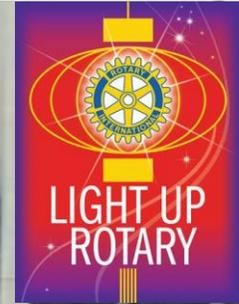




The Rotary Club of West Pennant Hills and Cherrybrook



Club Bulletin

Volume 28

Issue No. 40, 15th June 2015

Monday 15th June – Partners Night

Max Bjorkqvist – Final Presentation

Monday 20th June – Partners Night

Changeover Dinner @ Madison

Monday 22nd June – NO MEETING

Duty Roster

Next Meeting – Monday 01 June		Following Meeting – Saturday 20 June	
Speaker Host	John Tchetchenian	Speaker Host	N/A
Night Reporter	Bernard Chandra	Night Reporter	Rosemary Clarke
Front Desk	Ian Roberts	Front Desk	N/A
Front Desk	Brian Furrer	Front Desk	N/A
Steward	Colin Wright	Steward	Clive Denmark
Steward	Gino Savio	Steward	Graham Evans
Photographer	Teresa Janowski	Photographer	Teresa Janowski

Inside This Issue

President's Report	Night Report	Club Program
District Changeover	42 nd Street Theatre Night	Humour

Upcoming Events

April 18 Friendship Dinners commence	June 20 Club Changeover Dinner @ The Madison
June 29 Daniel Tan – Buying and Selling Real Estate in Current Market	June 30 Garage Sale Logistic Meeting 1930 @ Cootes
July 04 Bunnings BBQ @ Thorneleigh	July 15 Board Meeting 1930 @ Sahukas

Meetings

Monday 6.30pm for 7.00pm – Springfield House – 245 New Line Road, Dural. <http://www.rotarydistrict9685.org.au>
Rotary Club of West Pennant Hills and Cherrybrook Inc. PO Box 103 West Pennant Hills 2125 Australia

APOLOGIES: If you are unable to attend or are bringing a guest (even if they are your partner) you must notify Jilda.
Phone 9439 1422 or email accounts@lhogroup.com.au before 11am on the day of the meeting.

****If you are expected and do not show you may be required to pay for the meal****

President Report 15th June 2015



“In Time like These it helps to Recall
that there have always been **Times like These**”.

Paul Harvey

There is also an old Chinese proverb that said something like “May you live
in interesting times”.

.... and we certainly do live in interesting times....

.... but we HAVE seen it all before in some way or another.

We see China, I think, quite aggressively building islands with air strips and weapons on them.
We hear of the progress of IS in the middle east.

We have pressures at home.

We have our families and our work.

We have Rotary.

There is always plenty to do and time is often running short.

However, it has ever been thus.

Probably the most important things we have to do are to **understand** what **is** important and then to
manage our time in attending to those items that are important.

Of course, we know all this because we have seen and experienced it all before many times. Not always
the exact same challenges or exact same circumstances but similar ones have confronted us all our lives.

As long as we are Happy and Healthy and Helping those who need our Help, all will be well.

So..... our annual Changeover meeting is nearly upon us and, as usual, it will usher in a New Rotary Year
with new Rotary type challenges, AND opportunities that this club is fully capable of handling with a
wonderful mix of the right wonderful people with the right range of skills and the right caring attitude.

The biggy (I know you are bored with me saying it) is still **membership growth and maintenance**.
Without this being attended to as we go forward, all will NOT be well and happy in our club.

**Let us all get behind the Membership committee in their quest next year and keep the small momentum
gain of this year going forward.**

Yes “In Time like These it helps to Recall that there have always been Times like These”.

Have a great week.

Barry

Night Report 15th June 2015

Sgt Cuthbertson opened the meeting and then handed the microphone to President Barry who clutching it close to his chest remarked "I love this thing... its going to be hard to give up". The depreciating honesty was uproariously enjoyed by all. He then introduced the saying of the week "*In times like these there have always been times like these*" (Paul Harvey).

The guest speaker, Dr Kazu Kikuchi from the Victor Chang Research Institute was then welcomed as were four members partners.

Maxx gave a rundown on his week, the highlights being: meeting up with the other exchange students who are putting together a video of the Safari; the dissection of a Bulls eye at school (in Finland the schools don't do practicals) and being on board a 48 ft boat one evening skippered by Mike Freeman to see Vivid.

Tony Coote gave a rundown on the Youth portfolio advising the new exchange student will be arriving on the 21st July, RYLA and RYPEN sponsorships had been identified as well as an outbound student (Amelia Craig) and a sponsorship with CTHS for their Science and Technology Program was advancing.

The WPH Public School has asked if we would run a BBQ at their Winter Fair on Sunday August 9th. The Club recently painted some playground equipment for the school and our contribution was acknowledged in their School Newsletter (with photograph) and their two electronic Bill Boards on Pennant hills Road and Castle Hill Road.

David Turnbull reported that our Club was well supported at the Red Shield Appeal with some Barker parents helping making up numbers. It was thought around \$38k was raised.

Roslyn Savio advised of a Theatre Social night planned for Friday 10th July to see "42nd Street". Meet at 6.30pm for dinner then a show at 8pm. Looking to fill two tables of 10. \$30/head for show. Contact Roslyn for reservations.

Stan Basely introduced the guest speaker Dr Kazu Kikuchi. The Dr is Head of the Cardiac Regeneration Laboratory which is involved in the development of stem cell biology at the Victor Chang Cardiac Institute. It was a very informative talk although somewhat technical. He began by providing some vital statistics of the heart and a video showing how it operates. It beats 100,000 times a day making it on of the hardest working organs in the human body. It is the first organ to form and function in the embryo. It forms at 18 days and starts to pump blood at 22 days.

Within the Victor Chang Institute there are many different types of heart research being carried out with Dr Kazu's area looking at the molecular structure of the **Zebrafish**, one of the marine species that have 85% of the genes contained in a human and are able to effect organ regeneration themselves. A Zebrafish heart can be severed and it will regenerate in 30 days. Similarly, the spine, the liver, the kidney, the retina and the fin. One of the attractions of using the Zebrafish is that it is transparent so the regeneration can be observed relatively easily. Dr Kazu has been able to identify one of the elements (a chemical?) in the Zebrafish that is required for regeneration to occur. He has over 18,000 of these fish in his lab. In another species, the Salamander, a leg can be severed and will regenerate to exactly the same length notwithstanding where the severing occurs. Identification of this molecular memory structure is a key part of the research.

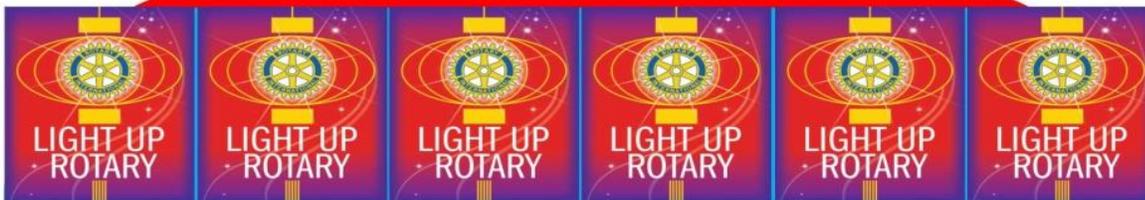
In closing Dr Kazu noted that the Institute had now developed a way for a transplant heart to be kept for 14 hours, as opposed to the previous 4 hours. This has substantially increased the number of transplant successes as donors who were previously considered too remote were not so now. Finally he said "an Operation can save hundreds of lives, but Research can save thousands".

John Tchetchenian won the Raffle (his first win) and Clive Denmark demonstrated his skill in the Heads and Tails.

Colin McGowan



*Dr Kazu Kikuchi
Head of the Cardiac Regeneration Laboratory
Victor Chang Research Institute*



District Governor Ian Scott & District Governor Elect Gina Growden

Have much pleasure in
Inviting you to Rotary International District 9685's

District Changeover

27th June 2015 at 6pm for 6.30pm.

Hornsby RSL, 4 High Street Hornsby

Cost \$50 per head

Please register on line at : <http://changeover.rotarydistrict9685.org.au/>

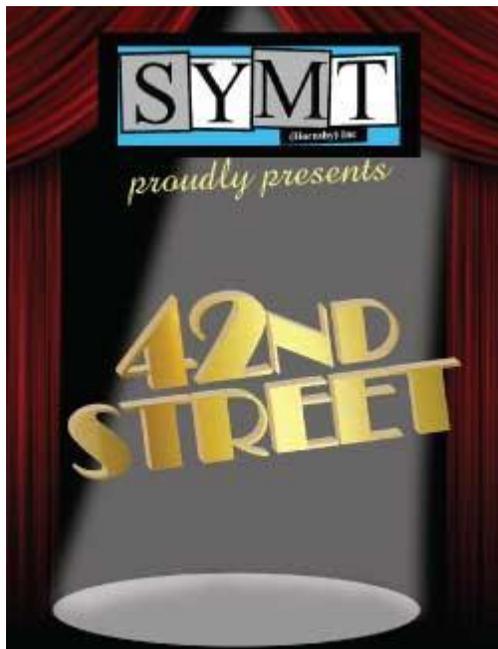
By 17th June 2015



Hornsby RSL

3 July 2015 to 11 July 2015

The Social Leadership Team have chosen Friday July 10 8pm to arrange a club event.



From \$27.00 to \$32.00

Set in Depression-era New York, **FORTY-SECOND STREET** spins the classic showbiz tale of a young hopeful joining the cast of her first Broadway show. When fading star Dorothy Brock breaks her leg onstage, director Julian Marsh plucks young Peggy Sawyer out of the ensemble and makes her a star.

Since its premiere in 1980, **FORTY-SECOND STREET** has picked up a swag of awards, including a Tony Award, a Drama Desk Award and a Laurence Olivier Award for Best Musical.

Featuring brilliant dance routines, synchronised tap ensembles and memorable tunes - including such musical theatre gems as 'We're In The Money', 'Lullaby of Broadway' and the show-stopping title song, the SYDNEY YOUTH MUSICAL THEATRE is excited to bring this all-time favourite Broadway musical comedy to the Hornsby RSL for six performances only.

**Concession tickets (\$27) valid for students or seniors who hold a concession card.*

Contact Roslyn Savio for details

Birthdays and Anniversaries



Makins – 13th June
Littles – 19th June
Burrages – 20th June



NIL

Humour – Men DO Remember

A couple were Christmas shopping. The shopping centre was packed and as the wife walked around she was surprised to discover that her husband was nowhere to be seen.

She was quite upset as they have a lot to do and hence, she became so worried that she called him on his mobile phone to ask him where he was.

In a quiet voice he said, “Do you remember the jewellers we went into about five years ago where you fell in love with that diamond necklace that we couldn’t afford, and I told you I would get it for you one day?”

The wife choked up and cried, “Yes, I do remember that shop.”

He replied, “Well, I am in the pub next door!”

Stan Baseley

Club Programme 2014-2015			
Jun-15	Rotary Fellowship Month		
Mon	1	Victor Chang Speaker	Optional Peter Cleary
Mon	8	No Meeting - Queens Birthday. Many Happy Returns!	
Weds	10	Club Board Meeting 7.15 for 7.30 Combined current and incoming Boards	Barry Freeman
Sat	13	Bowel Scan Sales commence at Cherrybrook Shopping Centre	Barry Lambert
Sun	14	Garage Sale On Site Logistics Meeting @ 8:00am	Tony Coote
Sun	14	PRT meeting for incoming and outgoing teams 10:00am @ Coote's	Tony Coote
Mon	15	Exchange Student's final presentation - Partners Night	Yes Tony Coote
Sat	20	Club Changeover Dinner. The Madison, Dural	Yes Barry Freeman
Mon	22	No meeting following Changeover.	
Sat	27	District Change over at Hornsby RSL	
Mon	29	Buying & Selling Real Estate in the current Market-Daniel Tan	Optional Peter Cleary
Tues	30	Garage Sale Logistics Meeting 7:30pm @ Coote's	Tony Coote
Club Programme 2015-2016			
Jul-15			
Sat	4	Bunnings BBQ Thornleigh	Barry Lambert
Mon	6	Fred Hollows Foundation	Peter Cleary
Mon	13	Sydney Fish Markets- workings ,products, experiences	Peter Cleary
Wed	15	Club Board Meeting	Cawas Sahukar
Mon	20	Resuscitation and First Aid Training for Members and Partners	Yes Peter Cleary
Mon	27	Club Assembly -3 Amigos	TC/TJ/CS
Fri	31	Mary Poppins @Paramatta Riverside Theatre	Social Cmte
Aug-15	Membership and Extension		
Mon	3	Australian Maritime Museum- Sydney vs Kormoran Battle	Peter Cleary
Sun	9	BBQ at West Pennant Hills Primary School Spring Fair	Tony Coote
Mon	10	Phillip Smith ROMAC (rotary oceania medical aid for children)	Peter Cleary
Wed	12	Club Board Meeting	Cawas Sahukar
Mon	17	Shine for Kids (supporting kids whose parents are in gaol)	Peter Cleary
Mon	24	Books in Homes- talk by David Streichler	Peter Cleary
Sat	29	Trivia Night	Yes Max Henderson
Mon	31	Club Meeting devoted to Garage Sale Planning	Rosemary
Sep-15	Basic Education and Literacy		
Sat	5	Clean up Garage Sale site	Rosemary
Mon	7	Looking for Speaker	
Tues	8	Youth Committee Meeting	Tony Coote
Wed	9	Club Board Meeting	Cawas Sahukar
Mon	14	Youth Night In Bounds First Talk	Tony Coote
Mon	21	Looking for Speaker	
Wed	23	Pre Sort for Garage Sale	ALL
Thurs	24	Per Sort for Garage Sale	ALL
Sat	26	Garage Sale	ALL
Sun	27	Garage Sale	ALL
Mon	28	No Meeting following Garage Sale	
Oct-15	Economic and Economic Development		

Rotary Club of West Pennant Hills and Cherrybrook – Club Positions

President	Barry Freeman	0414 400 100
Presidents Elect	Cawas Sahukar	0432 692 602
	Teresa Janowski	0459 761 123
	Tony Coote	0412 812 624
Past President	Clive Denmark	0400 425 210
Secretary	Jim Simpson	0439 465 725
Treasurer	Bob Davison	0413 008 574
Membership	Keith Ball	0478 599 155
Club Services	Douglas Lam	0419 421 659
Youth Services	Tony Coote	0412 812 624
Community Services	David Turnbull	0408 246 669
International	Cawas Sahukar	0432 692 602
Foundation	Ross Ballinger	0418 868 026
Vocational/Social Services Director	Colin Sharpe	0408 810 463
Fundraiser Director	Max Henderson	0404 020 985
Public Relations	Carol Russell	0418 431 157