

## October Report

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Sponsor club: West Pennant Hills/Cherrybrook

Host club: Hellerup, Denmark

Current Host Family: The Nedahl's

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Host Club Counsellor's name: Christen Rindorf

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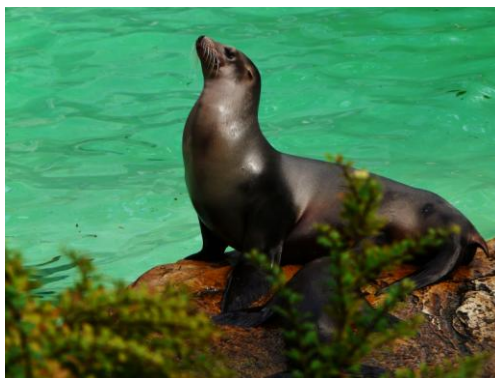
### Activities:

14<sup>th</sup> September: Today I headed off to Berlin with my class from school. I had to be at the airport at 5am. We took the flight to Berlin and arrived at one of the airports there. We then took the train to where we were staying, where we then put everything in a storage room and then went and ate some food. We then went for a walk around Berlin and it was a very long walk. We walked all the way from our hotel to the Jewish Monument and the Brandenburg Gate. We then had the rest of the day off. In the evening my class all made dinner together and ate together too. We then went to the guys room and hung out for the evening until they decided to go into town





15<sup>th</sup> September: Second day in Berlin. We woke at 8am and got ready for the next day out. We went to the zoo first which was just down the road from the hotel. I don't know why we went to the zoo as we could go to the zoo in Copenhagen, but it was still really nice and good to spend some more time with my class. In the afternoon we all met up again at the hotel and we took the bus out of town to go canoeing and kayaking. It was a fun afternoon and I got rather wet as my kayaking skills are not great and every time I moved my paddle, I got water all over me. I was in a 2 man kayak with the other exchange student in my class who is from Costa Rica but she is with AFS. We then had the rest of the afternoon to ourselves until the evening when the whole class went out together for dinner. It was the last night for the two teachers and I in Berlin as the rest of the class was staying a few more days for the weekend. We were in a nice Italian restaurant and it was a nice evening. We then had the rest of the evening to ourselves but I didn't stay up for long as I was still on my anti-biotics from my tonsillitis.





16<sup>th</sup> September: Last day in Berlin. In the morning we woke up early again and got ready for the day. We went to the German Technical Museum first to look around at things. There was one section with a lot of model ships and actual ships so I spent a lot of time there taking photos. We then went over to the other part of the museum which was all interactive things and had a really fun time looking at lots of physics things. After that we had time to ourselves until about 2pm when we had to meet at the Jewish Monument. We then wandered around the monument and took lots of photos with all the big blocks. I then went back to the hotel and collected my bags and then took the bus with the teachers to the other airport, where we then had some food and flew home. I went to my host grandma's place as my host family was away on the Friday.







18<sup>th</sup> September: Today I woke at 9am and then baked some ANZAC cookies as I was doing a presentation the next day. After they were cooked, my host mum Regitze, host grandma Kirsten, and I went into town to the Jewish synagogue as it was open to the public. After that we took the metro to Fredericksberg to the convent that was up there as it was also open to the public and is one of the very few convents still working in Denmark.

19<sup>th</sup> September: Today I had school and in the second class for me, which was after lunch, I had history where I gave a presentation to my class about the ANZACs and Australia in World War One. I also gave them the ANZAC cookies which I had made the day before. They all enjoyed the cookies and I think they liked my presentation too.

21<sup>st</sup> September: My host mum Regitze and I went to the airport and caught a plane at 7:30 to London for two days. We arrived at Gatwick airport at about 9am and then took the Gatwick Express to Victoria station, arriving at 10am. We then walked from there to the Wellington Arch in Hyde Park Corner. Despite the slight amount of rain from the morning, it still looked really nice. I also saw the Australian War memorial there, which I did not know was there, so it was a big surprise for me to see it, especially after talking to my class about Australia's involvement in WW1 only a few days before. We then walked around to Buckingham Palace and went inside as well to the Royal Mews, the Queen's Gallery and the State Rooms, which are part of the actual Palace. The rooms were absolutely gorgeous but we weren't allowed to take photos while we were in there, unfortunately. Kate's wedding dress was in there as well and it was really beautiful. On TV it didn't look very detailed but, when looking straight at it, you can see the huge amount of detail on it. We then walked around the back of Buckingham Palace after we had finished our tour and walked through the gardens. In my opinion, the back of Buckingham Palace looks a lot better than the front. After Buckingham Palace, we went to a pub to have lunch. Such a small, cute English pub where we had fish and chips and watched as British taxi's drove past. We then walked from there to Westminster Abbey, where I went inside, and it was absolutely gorgeous but, like in Buckingham Palace, you aren't allowed to take photos while you are in there. I didn't realise how big it was when looking at it from the outside, but once I was in, I could see just how huge it was. Everything in there was gorgeous and had a very gothic feel to it. We then went past Big Ben and the Houses of Parliament which looked great in the bright sun of the day. I took many photos of them and even a Polaroid on my Polaroid camera. We then walked up past Downing Street, although you can't see much of

Downing Street because of all the gates and bars and guards, and through Trafalgar Square. We then went to our hotel and dropped our things off. We then walked down Oxford Street and Regent Street until we arrived at Piccadilly Circus where we got to see it as the sun was going down and the lights were all coming on. We then took the underground from there to Waterloo station and went to the London Eye as, by then, it was evening so we could see London by night and it was absolutely beautiful, especially Big Ben and the Houses of Parliament as they were all lit up brightly. We then took the underground again from there and went to King's Cross Station to see platform 9 3/4. However, it's no longer between platforms 9 and 10 as too many people were trying to get to the platform just for photos, so now it is outside the station, but it still has the trolley halfway through the wall. We then went to a little Italian restaurant for dinner and then went back to the hotel for the night. That was day one, a very busy day one and my feet were rather sore.





22<sup>nd</sup> September: In the morning, once we were ready, we left the hotel and went down through Trafalgar Square and to a hairdresser so I could get my hair cut. We then walked from there down the Strand, and past the Royal Courts of Justice, which looked very gothic in style from the outside and looked amazing. We then continued on to St. Paul's Cathedral. I went inside there but, again, I wasn't able to take photos inside. It was very big and very beautiful. The paintings on the ceiling were stunning and I wish I could have been closer to it. I did go up to the whispering dome though, even though it was a lot of stairs. We then went from St. Paul's, past the monument and on to the Tower of London. We spent some time in there looking around ourselves and it was very nice. I'm pretty sure I went there last time I was in London but that was about 11 years ago. We then walked across the Tower Bridge which had a really bright blue colour on the railings, and I took photos of it from the other side. We then walked past the City Hall and to the Shakespeare's Globe, we couldn't go in though as there was a performance going on. We then walked across the Millenium Footbridge, which is the bridge at the beginning of the 6th Harry Potter Movie, and we had a nice view down the River Thames of all the other Bridges, all the way back to the Tower Bridge. We then walked to the Temples, even though it was a very long walk and my feet were very sore, and took the underground from there to Knightsbridge, where we then went to Harrods. It was very full of



people though so we didn't stay too long but I did buy some Harrods hard candy. We then walked to Hyde Park and stayed there for a while having coffee while looking over the lake, until we had to go back to the airport. We then walked to Hyde Park Corner station to take the underground but, as it was peak hour, the trains were very full and you couldn't actually get on them. We then walked, very quickly, to Victoria Station and took the Gatwick Express back to the Airport. When we arrived, we were in a very big rush because we were a little late so we didn't manage to get any food however, I bought three books from some of the series I have been reading as they were cheaper than in Denmark and then we went straight to the plane and boarded and came home.



23<sup>rd</sup> September: Today was a relaxing day as I didn't have school. In the evening I left to go to my friend's place for his birthday. It was a cosy evening with my friends and we had a good time listening to music and playing card games.

24<sup>th</sup> September: This evening I went into town with my friend Nanna from school. We had a very fun evening and we were out all night. I got home at 6am the next morning when I then went to bed.

25<sup>th</sup> September: In the evening, my friend Jon-Joe from England came over for dinner with my host family and I made dinner for them. We had a brussel sprouts dish that my Chira gave me, and we had cous cous and curry chicken. It was a good dinner. For dessert we had Pavlova with apples, blood orange, chocolate and figs. I was very full by the end of the night.

28<sup>th</sup> September: Today I had Rotary after school and it was a more interesting meeting than usual as the person presenting was more entertaining in the way he spoke. He was a F1 racer and told us

about how hard it was to be one and how the times were sometimes only a split second apart from 1<sup>st</sup> to 17<sup>th</sup>.

29<sup>th</sup> September: This evening I went to my first host family's place for dinner as I hadn't seen them in a while. It was nice to see them again and we had the normal food they usually had on that day. After dinner, as it was only my two host parents at home, we went for a walk around the lake while we waiting for my host brother, Søren, to come home from work. Once we got home from the walk, Søren was home from work and was eating dinner. We then had dessert and then Kirsten dropped me at the station and I came home.

30<sup>th</sup> September: Today I woke at 9:30 and got ready to leave as I was going to Legoland with my friends from school and I had to be at the main station at 11:15. When I arrived at the station, I met with the others and then we took the train for two hours over to Jylland where we then changed to a bus for 45mins. On the train we played card games to keep us entertained. We got off the bus at Legoland and walked to the cabin we were staying in to drop our things off. By then it was about 3pm so, instead of going to Legoland, we went to Lalandia, which is the water park right beside it. We had bought double passes to both for Friday, Saturday and Sunday. The water park was a lot of fun with lots of water slides for 1-4 people. The big 4 person one, called the Tornado, was one with a drop and then you slide up and down the walls of a cone shape and get absolutely covered in water. It was so much fun. After having fun in the water park, we got changed and then bought things for dinner and breakfast and then went back to the cabin. We had a good evening, although I did have a headache.

01<sup>st</sup> October: Today we woke up early and got ready for a day at Legoland. It was so much fun going to Legoland, I felt like a giant kid. There were rides where everything was made of Lego and a Legocity. It looked so cool. We went on a lot of rides in Legoland, including all the ones for younger kids. It really was a fun day. We then went and bought stuff for dinner and then went back to the cabin. We then went back to Lalandia in the late afternoon and had fun until 8pm. Nanna and I found out that going on the 4 person ride with only 2 people is a lot of fun, especially if one is facing backwards and the other forwards. At 8pm we went back to the cabin and made dinner and had dessert, which was ice cream and had a very fun evening playing card games and having a good time.







02<sup>nd</sup> October: In the morning we woke early and packed everything up as we had to be out of the house at 10am. We then went over to Lalandia and dropped our things off in a locker and then went to Legoland again where we went on the really fun rides, which were actually the water rides. One that we went on was a canoe ride where everybody else had only 2 adults and 2 little kids in the canoe but we had all 6 of us in the one canoe, which was allowed. When we got to the drop at the end we were all a little nervous and, when we hit the bottom, we got water all over our legs and the bottom of the canoe was full of water. After going on a few more rides we then went to Lalandia again for a few hours. We had a lot of fun on all the rides but, all too soon, we had to head home again. We took the bus back to the train station and then we had an hour and a half wait so I fell asleep on the floor for an hour because I was so tired. We then took the train back to the main station and I then took the train home.

04<sup>th</sup> October: Today I had school and then, at 5 I went to the house of the person who is going to be Hellerup's outbound exchange student next year. He was rather small but I think, in a year's time he will look a little older and he will be more mature than he already is. We went to Dyrehavn where the deer are and we saw quite a few of them. We then went back to their place and had dinner and talked about being an exchange student. I then headed home.

06<sup>th</sup> October: Today I didn't have school so I spent the day packing as I was moving house on the 9<sup>th</sup>. I didn't realise I had so much stuff until it was all lying on my bed and then in bags. I had quite a lot of stuff.

07<sup>th</sup> October: Today I had my school Galla, which is like a ball. How dressed up you are, depends on what year you are in, so the 3<sup>rd</sup> years, which was me, were dressed up the most. That morning I went to school and had gym where we went over the dance we had to do that evening: Les Lanciers. It has 5 different parts to it and I learnt all of them in gym. In the evening, once I was ready, I went to one of the houses of one of the guys in my class, along with the rest of my class as we were having the Galla dinner there. We then went from there to the school where we had the Galla from 8 til 12. During the evening, all of the 3<sup>rd</sup> years who had a date had to do the dance in front of the other two grades. I did the dance with them and 3 other pairs and I didn't mess it up at all. It was really fun. At 12 my class got on a party bus together and headed off to the after party. We danced around on the bus and had a great time. During the evening we stopped at the Little Mermaid and one of the guys in my class climbed on to the statue and on top of it. We then got back on the bus and continued to the after party. The after party was a lot of fun and at 4:45 I headed off to my friend's place as there wasn't a bus to get me home for an hour.



08<sup>th</sup> October: I woke up at my friend's place and then headed home as my host family and I were going to my host brother's boarding school as it was parent-teacher day. Philip was playing rugby at the school oval so I watched while they played. It was very cold that day and windy. After the game, I wandered around by myself for a bit and then, when Regitze and Steen were done, we wandered a little more around the school and then headed home. For dinner my host mum had made a meat pie for me which was really nice.

09<sup>th</sup> October: Today I woke at 8:30 and continued packing for moving house. At midday, I had lunch with Regitze and then we headed off to my new house. When we arrived and unpacked the car we had tea and coffee and then Regitze went home. I started unpacking a bit and then I went for a walk with my host family around the area. I now have my two host parents Henrik and Sussie, and 4 host siblings: Mathias, 21, Cecilie, 19, Laura, 16 and Karoline, 11. However, Mathias doesn't live at home anymore. When we got back from the walk I continued unpacking and spent most of the evening doing so.

10<sup>th</sup> October: Today I had school and I only had to travel for 40 minutes to get there. In the evening, after dinner, my host sister Laura and I went to the nearby gym to do some Zumba. It was so much fun and very tiring.

#### Rotary Meetings Attended:

5<sup>th</sup> October, 12<sup>th</sup> October

#### Public speaking:

Did a presentation in my class at school on the ANZACs

#### Language Proficiency:

Still the same as before. I can understand a lot but I don't really speak it because it is a little hard, I am trying harder though.

#### Social and Sporting activities:

Had my school Galla, went to Berlin with my class and went to Legoland. Went to the gym with my host sister

Relationships: Sections of this report may be withheld and not passed onto your club and will remain confidential

How is your relationship with:

Your Host family: good

Club Counsellor: very good

Rotary Club: good

Fellow school students: very good

Fellow exchange students: very good

No Problems.