

Monday 5 March

Rex Langthorne Director of Special Olympics and Partners - Social evening at Margaret McGowan's.

Monday 12 March

Paul Jeffress from the Mines Victims and Clearance Trust

Monday 19 March

"Managing Conflict at work (and at home)". Mark Rosenburg, Balanced Curve

Duty Roster

| Next Meeting N | Monday 5 March 2012 | Following Meeting - 12 March 2012 | | |
|----------------|-------------------------|-----------------------------------|--------------------|--|
| Chairman | Chairman Keith Ball Cha | | Rob Hamer | |
| Night Reporter | Brian Furrer | Night Reporter | Howard Fleming | |
| Front Desk | Max Henderson | Front Desk | Michael Moroney | |
| Front Desk | Michael Moroney | Front Desk | Graham Cuthberston | |
| Steward | Rod Crosweller | Steward | Tim Bickford | |
| Steward | John Russell | Steward | Alan Paynter | |
| Photographers | Ross Ballinger | Photographers | Ross Ballinger | |

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| Bowelscan Program | Norby Picnic Update | Club Calendar |

Upcoming Events

Thurs 1st March All Members and Partners

Book Fair Set Up - Uniting Church, New Line Rd, Cherrybrook 8^{am}-6^{pm}

Frid 2nd - Sat 3rd March All Members and Partners

Book Fair – Sale- Uniting Church, New Line Rd, Cherrybrook Fri 8^{am}-10^{pm} and Sat 9^{am}-2^{pm}

5th March

Speaker- Mark Langthorne- Director Special Olympics

Partners Night at Margaret McGowan's

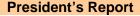
12th March

Speaker- Pail Jeffress- Mines Clearance and Victims

Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural http://www.wphcrotary.org

Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia **APOLOGIES:** If you are unable to attend or are bringing a guest (even if they are your partner) you must book them in. Phone **9439 1422 or email** dturnbull@lhogroup.com.au **before 11am** on the day of the meeting.





On Monday night we had around 50 members, partners and guests attending our Youth Night.

Well done to our Youth Director Rosemary Clarke.

Brittany Bickford spoke about her 1 year abroad (Denmark) under the RYE Program and four other speakers spoke about their experience from the week long courses they attended under the RYLA, RYPEN and NYSF programs.

Each of the 5 young speakers gave very impressive presentations and whilst all were different, there were common themes flowing through each of the talks - they all experienced things they had never experienced before, they all grew in confidence, they all learnt how to deal with problem situations and they all formed new friendships and enlarged their network of contacts.

It was very nice to hear each of them express their thanks

to the Club for sponsoring them on these courses.

Thank you to everyone who has been contributing to the Book Sale event. We are almost there under the capable leadership of Clive Denmark who like some others has thrown so much time at it.

Also thanks to everyone who provided food and or helped out on the day at the Nordby BBQ last Sunday. We had a very strong turnout and just the right amount of food. Well done Tony and Pamela Makin for organising it. We did a good thing that day.

Next Monday night our Guest Speaker is Rex Langthorne who's discussing the Special Olympics.

On the same night partners of members have been invited to our home where Margaret has arranged a light supper.

Some members have expressed some confusion about it all. Just to be clear, members can't attend our Monday night meeting at Springfield House then double up again at our house afterwards to join their partners and try and cadge some supper.

Members at Springfield House and Partners at 8 Chelsea Road WPH.

Night Report

Sergeant Jim opened the meeting, an absolutely great Grace was delivered by 'yours truly', followed by a sufficient Loyal Toast by Stanley. Jim then handed over to President Colin, who introduced our long list of guests on our Youth Night:

- > Samantha Poynton RYLA
- ➤ Rebecca Bolton RYPEN
- Alison Starr, Rtn David Bowles (Castle Hill Club), Marilyn Sproul, all family and friends of Rebecca
- Bethany Ferguson RYPEN
- Peter Rugg NYSF
- Julie Rugg, Peter's mother (Nick Rugg, Peter's father once coached my son, Nathan at Winston Hills Soccer Club)
- ➤ Brittany Bickford Youth Exchange Student returned from Denmark
- > PP Ray & Sue Price District 9680 New Generations Committee & Counsellors for Denmark

Louise, our resident Youth Exchange Student was invited to inform us of her week's activities. These must have been good, because she could not remember what happened Tuesday & Wednesday, but then recalled they were 'school days'.

Her remaining week included: The Rotary Foundation Movie Night, The District Youth Camp at Umina Beach, hosted by Umina Beach Club and a car rally.

The one momentous occasion this week was that it was her birthday the next day, 28 February. The famous song was sung will 'gusto', that was Doc Rob. Louise then reciprocated with a version in Danish. The only person who understood and sang along with her was Brittany, our returned student from Denmark. Well Done!

PP Ray Rice, District New Generations Committee, then gave a brief thanks to the Club for being a 'great Youthful supporter' of all youth programs.

Tony Makin then delivered a thank you for all who attended the Nordby B.B.Q. on Sunday, it was a great day, and yes I sampled all the apple pies presented.

Clive Denmark delivered an update and thank you on our upcoming Book Fair, and announced a brief meeting following for those 'volunteers' involved on Tuesday/Wednesday & Thursday only.

Brian Furrer then advised that some 400 gifts were distributed from the recent Tree of Joy, and presented a Certificate of Appreciation from Dalmar.

Chairman for the night, Rosemary Clarke then introduced the Guest Speakers for the night:

Rebecca Bolten & Bethany Ferguson, both Year 10 Students from Cherrybrook Technology High School, who attended RYPEN as the Club's nominees. Doc will explain to all what RYPEN stands for.

Both were glowing in their appreciation for the chance to attend and expressed how their 'amazing adventure' had changed them. Friendships made and quality speakers, public speaking and nerve solutions together with team challenges highlighted their comments. I believe both gained much from their attendance at RYPEN. Well Done!!!

Peter Rugg then gave a polished PowerPoint presentation of his attendance at the NYSF held at ANU Canberra, 2-14 January 2012. His experience involved billeting two other students from Western Australia. Peter also expressed his thanks to the Club for nominating him for attendance. His experiences

were also described as life changing and included, lab visits, visits to other parts of Canberra, Parliament House, but most all the friendships made and that will remain forever in his life. Many social activities also highlighted stay. He has much thinking to do to determine what he wants out of life.

Samantha Poynton was the Club's attendee at RYLA, and if her presentation was any judge, she benefitted greatly from her attendance. She was very game and brave in having to leave her mobile phone at home. Samantha gave thanks to the Club and outlined the exceptional and inspirational speakers they listened to and the many challenges they faced, both personally and as part of the Team she was appointed to.

All these experiences will go a long way in positioning her for her future life. Once again the friendships made will live with her forever. Her one lesson learned, she will never again be afraid to say 'Yes' to anything put before her to try anything new.

Brittany Bickford was the final speaker and outlined her 'time of her life' as the Club's Youth Exchange Student for the past 12 months in Denmark.

Her PowerPoint presentation was slick and involved many great photos that encapsulated her amazing stay in 'Viking Land'. This involved 'lots of travel' which included Berlin, London, Prague, including the Concentration Camps, Austria, Salzburg, Vienna, Venice, including a ride in a 'Gondola', Paris, Belgium, Brussels, Amsterdam Verona and Gerona. At this point my 'bloody phone' went off and thank goodness the deaf Sergeant didn't hear it.

A great night concluded with Michael Moro winning my bottle of wine and Tom Westcott my quiz.

Larry Jacka - Night Reporter.

Photos from our last meeting





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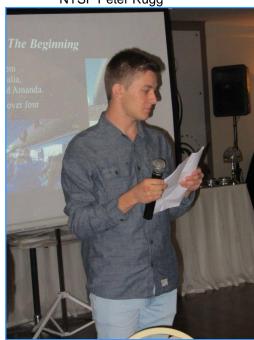
L to R. President Col, Peter Rugg (NYSF), Brittany Bickford (RYE), Bethany Ferguson (RYPEN), Rebecca Bolton (RYPEN), Samantha Poynton (RYLA), Rosemary Clarke (Youth Director)



RYE Brittany Bickford



NYSF Peter Rugg





Bowelscan Program

The Rotary Bowelscan kits are available from participating pharmacies as part of this year's Rotary Bowel Cancer Awareness Campaign, which runs from March 4th to April 3, 2012.

The Sydney/Central Coast Bowelscan programs have been conducted by the Rotary Club of East Gosford for the past 20 years. Results for last year's Program (to date) have detected 26 cancers and 79 polyps in people who were unaware of their problem.

The test is used to detect invisible blood in the stool, which if present may indicate a cancer or polyp. A positive test does not necessarily mean cancer - there may be another reason.

The Rotary Bowelscan kits sell for only \$10.00, and includes testing by an LAVERTY PATHOLOGY and notification of all results. The kit is used in the privacy of your home, and when completed must be returned to a participating pharmacy before April 16, 2012.

We will be promoting the program at Cherrybrook Village from March 8th until March 16th and I will be looking for volunteers from the Club or their partners to sit at our table and either sell kits and/or hand out literature on morning or afternoon shifts. (This is a good chance to catch up on your reading.)

Barry Lambert

ROTARY 2012 SCHOOLS ART COMPETITION

THANK YOU TO OUR SPONSORS

From the Rotary Club of West Pennant Hills & Cherrybrook Inc









and Dural Bakers Delight





CHERRYBROOK SHOPPING VILLAGE SCHOOLS DIVISION & GEORGE ST STORE







Galston & District **Community Bank®** 9653 2227

Happy Birthday Louise

Louise celebrated her 17th Birthday on Tuesday 28th and a surprise visit by her mum and two sisters capped off a very eventful day for her. Rob and Rosemary Clarke put on a BBQ with other host parents attending.

Mum and sisters - L to R: Malene, Susanne (Mum), Louise and Camilla Lastein. Younger siblings Julie, Jacob and Frederik were at home in Denmark with Dad.



L to R: Rob Clarke, Tim Bowland, Louise, Rob Hamer and Mark Gilchrist





Susanne Lastein, Rosemary Clarke, Janet Hamer, Louise, Megan Gilchrist and Sharon Bickford

Nordby Picnic Update

Nine members and eight partners assisted in the Nordby Picnic last weekend at the Kokoda Memorial Walkway at Concord.

About 15 guests from Nordby were served with a barbeque lunch in the pleasant under-cover area. All were treated to salads and a selection of apple pies and cake plus fruit salad and other delicacies.

Several members who normally attend were away this weekend but all those attending had a great day out

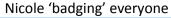
Weather was warm and humid but no rain. Beers went down well. A good day out for Rotarians and partners.

Thanks to Pamela and to the Baseleys, Cuthbertsons, Davisons, Ball + Leanne, McGowans, Roberts, Evans(s) and a big thanks to Nicole Turnbull and Paul.

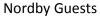














Report by Tony Makin

ROTARY POLO SHIRTS

Ross Ballinger is now taking orders for the yellow polo Rotary shirt with logo. Please email him your requirements by 12th March. We will not be placing another for quite a while. Cost is about \$35 (this will be quantity dependant.

They come in the following sizes:

| | Men's | | | | |
|----|--------|----|----|-----|------|
| sm | m | ı | хl | xxl | xxxl |
| | Ladies | | | | |
| 8 | 10 | 12 | 14 | 16 | 18 |

Comment

Some of the men's sizes appear to be generous

Some of the ladies are a more tailored fit and as such some have purchased men's shirts.

Any questions please ask someone about your size what they did or give Helen a call

Birthdays and Anniversaries

Anniversaries

None this week

Birthdays

Larry Jacka – 3 March

Humour

The new Church organist struggled valiantly through the first three hymns until the vicar whispered to him, "Can't you play something more up to date?"

"You can't be more up to date than this, the organist replied. "I'm making it up as I go along"

Food for Thought

'God made Adam first because he didn't want any advice on how to'



Sergeant Jim's 'Paraprosdokian'

I love selling things on Ebay. I've sold my homing pigeons eight times already!

Family of the Week Program

| Louise Lastein - Denmark 2011-2012 | | | | | |
|------------------------------------|-----------|------------------------------------|-----------------|--|--|
| Week Ending Sunday Host Family | | Planned Activities | Louise with You | | |
| 29th | Bickford | | | | |
| 5th FEBRUARY | Bickford | | | | |
| 12th | Hamer | Welcome Home Dinner - Friday 10th | District | | |
| 17th - 19th | Hamer | | | | |
| 26th | Hamer | Umina Beach weekend (Fri- Sun) | Umina | | |
| 4th MARCH | Hamer | | | | |
| 11th | Hamer | | | | |
| 16TH - 18th | Hamer | Conference - Wollongong (Fri- Sun) | Club | | |
| 25th | Hamer | | | | |
| 1st APRIL | Gilchrist | | | | |
| 8th | Gilchrist | | | | |
| 15th | Gilchrist | | | | |
| 22nd | Gilchrist | | | | |
| 29th | Gilchrist | | | | |
| 6th MAY | Gilchrist | | | | |
| 13th May – 2nd JUNE | Gilchrist | | District | | |
| | Gilchrist | SAFARI (13May - 2nd June) | | | |
| | Gilchrist | | | | |
| 3rd JUNE | Gilchrist | | | | |
| 10th | Gilchrist | | | | |
| 17th | Gilchrist | | | | |
| 24th | Gilchrist | | | | |
| 27th | | Depart Sydney for Denmark | | | |

| | | Updated t | Updated by RWH 9.2.12 | |
|------------|----|--|-----------------------|--------------------------------|
| Mar-12 | | Literacy Month | Ptnrs | Organiser |
| Fri | 2 | Book Fair (10am-8pm, Uniting Church, NLRd, Cbrook) | All | Clive |
| Sat | 3 | Book Fair 9-2pm, Uniting Church, Cherrybrook | All | Clive |
| Mon | 5 | Rex Langthorne Director Special Olympics and Partners social evening at Margaret McGowan's. | | Jim Simpson Margaret McG |
| Thu | 8 | Bowel Scan sales commence at Cherrybrook Shopping Centre (through to Friday 16) | Yes | Barry Lambert |
| Mon | 12 | Paul Jeffress from MIVAC (Mines Victims and Clearance Trust) Accepted 05/08/2011 | | Rob Hamer |
| Wed | 14 | Club Board Meeting 7.15 for 7.30 at CMcG's place | | CMcG |
| Frid | 16 | District Conference- Wollongong- Go for Gold at the Gong | Yes | Rob Hamer |
| Sat | 17 | District Conference- Wollongong- Go for Gold at the Gong | Yes | |
| Sun | 18 | District Conference- Wollongong- Go for Gold at the Gong | Yes | |
| Mon | 19 | "Managing Conflict at work (and at home)". Mark Rosenburg, Balanced Curve | | Rob Hamer |
| Sat | 24 | Hills Home Show BBQ Fund Raiser (Date to be confirmed) | | Tony Makin |
| Sun | 25 | Hills Home Show BBQ Fund Raiser. Louise move to Gilchrist's | | |
| Mon | 26 | Travelogue - The Makin's visit to Santa Claus | | CMcG |
| Apr-12 | | Magazine Month | Ptnrs | Organiser |
| Mon | 2 | Meeting - Rosie O'Halloran of Uganda Orphanage | Yes | Graham Cuth. |
| Mon | 9 | Pub Hol- Easter Mon | | |
| Wed | 11 | Club Board Meeting 7.15 for 7.30 at CMcG's place | | |
| Sun | 15 | BBQ Bunnings Dural | | Barry Lambert |
| Mon | 16 | Professor Nigel Hope, Orthapod at SAH - (confirmed 27/10/11) | | Rob Hamer |
| Mon | 23 | Meeting (Anzac Day on 25th)-looking for a speaker (Possible move to joint meeting with Lions Club of WPH and CB) | | |
| Mon | 30 | Robin Baird - CEO, Sydney Hills Business Chamber (confirmed 14/11/11) | | Rob Hamer |
| May- 12 | | Community Month | Ptnrs | Organiser |
| Mon | 7 | Silver Anniversary meeting. Past Members Night | Yes | Ross &Alan |
| Wed | 9 | Combined Club Board Meeting at 7.30 | | |
| Mon | 14 | International Night - Miriam Jacka - Vanuatu (confirmed 18/08/2011) | Yes | Clive Denmark |
| Sun | 20 | Salvation Army Red Shield Appeal (date confirmed with Major Colin Maxwell email 30/5/11) | | Tony Makin |
| Mon | 21 | Meeting- looking for speaker | | |
| Sat | 26 | Weekend away- Scone area | Yes | Carol/Prue/ Mike |
| Sun | 27 | Weekend away- Scone area | Yes | Carol/Prue/ Mike |
| Mon | 28 | Meeting- looking for speaker | , , , | |

| Jun-12 | Rotary Fellowship Month | | Ptnrs | Organiser |
|--------|-------------------------|---|----------|--------------------|
| Mon | 4 | Vocational Awards -Pride of Workmanship (PC) | Yes | Pete Cleary |
| Mon | 11 | Pub Hol- Queens Birthday | | |
| Wed | 13 | Club Board Meeting 7.15 for 7.30 at CMcG's place | | CMcG residence |
| Mon | 18 | Speaker Nigel McDonald, Forensic engineer, motor vehicle crash investigations | | |
| Mon | 25 | Youth - Art Competition Prizegiving includes final presentation by Louise | Yes | Rosemary Clarke |
| Fri | 29 | Club Changeover Dinner- Epping Club- all members - suit/black tie | Yes | CM/BD |
| Jul-12 | | District Projects Month | Partners | Organiser |
| Mon | 2 | No Meeting (on first meeting day after Changeover) | | |
| Mon | 9 | | | |
| Sat | 14 | BBQ Bunnings Thornleigh. | | Barry Lambert |

| Directors 2011-12 | | | | | | |
|---|--------------------|--------------|--|--|--|--|
| Rotary Club of West Pennant Hills and Cherrybrook | | | | | | |
| President | Colin McGowan | 0438 810 773 | | | | |
| Past President | Graham Cuthbertson | 0419 277 704 | | | | |
| Secretary | Barry Lambert | 0412 465 819 | | | | |
| Actg Secretary | Keith Ball | 0401 895 333 | | | | |
| Treasurer /Actg Membership | Carol Russell | 0418 431 157 | | | | |
| Membership and President Elect | Bob Davison | 0413 008 574 | | | | |
| Club Services Director | Rob Hamer | 0400 335 091 | | | | |
| Youth Services Director | Rosemary Clarke | 0439 819 965 | | | | |
| Community Services Director | Tony Makin | 0411 248 865 | | | | |
| International Director | Clive Denmark | 0400 425 210 | | | | |
| Vocational Director | Peter Cleary | 0419 499 827 | | | | |
| Foundation and PR Director | PDG Larry Jacka | 0458 123 722 | | | | |
| Club Welfare Officer (non executive) | Stan Basely | 9634 1084 | | | | |