise over USD\$129 million; 2004-05 Clubs celebrate Rotary's centennial by launching hundreds of community projects and contributing thousands of volunteer hours; 2006-07 The Rotary Foundation recognises the millionth Paul Harris Fellow; 2007-08 Rotary receives USD\$100 million grant from the Gates Foundation to help eradicate polio.

Rotary Statistics

Rotary Members 1,224,168
Rotary Clubs 32,943
No of Districts: 532
Rotaract Members 163,795
Rotaract Clubs 7,165
Interact Members 262,844
Interact Clubs 11,428

Rotary-UN Day

Rotary Members and their Guests are invited to attend a landmark Rotary Day at the UN on 8 November in New York. The UN Secretary General, Ban Ki-moon is stated to give a special presentation. The meeting will include presentations and panel discussions addressing key humanitarian issues such as water, health, literacy and hunger.

Past Governor Larry Jacka Rotary Information Officer

Foundation Facts

Did you know that the Foundation's Ambassadorial Scholarships is the world's largest, privately funded scholarship program. The Foundation has contributed USD\$1.8 billion in program awards and operations since 1947. Rotarians have established a host of

organisations dedicated to various humanitarian causes, including Shelterbox, HungerPlus, Gift of Life, and Rotary Doctor Bank. Has provided vitamin A supplements during polio National Immunization Days which has averted an estimated 1.5 million childhood deaths since 1998, testimony to the "Plus" in PolioPlus. RI Representatives work with many major international organisations, including the UN and several of its agencies, the Organisation of American States, the Council of Europe and the American Union.



Centurion Corner

The Club total of Centurions still stands at 18, but applications and enquiries have slowed down. Lets not let the momentum slacken, becoming a Centurion remains the easiest and the most affordable way to ensure that the Foundation survives. It will also give you great satisfaction in knowing that your \$100 will do fantastic things. Let's keep the momentum going. Keep asking me the questions. Please assist in maintaining the good work of the Foundation. A donation of AUD\$100, which is fully tax deductible is all that is required. Your recently issued Foundation Money Boxes can be used for this. Fill your boxes and give to the Treasurer. He will lodge it with the Club until you reach the full figure.

Winston Churchill once said "We make a living by what we GET. We make a life by what we GIVE".





Permanent Ponderings

I am still waiting for one enquiry. I will, however, continue my push because it is important to the Foundation. The Permanent Fund is to Secure Tomorrow. It is Rotary's endowment. The principal is never spent, and a proportion of the earnings are directed toward Foundation programs. Donations can be outright gifts, securities, bequests, or life-income agreements. All I seek is the Bequests, where you can make a contribution to the Foundation. Come and see me.

PDG Larry Jacka Foundation Chairman

Club Officers and Club Honour Roll

This information is now located n the Club Website www.wphcrotary.org

		Club Programme 2008/2009		04.08.08
Sep-08		September Activity- New Generations	Partners	Organiser/Contact
Mon	8	Living with Alzheimer/Dementia- Brian Daniels, Alzheimer Aust	optional as always	Roslyn Savio
Mon	15	Dr Jason Pace MBBS FRANZCP (Psychiarist) Dr Pace consults on a wide range of adolescent and adult psychiatric conditions. His areas of interest include mood disorders, grief and psycho-oncology. His other interest is teaching where he spends a great deal of his time teaching trainees, GPs and the community.	optional as always	Michael Moroney
Tue	16	Club Board Meeting		Tim Bowland
Mon	22	Neel Raman- Author, Presenter and Corporate Consultant -better results, right mindset, comfort zones and terror barrier		Barry Lambert
Fri	26	Garage Sale- Move Items to Fire Stn	Yes	David Turnbull
Sat	27	Garage Sale- at Fire Station	Yes	David Turnbull
Sat	27	Garage Sale- Dinner	Yes	Peter Garnett
Sun	28	Garage Sale- at Fire Station	Yes	David Turnbull
Mon	29	Club Assembly		Tim Bowland
Oct-08		October Activity- Vocational Service	Partners	Organiser/Contact
Mon	6	Labour Day long weekend – No meeting		

Details of the Club program for the remainder of the 2008-2009 year can be found in the Club website www.wphcrotary.org

Volume 22 Issue 10 Page 6 of 6 Monday 8 September 2008