



Rotary theme 2009/10
Rotary International
 1.2 Million Members worldwide
 32,500 Clubs in 207 Countries
 Rotary members serve those in need
 and our Motto is "Service above Self"



The Rotary Club of West Pennant Hills and Cherrybrook Club Bulletin

Volume No. 23
Issue No. 25
Monday 1 February 2010

Tonight - Monday 1 February 2010
 Membership night
Next meeting - Monday 8 February 2010
 District Governor's visit
Partners

Duty Roster

This week – Monday 1 February 2009		Next meeting – Monday 8 February 2010	
Chairman	Cawas Sahukar	Chairman	Graham Evans
Night Reporter	Douglas Lam	Night Reporter	John Russell
Front Desk	Michael Moroney	Front Desk	Michael Moroney
Front Desk	Carol Russell	Front Desk	David Turnbull
Steward	Bob Myers	Steward	Rob Wansbrough
Steward	Alan Paynter	Steward	Tom Westcott

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At our last meeting	Youth exchange dinner	Warrah "Wish List"
GSE Team from Stuttgart	Tree of Joy workshop	RI Historic moments
Birthdays & Anniversaries	Dinner/ Outing roster for Fabienne	Humour

Message from our President



Monday 18th January, we had our Club Assembly, only a very small attendance; we decided to cancel meeting 25th January due to Australia Day weekend. Our next meeting on Monday 1st

February will be a membership night. The following week 8th February is our official DG visit and will be a partners night, we hope to have a good attendance. Don't forget our Golf Day 3rd March, need more players if we can find them.

Best regards,
Graham

Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural
<http://www.wphcrotary.org>

Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia
APOLOGIES : If you are unable to attend or are bringing a guest (even if they are your partner) you must book them in. Phone **9439 1422 before 11am** on the day of the meeting.

At our last meeting – 18 January 2010

President Graham opened the meeting and welcomed Assistant Governor Roland Cook and Bob Woollcott from Beecroft club who would address us later about a visiting GSE Team.

He spoke of the very successful seafood night held at his home and expressed thanks to those who assisted in setting up and cleaning up afterwards. (Ed: A great night of wonderful seafood and fellowship.)

A reminder also of our rescheduled golf day which should see the club realise its plans for the year.

Anniversaries: 21 January – Marie and John Russell
Birthdays: 23 January – Marilyn Pidgeon

He then invited Directors to give their reports during the course of the evening:

Treasurer – No report.

Vocational - Col Wright

To date Vocational has organised two main outings for members.

11th October 2009. Our first outing was to Hawkesbury Racecourse for their Wine Food and Jazz Vienne Raceday. After a very cold and windy morning we enjoyed a lovely lunch.

In the afternoon we were able to sit back and take in the atmosphere of an exciting afternoon's racing with some members backing a few winners.

26th October 2009. Our second outing replaced our normal Monday meeting when we visited the Ryde TAFE School of Food and Hospitality, Ambassador Restaurant.

A beautiful three course meal was prepared and served to us by the students. At the conclusion of the meal the students were presented to us. Many of those who attended were so impressed that it was

suggested that we make this evening an annual must do.

As we approach the later part of the current Rotary year we shall be focusing on our vocational Awards again. If any member has a worthy candidate they would like to nominate please let us know.

Vocational appears to have set criteria but please, if members would like to try something different please do not hesitate to come forward with your ideas.

International - Bob Davison

Bob reported briefly that the sister club relationship with Santo in Vanuatu is still progressing despite communication difficulties.

The club has provided troops for 3 working bees at DIK in Minchinbury and has provided a number of computers for Vanuatu. There are two more scheduled over the next six months.

Club Service – Graham Cuthbertson

Graham thanked members for their commitment to various weekly duties at meetings.

This year to date has seen successful functions in the Spring Dance and Christmas party/ies. The Picnic brunch at the Kokoda Park had been enjoyed by those who attended.

Graham also reminded us that the early bird cut-off for Conference registrations has passed and more details will follow.

Coming up is the weekend bus trip on May 1st and 2nd to Orange.

There is also a Theatre party planned.

Youth – Tom Westcott

We have a candidate at RYLA this week and Tom will be looking for someone to pick her up on Friday.

Clive Denmark is busy with RYPEN tonight. RYPEN is on January 29th to 31st 2010

Tom spoke to the quality of the attendees at youth events and how great it is to see our youth with such excitement and so full of expectation.

Tom also extended an invitation to members to attend the District 9680 Youth Exchange Dinner. Please refer to the details elsewhere In the Bulletin.

Membership – Cawas Sahukar

The committee has met on three occasions.

Commenced with	46 members
Less resignations	3
Add new	1
Current members	44

A net loss of	2
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We currently have	2 prospects.
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We are hopeful then of finishing the year even or hopefully with a gain so please invite any prospects along.

Secretarial – Keith Ball

Keith reported briefly that he is arranging to meet with the Professional Indemnity insurers' solicitors at the earliest opportunity to progress our claim.

Tree of Joy – Brian Furrer

Brian advised on some 900 gifts having been collected, wrapped and dispatched to the varied organisations. He spoke of some the extraordinarily generous and selfless gifts received.

He read out some of the heartfelt and touching cards and letters received by some of the eventual recipients.

David Turnbull raised the issue of the two containers stored behind the Cherrybrook RFS fire station. Expect further communications this week.

Bob Woolcott then addressed the meeting on the upcoming visit by a GSE team from Stuttgart in Germany and sought members who might be able to accommodate a

member during the 5 nights 6th through 10th of March.

He also mentioned the upcoming M.U.N.A. (Model United Nations Assembly) to be held at Ravenswood, Gordon May 29 and 30, 2010.

MUNA, (Model United Nations Assembly), is a project organised and sponsored by Rotary Clubs to build international understanding and promote goodwill for world peace. It invites high school students to form school teams and participate in debates, along the principles adopted at the United Nations Assembly, pertinent to world political and social issues. Each team represents a particular country.

A lively fine session followed before President Graham closed the meeting.

CANCELLATION OF NEXT MONDAY'S MEETING DUE TO AUSTRALIA DAY.

Night reporter – Rob Hamer

GSE Team from Stuttgart, D1830

Good evening fellows. This inclusion in your club bulletin supplements the presentation I gave to members at your meeting on 18 January.

This team comprising team leader Heinrich Reuss and five members arrives in Sydney on Sunday 28 February for a five week visit. I have been asked by D9680 GSE Coordinator, Michael MacQuillan, to be the Zone 3 coordinator with responsibility for managing their affairs from Saturday 6 March to Thursday 11 March.

I am asking all Zone 3 clubs (Beecroft, Carlingford, North Rocks, WPH Cherrybrook, Pennant Hills, Thornleigh and Epping) to assist with:

Home hosts for the five team members (leader is staying with outbound team leader, Theo Glockemann)
One vocational day (see requests of team members attached)
Transport of team members to and from activities.

Fellows, please note the Zone 3 Dinner already planned for Wed 10 March by Thornleigh club. AG Rolly Crook has invited all clubs to attend this dinner instead of your regular meeting.

Personal details and wishes of team members during their visit are attached. Please consider how you may be able to help, and let President Graham or me know.

Bob Walcot
GSE Zone 3 Coordinator
crwalcot@bigpond.com
0414 736 302

Birthdays and Anniversaries



Anniversaries



Friday 29 January
Rosemary and Rob Clarke

Wednesday 3 February
Judy and Graham Cuthbertson



Birthdays



Wednesday 27 January – Jean Baker

Welcome back Caitlyn



Our returning outbound student, Caitlyn Trumm's is pictured being welcomed home by mum Toni, Alison Bowland, Dad Michael and Tim Bowland on Sunday 17th January.

Caitlyn will be giving her presentation to our Club on Monday 15 February so make sure and come along as it will be a great night.

Alison Bowland

Youth Exchange Dinner

District 9680 Youth Exchange Dinner

- for all Returning and Inbound Students

Friday 12th February 2010, 6:30pm for 7pm at Ryde Eastwood Leagues Club
117 Ryedale Rd, West Ryde

Cost: \$40 per person

This is to welcome home the Rebounds, for us, Caitlyn Trumm.

Fabienne will also be there. It would be great to have a few more members support this Youth night.

Please advise Bob Davison if you are going, by Mon 1st Feb.

Tree of Joy Workshop 16/12/2009






Dinner/ Outing roster for Fabienne

Month	w/e Fri	Name / Activity
Feb	5	
	12	District dinner
	19	Umina Beach weekend
	26	
March	5	Davisons - Norfolk Island
	12	
	19	District Conference
	26	SAFARI
April		Fabienne away until 17th
	23	
	30	
May	7	
	14	
	21	
	28	
June	4	
	11	
	18	
	25	Club Changeover.

GSE Fundraiser

Eve - Sydney' Harbour Cruises
Saturday 6th March 2010
Tickets \$50



3 hour Evening cruise from 7pm – 10pm
on Sydney Harbour
leaving from Convention Wharf, Darling Harbour
Unlimited Beer, Wine and Soft Drink and Pizza

Dress code: to your imagination

To purchase tickets email:
kegregory@hotmail.com
Or call: 0414 521 805

*Fundraising for Rotary District 9680 Group
Study Exchange Outgoing 2010 Team to Germany*

"Trust Us – We're Engineers"

Warrah "Wish List"

WARRAH

Possible Future Projects for 'Friends of Warrah' (Updated 1 December 2009)

- 3 'Treadmill' Exercise Machines (approx. \$1250 each)
- 3 Exercise Bicycles for Residential & Day Services (approx. \$450 each)
- 2 'Massage' chairs for Residential Services
- Standard massage table for Residential Services (for physiotherapist)
- 7 lounges with head rests for Day Services (approx. \$500 each)
- 6 exercise/yoga mats (Day Services)
- Specialised software for Residential & Day Services (approx. \$1000)
- Clearing eastern boundary of 20 Harris Road property (lantana)
- Used 'potato digger' machine for Warrah Farm (about \$1500).
- New concrete or road base paths behind Warrah School (Day Services)
- Donations of paint, fencing posts and related hardware
- Ride-on mower for Day Services
- Whipper-snipper for Day Services
- Shade sails for all areas (Residential, School & Day Services)
- 3 sets of living room furniture for residential houses

- 20 chairs with arms & anti-trip frames for Day Services
- 2 Televisions with DVD players (Residential)
- 2 CD players (Residential)
- Digital still camera (Residential)
- Digital video camera (Residential)

RI Historic moments

The Great Flood of 1913

By Susan Hanf
Rotary International News -- 6 January 2010



Top: Tornado damage in Omaha, Nebraska, on 23 March 1913. *Photo courtesy of the National Oceanic and Atmospheric Administration/Department of Commerce*
Bottom: Flood damage in Columbus, Ohio. *Photo courtesy of Steve Holt/Mitretek Systems*

When a disastrous flood struck the midwestern United States in March 1913, Rotary clubs contributed over \$25,000 to a Rotary Relief Fund for victims in Indiana and Ohio -- the organization's first cooperative disaster relief effort.

The Great Flood of 1913 swept across central and southern Indiana and throughout Ohio, becoming the most devastating flood in the history of those states. Individual homes and entire neighborhoods were destroyed, and almost 500 lives were lost in Ohio alone.

The flooding was caused by a storm that first hit Omaha, Nebraska, on Easter Sunday, 23 March, spawning a tornado that ripped its way through the state, killing more than 150 people and injuring more than 400. Flooding began two days later in Indiana and Ohio.

Although the Rotary Club of Indianapolis had been chartered only weeks before the flood, and the Rotary Club of Dayton had been chartered only six months earlier, the clubs were determined to bring relief to their communities. Rotarians in affected areas helped provide medical support, shelter, and transportation to residents.

Rotary clubs in Cincinnati, Ohio; Portland, Oregon; and Winnipeg, Manitoba, Canada, donated money, supplies, and medicine to the devastated communities. Their efforts led to a special voluntary relief fund for disaster victims.

Humour

ADVICE FROM A RETIRED HUSBAND:

It is important for men to remember that, as women grow older, it becomes harder for them to maintain the same quality of housekeeping as when they were younger. When you notice this, try not to yell at them. Some are oversensitive, and there's nothing worse than an oversensitive woman.

My name is Jim. Let me relate how I handled the situation with my wife, Alison. When I retired a few years ago, it became necessary for Alison to get a full-time job along with her part-time job, both for extra income and for the health benefits that we needed. Shortly after she started working, I noticed she was beginning to

show her age. I usually get home from the golf club about the same time she gets home from work.

Although she knows how hungry I am, she almost always says she has to rest for half an hour or so before she starts dinner.. I don't yell at her. Instead, I tell her to take her time and just wake me when she gets dinner on the table. I generally have lunch in the Men's Grill at the club so eating out is not reasonable. I'm ready for some home-cooked grub when I hit that door. She used to do the dishes as soon as we finished eating. But now it's not unusual for them to sit on the table for several hours after dinner.

I do what I can by diplomatically reminding her several times each evening that they won't clean themselves. I know she really appreciates this, as it does seem to motivate her to get them done before she goes to bed.

Another symptom of aging is complaining, I think. For example she will say that it is difficult for her to find time to pay the monthly bills during her lunch hour. But, boys, we take 'em for better or worse, so I just smile and offer encouragement. I tell her to stretch it out over two or even three days. That way she won't have to rush so much. I also remind her that missing lunch completely now and then wouldn't hurt her any (if you know what I mean). I like to think tact is one of my strong points.

When doing simple jobs, she seems to think she needs more rest periods. She had to take a break when she was only half-finished mowing the yard. I try not to make a scene. I'm a fair man. I tell her to fix herself a nice, big, cold glass of freshly squeezed lemonade and just sit for a while.. And, as long as she is making one for herself, she may as well make one for me too.

I know that I probably look like a saint in the way I support Alison. I'm not saying that showing this much consideration is easy. Many men will find it difficult. Some will find it impossible! Nobody knows better than I do how frustrating women get as they get older. However, guys, even if you just use a little more tact and less criticism of your aging wife because of

this article, I will consider that writing it was well worthwhile. After all, we are put on this earth to help each other.

Signed,
Jim

EDITOR'S NOTE:

Jim died suddenly on February 7 of a perforated rectum. The police report says he was found with a Calloway extra-long 50-inch Big Bertha Driver II golf club jammed up his rear end, with barely 5 inches of grip showing, and a sledge hammer laying nearby. His wife Alison was arrested and charged with murder. The all-woman jury took only 10 minutes to find her Not Guilty, accepting her defence that Jim, somehow without looking, accidentally sat down on his golf club

Contributed by Ros Bushell

Inner Peace: This is so true ?

- If you can start the day without caffeine,
- If you can always be cheerful, ignoring aches and pains,
- If you can resist complaining and boring people with your troubles,

- If you can eat the same food every day and be grateful for it,
- If you can understand when your loved ones are too busy to give you any time,
- If you can take criticism and blame without resentment ,
- If you can conquer tension without medical help,
- If you can relax without liquor,
- If you can sleep without the aid of drugs, ?



...Then You Are Probably ?The Family Dog! ?

And you thought I was going to get all spiritual.

Contributed by Tony Makin

Club Program 2009/2010				
Feb-10		Activity- World Understanding	Partners	Organiser/Contact
Mon	1	Membership Night		Cawas Suhakar
Mon	8	District Governors Meeting 5:30 pm		Board Members
Mon	8	District Governor's Visit		Graham Evans
Fri	12	Ronald McDonald House BBQ		Ross Ballinger
Mon	15	Caitlin Trumm Presentation		Tom Westcott
Tues	16	Club Board Meeting		Graham Evans
Mon	22	Meeting		
Mar-10		Activity- Literacy	Partners	Organiser/Contact
Mon	1	Meeting		
Tues	2	Oatlands Charity Golf Day		Tim Boland
Mon	8	Meeting Transferred to Wednesday		Tom Westcott
Wed	10	GSE Dinner Pennant Hills Golf Club		Graham Evans
Tues	16	Club Board Meeting		Graham Evans
Mon	15	Meeting		
District Conference 18-21 March 2010 - Port Macquarie				Graham Cuthbertson
Mon	22	Meeting		

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Mon	29	Meeting		
Apr-10		Activity- Magazine	Partners	Organiser/Contact
Mon	5	No Meeting- Easter Monday		
Mon	12	Meeting		
Thurs	15	Combined Club Board Meeting		Graham Evans
Mon	19	Meeting		
Mon	26	No Meeting- Anzac day PH		
May-10		Activity	Partners	Organiser/Contact
Sat/Sun	1/2	Trip away		C.Russell/ P. Daras
Mon	3	Wine and Cheese Night		
Mon	10	Club Aniversary Dinner		Ross Ballinger/G Cuth
Tues	11	Club Board Meeting		Graham Evans
Mon	17	Meeting		
Mon	24	Meeting		
Mon	31	Meeting		
Jun-10		Activity- Rotary Fellowship	Partners	Organiser/Contact
Mon	7	Meeting		
Tues	8	Club Board Meeting		Graham Cuthbertson
Mon	14	Pub Hol - Queens Birthday		
Mon	21	Inbound student- final presentation?		
Fri	25	Club Changeover		Graham Cuthbertson

tails of the full Club program can be found in the Club website
www.wphcrotary.org

Photo of the week



Fabienne and friend Ida (from Norway) atop Mount Kosciuszko - Saturday 23 January 2009

Rotary Club of West Pennant Hills and Cherrybrook

Club Bulletin

Name		PARTNER	ADDRESS	HOME	WORK	MOBILE	E-MAIL	Classification
BALL	Keith	Dianne						Plasterboard engineering
BALLINGER	Ross	Helen						Sign Services
BASELEY	Stan	Patricia						Manager – Printing
BAKER	Steve	Jean						Banking
BAXTER	Colin	Gwen						Financial Services
BICKFORD	Tim	Sharon						Commercial Management
BOWLAND	Tim	Alison						Residential Designer
BURRAGE	Sandy	Mike						Diversion Therapy
BUSHELL	Richard	Rosslyn						Industrial Marketing
CLARKE	Rosemary	Rob						Education Services
CLEARY	Peter	Julie						Engineer – Management
CROWELLER	Rod	Robyn						Architecture
CUTHBERTSON	Graham	Judy						Finance Management
DARAS	Prue							Health Services
DAVISON	Bob	Beverley						Information Technology
DENMARK	Clive	Jenny						Waste Management
FLEMING	Howard	Megan						Mining instruments
EVANS	Graham	Margaret						Wool Industry
FREEMAN	Barry	Joan						Corporate training
FURRER	Brian	Barbara						Forestry
GERGES	Hany	Jo						Dentistry
HAMER	Rob	Janet						IT Services
JACKA	Larry	Miriam						Consulting training
JAYASURIYA	Channa	Amala						Banking
LAM	Douglas	Kaija						TV production
LAMBERT	Barry	Helen						Pharmaceutical – Mfg
MAKIN	Tony	Pamela						Quantity surveying
McGOWAN	Colin	Margaret						Funds Management
MORONEY	Michael	Catherine						Phone sales
MEYER	Fabienne							Exchange Student
MYERS	Bob	Lyn						Postal Services
PAYNTER	Alan	Lyn						Bathroom Renovations
PIDGEON	Greg	Marilyn						Baby Wear - Sales
RUSSELL	Carol							Financial Planning
RUSSELL	John	Marie						Business training
SAHUKAR	Cawas	Rashna						Marketer & Trainer
SAVIO	Gino	Roslyn						Plumber
SAVIO	Roslyn	Gino						Travel services
SIMPSON	Jim	Dianne						Financial compliance
TRUMM	Toni	Michael						Retail Fashion
TURNBULL	David	Jill						Consulting plumbing
WANSBROUGH	Robert	Anne						Veterinary Services
WESTCOTT	Tom	Annette						Shade Sales
WRIGHT	Colin	Dianne						Commodity Broker
YEATES	Graeme	Honey						Financial Advisor